

Activities CALENDAR



Glebe House

bristolcarehomes.co.uk



TUESDAY 6TH

Day trip for
swimming at
Thornbury

TUESDAY 13TH

Entertainment by
violinist Lawrence

WEDNESDAY 28TH

Day trip to Butterfly
Zoo



Hello,
dear friends!

Welcome to our autumn edition!

As the autumn leaves begin to turn and the air grows crisp, we're delighted to welcome you to another month filled with meaningful moments, laughter, and togetherness. October brings cosy traditions and seasonal celebrations, from harvest time and autumn festivities to the excitement of Halloween. It's a wonderful season for gathering, sharing stories, and enjoying the comforts of home.

This month, our activities have been carefully planned to embrace the beauty of the season, with warming coffee mornings, creative arts and crafts, themed events, musical entertainment, gentle exercise sessions, and opportunities to spend quality time with friends, family, and our dedicated team.

October is also a wonderful time to reflect on the changing seasons and appreciate the little things that bring us happiness. Whether it's enjoying a warm drink with friends, listening to favourite music, sharing memories, or taking part in a new activity, we hope this month's programme offers plenty of opportunities to stay active, connected, and inspired.

As always, our aim is to create enjoyable, engaging, and meaningful experiences that celebrate individual interests, encourage connection, and support wellbeing. Whether you're trying something new or enjoying a favourite activity, we hope there is something for everyone to look forward to.

Thank you for being such an important part of our community. Together, we look forward to a month filled with friendship, fun, and many cherished memories.

We hope you have a wonderful month ahead.



Meet the team

Lisa - Carer

Hello!

I grew up in Cardiff and moved to Bristol 15 years ago. I'm married, have five children and am a proud grandparent to three wonderful grandchildren. Family is a huge part of my life, and I love spending my spare time with them.

For 30 years, I worked alongside my husband in the business he owned. When he retired and sold the business, I found myself wondering where I fit in and what I wanted to do next.

Although I never imagined a career in care, caring had always been part of my life. I helped look after my mum and sister when they needed support, and those experiences taught me the importance of kindness, patience and compassion. The moment I knew care was the right path for me came while working at Boots, when an elderly gentleman I was helping with his

shopping said, "Don't ever lose it." Those simple words made me realise that looking after people was exactly where I belonged.

I've now worked in care for two years and absolutely love it. As a Care Assistant, I'm passionate about person-centred care and helping residents enjoy life to the fullest.

One of my favourite memories at Glebe was showing baby ducks to a resident who was unable to get out of bed. Seeing the joy on her face was truly priceless.

I treat every resident as if they were a member of my own family. I'm currently studying for my Level 2 Health and Social Care qualification and am incredibly grateful for the support and opportunities Bristol Care Homes provides.

