

Activities CALENDAR



Beech House

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MONDAY 7TH

**Day trip to Tortworth
Farm Shop**

THURSDAY 17TH

**Day trip to We Are
The Curious**

TUESDAY 29TH

**Coffee morning &
Today in History**



Hello,
dear friends!

Welcome to our September edition!

Our September Activities Calendar, filled with warm, cosy, and sensory activities as we gently move from the end of summer into the beautiful autumn season. We hope you have all enjoyed the lovely sunshine and warm weather we have been lucky to have this summer.

This booklet highlights our main activities, all planned around our residents' interests, hobbies, and suggestions. We hope it helps you and your family plan the activities you would like to join.

Alongside the activities listed, there are many more taking place every day. These are often spontaneous or one-to-one sessions, especially for residents who prefer to stay in their rooms or remain in bed. We always welcome your feedback and ideas. If you have a suggestion for an activity or event you would like us to try, please complete the feedback slip at the back of this booklet.

Each month you'll find a variety of themed activities, international and awareness events, community visits, day trips, religious services, live entertainment, and more.

On Saturday 5th September, we will be holding our final Summer Fair of 2026 at Field House, from 2.00pm onwards. We'd love you to join us with your family and friends for an afternoon of live entertainment, stalls, games, refreshments, and lots of fun.

We hope you have a wonderful month ahead.



Meet the team

Hany - Head Chef

Hello!

I'm originally from Egypt. I moved to the UK in 2003 and have been part of the Beech House family ever since. Coming from a large family, caring for others has always been important to me.

Although I trained as an engineer, my career took a different path when I moved to the UK. After working in a bakery and taking part-time shifts at Beech House, I decided to join the team full-time.

That decision turned out to be one of the best I have ever made. I started in the kitchen and gradually developed my skills through experience, training and hard work.

Many people know me as the "King of Puddings" because desserts were where my culinary journey began.

Once I mastered puddings, I moved on to savoury cooking and continued to grow professionally.

Today, I have been with Bristol Care Homes for over 21 years and am proud to serve residents every day. Good food brings comfort, enjoyment and a sense of connection.

The most rewarding part of my job is seeing residents enjoy their meals and hearing their positive feedback. Outside of work, I enjoy fishing, family time, walking and playing skittles.

What I value most about Bristol Care Homes is the genuine support shown to both residents and staff, and I'm proud to be part of such a caring team.

