

Activities CALENDAR



Beech House

bristolcarehomes.co.uk



THURSDAY 6TH

Day trip to Saul
Junction

THURSDAY 13TH

Music and magic
with Steve

FRIDAY 28TH

Entertainment from
Umbrella Music
Company

Hello, dear friends!



Welcome to our August edition!

We have been incredibly lucky with the beautiful weather this summer, including a few heatwaves that have certainly kept us warm! During the hotter days, we have been encouraging everyone to enjoy plenty of cold drinks, refreshing snacks and time in the shade to help keep our residents happy, comfortable and well hydrated.

There have been lots of exciting events taking place nationally, locally and within our own communities. Many of our residents have enjoyed watching Wimbledon, the FIFA World Cup, rugby and other sporting events, with plenty of themed games and activities taking place across our homes.

We hope you had the opportunity to join us at one of our summer fairs and enjoyed the entertainment, delicious cakes, refreshments, tombola and stalls. We are taking a short break from the fairs during August, but our final summer fair of the year will be held at Field House on Saturday 5th September, from 1:30pm to 4:00pm. We'd love to see you there, so save the date and bring along your family and friends.

This month, we have some wonderful day trips planned, giving residents the chance to enjoy the great outdoors, visit local landmarks, go shopping and explore new places. Our day trips are chosen by our residents, and we offer a variety of options to suit everyone, including shorter outings, scenic countryside or town drives in the minibus, and full-day adventures. If you have a special place you would like to visit, please let a member of staff know and we will do our very best to arrange it.

We hope you have a wonderful month ahead.



Meet the team

Larissa - Team Leader

Hello!

My name is Larissa, and I've been part of the Bristol Care Homes family for 13 years. With over 25 years of experience in care, supporting others has always been my passion. Originally from Bath, I've lived in Bristol for the past 24 years and am a proud mum of six children and grandmother to two wonderful grandchildren.

My passion for care began at a young age when I helped look after my grandparents. Those experiences inspired me to dedicate my career to caring for others, and I've never looked back.

Today, I lead our dementia unit, ensuring residents receive compassionate, person-centred care.

I love building relationships with residents, helping them remain engaged, and making a positive difference to their day.

What I enjoy most about working at Bristol Care Homes is the strong sense of teamwork and support. We work together to provide the best possible care, and it truly feels like being part of a family.

Outside of work, I enjoy travelling and spending quality time with my children and grandchildren.

I'm proud to be part of Bristol Care Homes, where caring for our residents and supporting one another is at the heart of everything we do.