THURSDAY 1ST

11:00am

Coffee at The Bowl Inn

Almondsbury

2:30pm

Card making

Activities room



FRIDAY 2ND

11:00am

Stained glass window crafts

Activities room

2:30pm

Movie afternoon

Main lounge



SATURDAY 3RD

11:00am

Sensory session

Tulip lounge



2:30pm

Open house activities

Main lounge



SUNDAY 4TH

11:00am

Walking club

Almondsbury

2:30pm

Church service - Allister & Julie

Main lounge



MONDAY 5TH

11:00am

Walking club

Almondsbury

2:30pm

Pizza making

Dining room



TUESDAY 6TH

10:30/11:00am

Day trip for swimming at Leisure Centre/Knit & Natter with Bev

Thornbury/Orchard lounge

2:30pm

Piano played by Paul Crocker

Main lounge



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WEDNESDAY 7TH

10:30/11:00am

Day trip for ten-pin bowling/Arts & crafts

Cribbs Causeway/Activities room

2:30pm

G-fitness with Alex

Main lounge



THURSDAY 8TH

11:00am

Coffee at The Bowl Inn

Almondsbury

2:30pm

Flourish dance with Lauren

Main lounge



FRIDAY 9TH

11:00am

Hair & nails

Salon

2:30pm

Cheese & wine afternoon

Main lounge



SATURDAY 10TH

11:00am

Social engagements

Rooms

2:30pm

Bingo fun

Main lounge

16

54

22

03



SUNDAY 11TH

11:00am

Live-stream Sunday service

Main lounge

2:30pm

Cake tasting

Main lounge



MONDAY 12TH

11:00am

Walking club

Almondsbury

2:30pm

Quiz with Liz

Main lounge

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TUESDAY 13TH

10:30/11:00am

Day trip to American Museum and Gardens/Giant snakes and ladders

Bath/Main lounge

2:30pm

Entertainment by violinist Lawrence

Main lounge



WEDNESDAY 14TH

10:30/11:00am

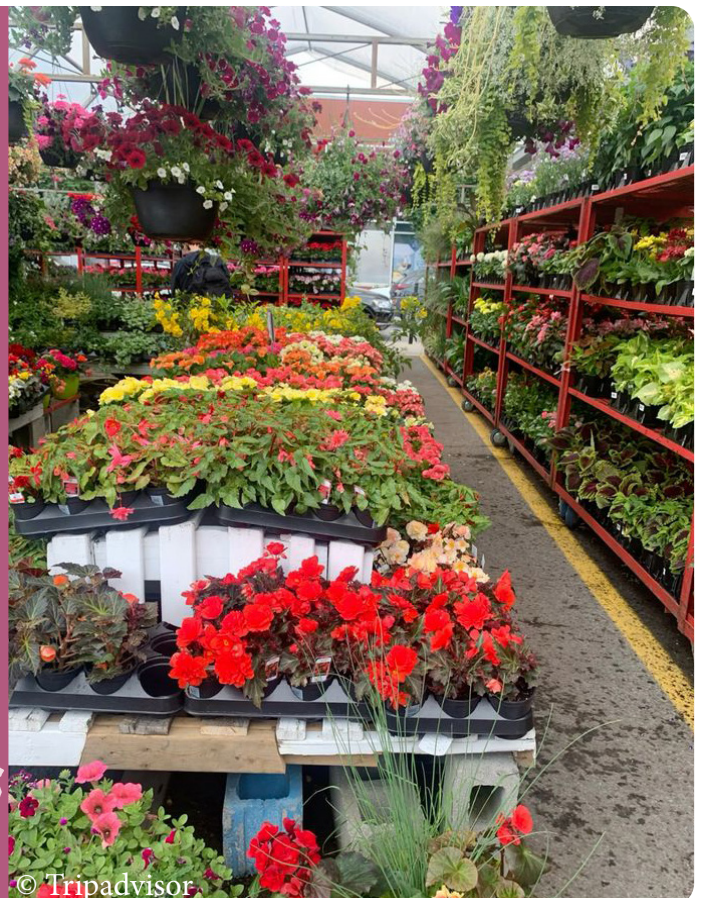
Day trip to Chepstow Garden Centre/Hair & nails

