

Activities CALENDAR



Quarry House

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TUESDAY 4TH

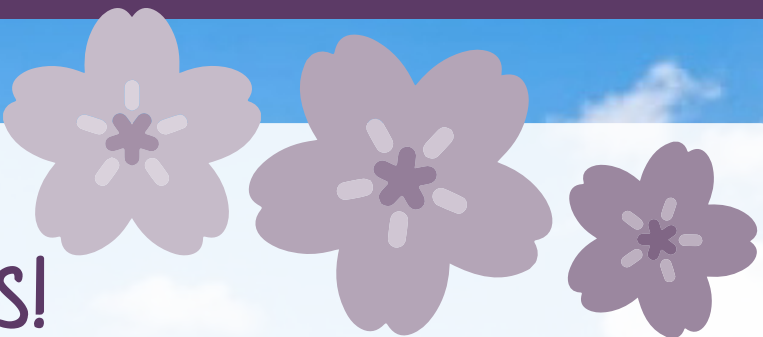
Day trip for Goldies
singing club at The
Vassall Centre

WEDNESDAY 12TH

Entertainment with
singer Rebecca

FRIDAY 21ST

Lullaby Circle - Mother &
child group



Hello,

dear friends!

Welcome to our August edition!

We have been incredibly lucky with the beautiful weather this summer, including a few heatwaves that have certainly kept us warm! During the hotter days, we have been encouraging everyone to enjoy plenty of cold drinks, refreshing snacks and time in the shade to help keep our residents happy, comfortable and well hydrated.

There have been lots of exciting events taking place nationally, locally and within our own communities. Many of our residents have enjoyed watching Wimbledon, the FIFA World Cup, rugby and other sporting events, with plenty of themed games and activities taking place across our homes.

We hope you had the opportunity to join us at one of our summer fairs and enjoyed the entertainment, delicious cakes, refreshments, tombola and stalls. We are taking a short break from the fairs during August, but our final summer fair of the year will be held at Field House on Saturday 5th September, from 1:30pm to 4:00pm. We'd love to see you there, so save the date and bring along your family and friends.

This month, we have some wonderful day trips planned, giving residents the chance to enjoy the great outdoors, visit local landmarks, go shopping and explore new places. Our day trips are chosen by our residents, and we offer a variety of options to suit everyone, including shorter outings, scenic countryside or town drives in the minibus, and full-day adventures. If you have a special place you would like to visit, please let a member of staff know and we will do our very best to arrange it.

We hope you have a wonderful month ahead.



Meet the team

Gawwaher - Carer

Hello!

I am originally from Sudan. I moved to the UK in 2016 and live here with my husband. After arriving in the UK, I began studying at college in 2017. Unfortunately, before the COVID-19 pandemic, I had to return to Sudan following the loss of my father. It was a very difficult time for me and my family.

When I returned to the UK after COVID, I resumed my studies while my husband was working. During this time, a friend who worked as a carer introduced me to the care profession. I started working alongside her, then gained experience through an agency before joining Quarry House.

My passion for care began much earlier, when I helped look after my grandmother. Supporting her gave me the confidence to care for others and showed me how rewarding it is to make a positive difference in someone's life. I have always enjoyed helping people, and that is what inspired me to pursue a career in care.

I started my journey at Quarry House working in the kitchen and later progressed into a carer role, where I have now been working for the past two years. My priority every day is to ensure our residents are comfortable, happy, and enjoying their time at Quarry House.

What I enjoy most about working here is the warm and welcoming atmosphere. The residents are wonderful, and my colleagues are friendly, supportive, and always willing to help.

I also enjoy supporting and teaching colleagues, spending time with residents and their families, and sharing my knowledge with others. I believe Bristol Care Homes is a fantastic place to work. The company supports its staff, encourages personal and professional growth, and has a management team that listens and values your ideas. I am proud to be part of a team that is dedicated to making a difference every day.

SATURDAY 1ST

10:30am

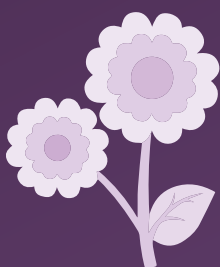
Social engagement & surveys

All floors

2:15pm

Garden games

Garden



MONDAY 3RD

9:00/10:30am

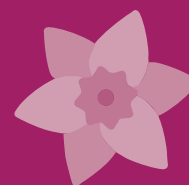
Wellness weekly engagement/Sunshine trolley

Rooms/Garden & Meadow

2:15pm

Sunshine trolley

Ocean & Sky



TUESDAY 4TH

10:30/11:15am

Holistic massage
therapy/Day trip for
Goldies singing club at
The Vassall Centre
Bedrooms/Bristol

12:15/2:15/4:00/6:00pm

Lunch Club/Arts & crafts
/Short trip to local pub/
Facetime calls

The Vassall Centre/Main Lounge/
Fishponds/Rooms



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WEDNESDAY 5TH

9:00/10:30am

Social engagement/Quiz
on Interactive table
Rooms/Garden

2:15pm

Entertainment with
violinist Lawrence
Main lounge



THURSDAY 6TH

10:30/10:45am

Short trip to local park/
Arm chair exercises
Kingswood/Rooms

1:45/2:15pm

Short trip to local cafe' &
shops/Picture bingo
Downend/Main lounge



FRIDAY 7TH

9:00/10:30am

Social engagement/
Virtual balloon ride
All floors/Rooms

2:15pm

Pamper Sessions
All floors



SATURDAY 8TH

10:30am

Social engagement & surveys

All floors

2:15pm

Virtual balloon ride -
How it's made ?

