Activities CALENDAR

Field House

bristolcarehomes.co.uk



FRIDAY 2ND
Music & Magic with Steve

WEDNESDAY 14TH
Short trip to Horfield leisure Centre

THURSDAY 29TH
Entertainment with singer Shannon

Bristol Care Homes

OCTOBER 2026

Hello, dear friends!

Welcome to our autumn edition!

As the autumn leaves begin to turn and the air grows crisp, we're delighted to welcome you to another month filled with meaningful moments, laughter, and togetherness. October brings cosy traditions and seasonal celebrations, from harvest time and autumn festivities to the excitement of Halloween. It's a wonderful season for gathering, sharing stories, and enjoying the comforts of home.

This month, our activities have been carefully planned to embrace the beauty of the season, with warming coffee mornings, creative arts and crafts, themed events, musical entertainment, gentle exercise sessions, and opportunities to spend quality time with friends, family, and our dedicated team.

October is also a wonderful time to reflect on the changing seasons and appreciate the little things that bring us happiness. Whether it's enjoying a warm drink with friends, listening to favourite music, sharing memories, or taking part in a new activity, we hope this month's programme offers plenty of opportunities to stay active, connected, and inspired.

As always, our aim is to create enjoyable, engaging, and meaningful experiences that celebrate individual interests, encourage connection, and support wellbeing. Whether you're trying something new or enjoying a favourite activity, we hope there is something for everyone to look forward to.

Thank you for being such an important part of our community. Together, we look forward to a month filled with friendship, fun, and many cherished memories.

We hope you have a wonderful month ahead.



Meet the team

Esther - Senior Nurse

Hello!!!

My name is Esther, and I am originally from Nigeria. I moved to England in 2022 and brought with me over 23 years of experience in critical care nursing. Since joining Field House, I standard of care for our residents.

I am also a proud mother of four grown-up children. Family has always been at the heart of everything I do, which is one of the reasons I am so passionate about caring for older people. I love getting to know our residents, listening to their life stories, and helping to make each day meaningful, comfortable, and enjoyable.

In my role as a Senior Nurse, I work closely with residents, families, GPs, physiotherapists, and other healthcare professionals to ensure every individual receives the support they need. My experience has helped me develop a strong understanding of complex care needs, allowing me to create personalised care plans that promote wellbeing, dignity, and independence.

A typical day involves monitoring residents' health, supporting my nursing and care colleagues, and ensuring everyone is safe, comfortable, and well cared for. I also enjoy building relationships with families, keeping them informed and providing reassurance that their loved ones are receiving excellent care.

What I enjoy most about working at Field House is the wonderful team spirit. Everyone is friendly, supportive, and genuinely committed to making a positive difference in the lives of our residents. Having worked with Bristol Care Homes for nearly five years, I can honestly say it feels like a second family. I am proud to be part of such a dedicated team.