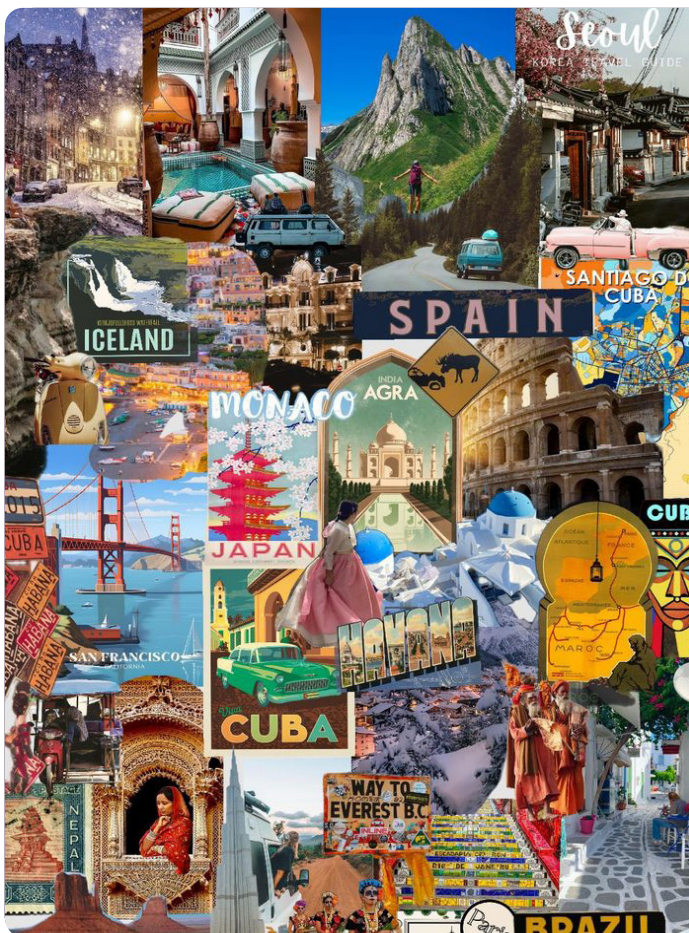
Chepstow/Salon

2:00pm

Singing for the Brain

Main lounge





THURSDAY 15TH

11:00am

Coffee at The Bowl Inn

Almondsbury

2:30pm

Our world in Pictures with Claire - Autumn special

Main lounge



FRIDAY 16TH

11:00am

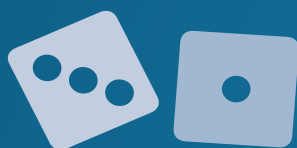
Giant snakes & ladders

Main lounge

2:30pm

Sparkle Day for Brain Tumour Support

Main lounge



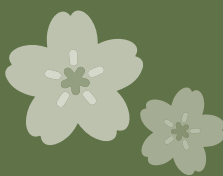
SATURDAY 17TH

11:00am

Social engagement
Rooms

2:30pm

Flower arranging
Dining room



SUNDAY 18TH

11:00am

Hand & foot massage
Orchard lounge

2:30pm

**Church service with
Jen & Sarah**
Main lounge



MONDAY 19TH

11:00am

Walking club

Almondsbury

2:30pm

Art workshop with Artist Amy

Dining room



TUESDAY 20TH

10:30/11:00am

Day trip for pumpkin picking

St Aldams Nursery

2:30pm

Game of Dominoes

Main lounge

WEDNESDAY 21ST

10:30/11:00am

Day trip to Oakham Treasures/Carving pumpkin

Portbury/Activities room

2:00pm

Hoppiness Project with Alive activities

Dining room



© Tripadvisor

THURSDAY 22ND

11:00am

Coffee at The Bowl Inn

Almondsbury

2:30pm

Entertainment with guitarist Damien

Main lounge



FRIDAY 23RD

11:00am

Lullaby Circle - Mother & baby group

Main lounge

2:30pm

Autumn trolley on wheels

Rooms



SATURDAY 24TH

11:00am

Sensory session

Rooms

2:30pm

Exercise session

Main lounge



SUNDAY 25TH

11:00am

Live-stream church service

Main lounge

2:30pm

Design-a-cupcake

Dining room



MONDAY 26TH

11:00am

Walking club

Almondsbury

2:30pm

Movie afternoon

Main lounge



TUESDAY 27TH

10:30/11:00am

Day trip to Clevedon for Fish & Chips/ Painting session

Clevedon/Activities room

2:00pm

Flower arranging - Autumn special

Dining room



© Tripadvisor

WEDNESDAY 28TH

10:30/11:00am

Day trip to Butterfly Zoo/Hair & nails

Bristol/Salon

2:30pm

Thinking music with Phil

Main lounge



THURSDAY 29TH

11:00am

Coffee at the Bowl Inn

Almondsbury

2:30pm

Entertainment with singer Andy T

Main lounge



FRIDAY 30TH

11:00am

Play your cards right with Liz & Bev

Main lounge

2:30pm

Crisp tasting session

Main lounge

SATURDAY 31ST

11:00am

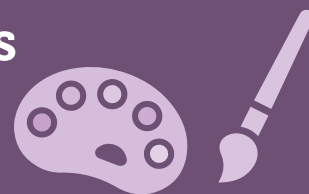
Comfort & company

Rooms

2:30pm

Arts & crafts

Dining room



Activity suggestion slip

If you have any ideas for **new activities** we could offer, please write them below and post the slip in the suggestions box.

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