TUESDAY 1ST

11:00am

**Coffee morning &
Today in History**
Conservatory

2:30pm

**Card and board
games**
Conservatory



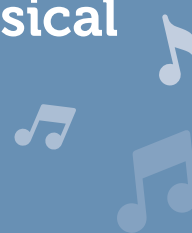
WEDNESDAY 2ND

11:00am

Fun fitness
Conservatory

2:30pm

**Music from
Thornbury Musical
Theatre Group**
Conservatory





© Bristol Live

THURSDAY 3RD

10:30/11:00am

Day trip to Warmley Wheelers/Crafts for 25th anniversary of Beech House

Conservatory

2:30/6:30pm

Floor quiz/Planes & Trains & Automobiles presentation

Conservatory/Front lounge

FRIDAY 4TH

10:15/10:30/11:30am

Walking club/Short trip out for coffee/ Keep fit

Local area/Conservatory

2:30pm

Video quiz

Front lounge





SATURDAY 5TH

11:00am

Coffee morning & Amazing true stories

Conservatory

2:30/6:00pm

Entertainment with singer Ian James/ Movie night

Conservatory/Front lounge



SUNDAY 6TH

11:00am

Songs of Praise & coffee

Front lounge

2:30pm

Social engagements

Rooms





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MONDAY 7TH

10:15/10:30/11:30am

Walking club/Day trip to Tortworth Farm Shop/Movement to music

Local area/Conservatory

2:30pm

Art workshop with artist Amy

Conservatory



TUESDAY 8TH

11:00am

Coffee morning/ Knit & natter

Conservatory/Front lounge

2:30pm

Entertainment with guitarist Johnny Smyth

Conservatory





WEDNESDAY 9TH

9:30/10:30am

**Shop & chat with Jay/
Social engagements
with Louisa**

Around the home/Rooms

1:15/2:00pm

**Variety session
with Louisa/25th
Anniversary
celebrations**

Poplars/Conservatory



THURSDAY 10TH

10:30/11:00am

**Day trip to Bristol
Docks/Gardening
club**

Bristol/Garden

2:30/6:30pm

**Music from violaist
Philip Heyman/Best
of British Comedians
presentation**

Conservatory/Front lounge



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FRIDAY 11TH

10:15/10:30/11:30am

**Walking club/Short
trips for coffee/
Morning exercise**

Local area/Conservatory

16

54

2:30pm

Bingo fun

Conservatory

22

03



SATURDAY 12TH

11:00am

**Coffee morning &
Today in History**

Conservatory

2:30/6:00pm

**Music from Mini
Concerts/Movie
night**

Conservatory/Front lounge



SUNDAY 13TH

11:00am

Sunday service & coffee

Front lounge

2:30pm

Social engagements & pamper sessions

Rooms

MONDAY 14TH

10:15/11:30am

Walking club/Fun fitness

Local area/Conservatory

2:30pm

Museums To You

Conservatory



TUESDAY 15TH

11:00am

Coffee morning & Today in History

Conservatory

2:30/6:30pm

Our World in Pictures/Team quiz

Front lounge



WEDNESDAY 16TH

11:00am

Variety session with Louisa

Conservatory

2:30pm

Pamper sessions

Conservatory



THURSDAY 17TH

10:30/11:00am

**Day trip to We Are
The Curious/Coffee
morning & chat**

Bristol/Conservatory

2:30/6:30pm

**Churches Together/
Skittles & boules**

Conservatory/Front lounge



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FRIDAY 18TH

10:15/11:30am

Walking club/Keep fit

Local area/Conservatory

1:15/2:30pm

**Variety session with
Louisa/Baking fun**

Poplars/Conservatory





SATURDAY 19TH

11:00am

**Coffee morning
& Amazing true
stories**

Conservatory

2:30/6:00pm

**Desert Island Discs/
Movie night**

Conservatory/Front lounge

SUNDAY 20TH

11:00am

**Songs of Praise &
coffee**

Front lounge

2:30pm

Social engagements

Rooms



MONDAY 21ST

10:15/10:30/11:30am

**Walking club/Day trip
to Chepstow Garden
Centre/Movement to
music**

Local area/Chepstow/
Conservatory

2:30pm

Pass the Pigs

Conservatory



TUESDAY 22ND

11:00am

**Coffee morning &
Amazing true stories**

Conservatory

2:30/6:30pm

**Entertainment with
guitarist Damien/
Men's club**

Conservatory/Front lounge

WEDNESDAY 23RD

9:30/11:00am

**Shop & chat with Jay/
Keep fit**

Around the home/Rooms

2:30pm

**Reminiscence
afternoon**

Conservatory



THURSDAY 24TH

11:00am

Carer led activities

Around the home

2:30/6:30pm

Music from Josh/ Seasonal food presentation & tasting

Conservatory/Front lounge



FRIDAY 25TH

10:15/10:30/11:30am

Walking club/Short trips for coffee/ Morning stretch

Local area/Conservatory

2:30pm

Word games

Conservatory



SATURDAY 26TH

11:00am

Coffee morning & Today in History

Conservatory

2:30pm

Social engagements & pamper sessions

Conservatory



SUNDAY 27TH

11:00am

Sunday service & coffee

Front lounge

2:30pm

Social engagements & pamper sessions

Rooms



MONDAY 28TH

10:15/11:30am

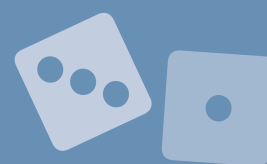
Walking club/ Morning exercise

Local area/Conservatory

2:30pm

Giant snakes & ladders

Front lounge



TUESDAY 29TH

10:00/11:00am

**Holistic massage
with Tracey/Coffee
morning & Today in
History**

Rooms/Conservatory

2:30pm

Residents' meeting

Conservatory

WEDNESDAY 30TH

11:30am

Fun fitness
Conservatory

2:30pm

Floor quiz
Conservatory



Activity suggestion slip

If you have any ideas for new activities we could offer, please write them below and post the slip in the suggestions box.