THURSDAY 1ST

10:30am

Well-being visits

Rooms

2:00pm

Entertainment by singing duo Tracey & John

Main lounge





FRIDAY 2ND

10:30am

5 Things About Me

Rooms

2:00pm

Music & Magic with Steve

Main lounge

MONDAY 5TH

10:30am

Short trip to local cafe

Horfield

2:00pm

Well-being visits

Rooms





TUESDAY 6TH

2:00pm

Entertainment with musician Alan Peacock

Main lounge

WEDNESDAY 7TH

10:30am

Short trip to Clifton downs

Clifton

2:00pm

Residents' meeting

Dining room





THURSDAY 8TH

11:00am

Our World in Pictures with Claire

Main lounge

2:00pm

Entertainment with pianist Kate

Main lounge

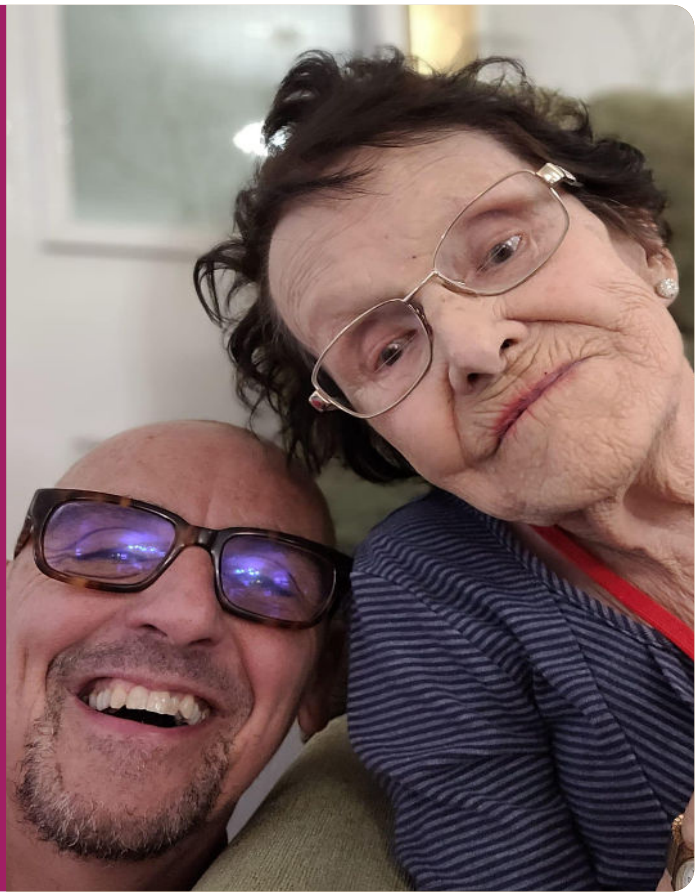
SUNDAY 11TH

11:00am

Day trip with Jeremy of residents' choice

Residents' choice







MONDAY 12TH

10:30am

Short trip to local shops

Horfield

2:00pm

Creating Autumn leaves with clay

Dining Room



TUESDAY 13TH

10:30am

Holistic massage therapy with Tracey

Resident's Rooms

2:00pm

Entertainment with guitarist Damien

Lounge





WEDNESDAY 14TH

10:30am

Short trip to Horfield leisure Centre

Horfield

2:00pm

Art workshop with artist Amy

Dining room



THURSDAY 15TH

11:00am

Entertainment with violinist Lawrence
Rooms

2:00pm

Walking pals
Courtyard garden

FRIDAY 16TH

10:30am

Well-being visits
Rooms

2:00pm

Sparkle Day for Brain Tumour Support
Main lounge





MONDAY 19TH

10:30am

Short trip for tenpin bowling

Cribbs Causeway

2:00pm

Autumn leaves painting

Dining room

TUESDAY 20TH

10:30am

International Food Day Celebrations

Rooms

2:00pm

Food quiz

Main lounge





WEDNESDAY 21ST

10:30am

Short trip to Ardagh Cafe
Horfield

2:00pm

Well-being visits
Rooms

THURSDAY 22ND

11:00am

Entertainment with guitarist Damien
Rooms

2:00pm

Entertainment with musician Justin
Dining room





FRIDAY 23RD

10:30am

Live-stream Church service

Rooms

2:00pm

Walking Pals

Rooms

SUNDAY 25TH

11:00am

Day trip with Jeremy of residents' choice

Residents' choice



MONDAY 26TH

10:30am

Short trip to local shops

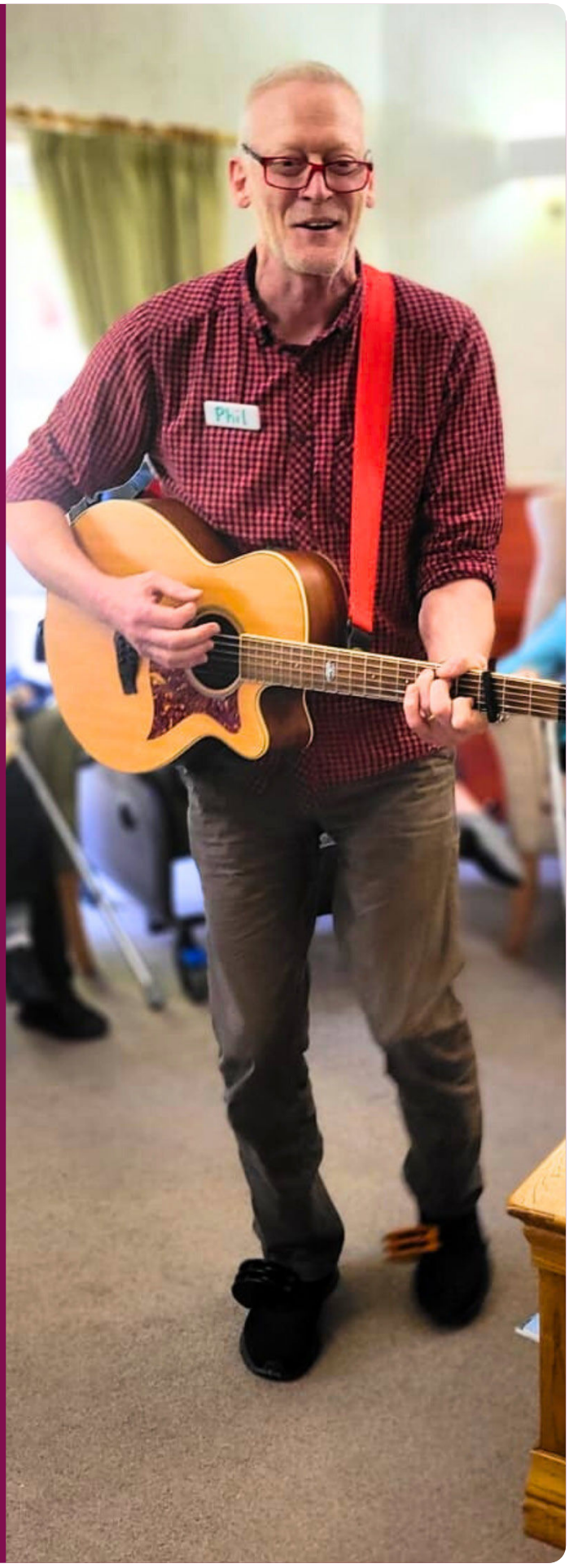
Horfield



2:00pm

Thinking music with Phil

Lounge





TUESDAY 27TH

2:00pm

Bingo fun with Tracey

Lounge

WEDNESDAY 28TH

10:30am

Short trip to Horfield leisure Centre

Horfield

2:00pm

Church service with Margaret

Lounge



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THURSDAY 29TH

10:30am

5 Things About Me
Rooms

2:00pm

Entertainment with singer Shannon
Lounge





FRIDAY 30TH

10:30am

Well-being visits
Rooms

2:00pm

Entertainment with guitarist Johnny Smyth
Lounge

Activity Suggestion Slip



If you have any ideas for **new activities** we could offer, please write them below and post the slip in the suggestions box.