Main lounge



MONDAY 10TH

9:00/10:30am

Wellness weekly
engagement/Coffee
morning & Residents'
meeting

All floors/Main lounge

2:15pm

Entertainment with
ballroom dancers

Main lounge



TUESDAY 11TH

10:30/11:00am

Short trip to local park/
G-fitness

Staple Hill/Garden unit

1:45/2:15/4:00/6:00pm

Short trip to local cafe/
Family reminiscing/Al
fresco dining/Facetime
calls

Fishponds/Rooms/Garden/Rooms



WEDNESDAY 12TH

9:00/10:30am

Social engagement/
Giant snakes & ladders

Rooms/Ocean unit

2:15pm

Entertainment with
singer Rebecca

Main lounge



THURSDAY 13TH

10:30/10:45am

Interactive quiz/Day
trip to Portishead
Meadow Unit/Portishead

2:15pm

Entertainment with
singer Shannon
Main lounge



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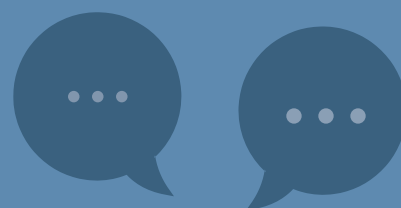
FRIDAY 14TH

9:00/10:30am

Social engagement/
Carer led activities
All floors/Main lounge

2:15pm

Carer led activities
All floors



SATURDAY 15TH

10:30am

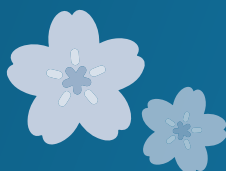
Social engagement & surveys

All units

2:15pm

Carer led activities

All floors



MONDAY 17TH

9:00/10:30am

Wellness weekly
engagement/Joke telling
All floors/Rooms

2:15pm

Entertainment with
guitarist Johnny Smyth
Main lounge



TUESDAY 18TH

10:30/11:15am

Bus tour around Bristol/
Seated trampoline with
Zion

Rooms/Main lounge

1:45/2:15/4:00/6:00pm

Day trip for Warmley
Wheelers TBC/It takes
two/Day trip to Rajani's
Supermarket/Facetime
calling

Warmley/Main lounge/
Fishponds/Rooms



WEDNESDAY 19TH

9:00/10:45am

Social engagement/
Art workshop with
artist Amy

All floors/Garden unit

2:15pm

Interactive table fun -
Photography
Ocean unit





THURSDAY 20TH

10:30/10:45am

Air dry clay session/Day
trip to M Shed
Main lounge/Bristol

2:15pm

Music fun with dessert
Island discs
Rooms



FRIDAY 21ST

9:00/10:45am

Social engagement/
Lullaby Circle - Mother &
child group
All floors/Main lounge

2:15pm

Shopping Game
Meadow unit



SATURDAY 22ND

10:30am

Social engagement & surveys

All floors



2:15pm

Puzzles & Games

Rooms



MONDAY 24TH

9:00/11:30am

Wellness weekly engagement/Fine dining experience

All floors/Dining area

2:15pm

Pictures & videos

Main lounge



TUESDAY 25TH

9:30am

Day trip to Willow Boat Trust

Saul Junction



2:15/4:00/6:00pm

Our World in Pictures with Claire/Evening on the Balconies/Facetime calls

Main lounge/Balconies/Rooms



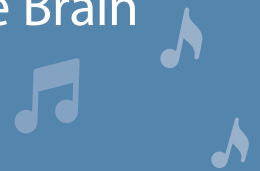
WEDNESDAY 26TH

9:00/10:30am

Social engagement/
Walking pals
All floors/Garden

2:15pm

Singing for the Brain
Main lounge



THURSDAY 27TH

10:30/10:45am

Drumming Circle/Bus
tour around Bristol
Main lounge/Bristol

1:45/2:15pm

Short trip to local cafe/
Spangles
Mangotsfield/Main lounge





FRIDAY 28TH

9:00/10:30am

Social engagement/
Interactive table fun

All floors/Sky lounge

2:15pm

Entertainment with
Ukelele Group

Main lounge



SATURDAY 29TH

10:30am

Social engagement &
surveys

All floors

2:15pm

Carry On Movie
Afternoon

Main lounge





MONDAY 31ST

9:00/10:30am

Wellness weekly
engagement/Beach
holiday reminiscing
All floors/Rooms

2:15pm

Entertainment with
singer Mike Nash
Main lounge



Activity suggestion slip

If you have any ideas for new activities we could offer, please write them below and post the slip in the suggestions box.

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