SATURDAY 1ST

11:00am

Coffee morning & celebrity birthdays

Conservatory

2:30/6:00pm

Entertainment from singer Ian James/ Movie night

Conservatory/Front lounge



SUNDAY 2ND

11:00am

Sunday service & coffee

Front lounge

2:30pm

Pamper sessions

Rooms





MONDAY 3RD

10:15/11:30am

Walking club/Fun fitness

Local area/Conservatory

2:30pm

Giant snakes & ladders

Front lounge



TUESDAY 4TH

11:00am

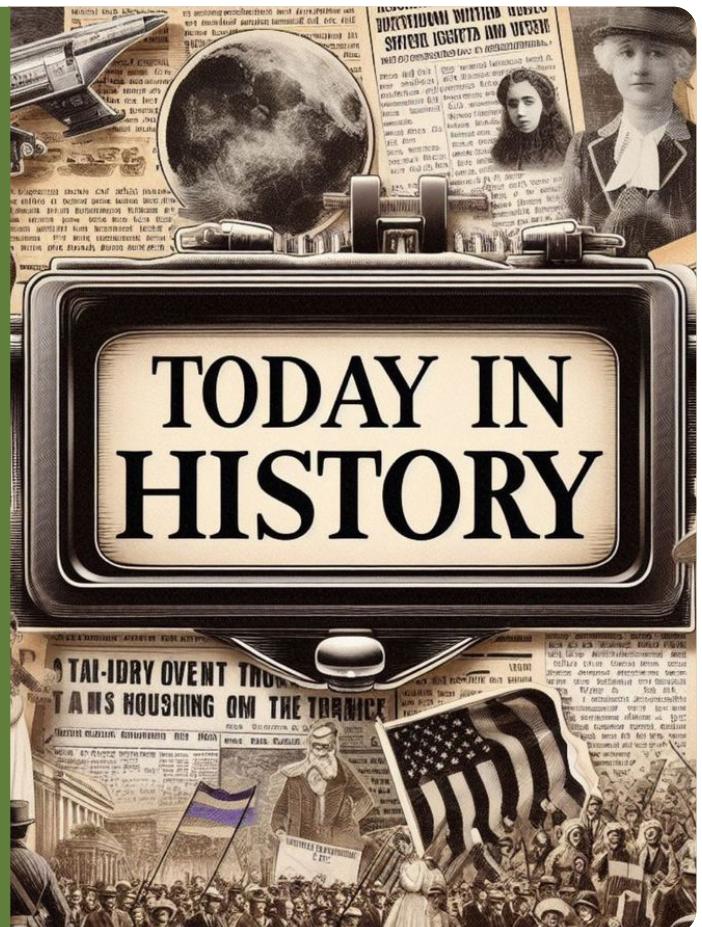
Coffee morning & Today in History

Conservatory

2:30/6:30pm

Photography afternoon/Quiz night

Conservatory/Front lounge



WEDNESDAY 5TH

11:00am

Fun fitness

Conservatory

2:30pm

Name the item

Conservatory



THURSDAY 6TH

10:30/11:00am

Day trip to Saul Junction/Gardening club

Saul Junction/Garden

2:30/6:30pm

Poetry/Cheese & wine

Conservatory/Front lounge



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FRIDAY 7TH

10:15/10:30/11:30am

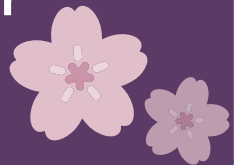
Walking club/Day trip to Hollywood Bowl/Keep fit

Local area/Bristol/Conservatory

2:30pm

Ladies' pamper session

Conservatory



SATURDAY 8TH

11:00am

Coffee morning & Today in History

Conservatory

2:30/6:00pm

Music from Mini Concerts/Movie night

Conservatory/Front lounge





SUNDAY 9TH

11:00am

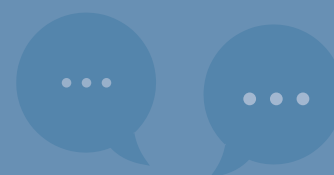
Songs of Praise & coffee

Front lounge

2:30pm

Social engagements

Rooms



MONDAY 10TH

10:15/10:30/11:30am

Walking club/Short trips out for coffee/ Movement to music

Local area/Thornbury/ Conservatory

2:30pm

Entertainment from flautist Oli

Conservatory



TUESDAY 11TH

11:00am

Coffee morning & singalong

Conservatory

2:30pm

The Price is Right

Conservatory



WEDNESDAY 12TH

9:30/11:30am

Shop & chat with Jay/ Fun fitness

Around the home/
Conservatory

2:30pm

Music with Dave Harris

Conservatory



THURSDAY 13TH

10:30/11:00am

Day trip to Wye Valley Butterfly Farm/ Listening to vinyl records & coffee

Wye Valley/Conservatory

2:30/6:30pm

Music and magic with Steve/Skittles & boules

Conservatory/Front lounge

FRIDAY 14TH

10:15/10:30/11:30am

Walking club/Day trip to Wetlands Centre/ Morning stretch

Local area/Slimbridge/
Conservatory

2:30pm

Word games

Conservatory



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SATURDAY 15TH

11:00am

Coffee morning & Celebrity lucky dip

Conservatory

2:30/6:00pm

Quiz/Movie night

Front lounge



SUNDAY 16TH

11:00am

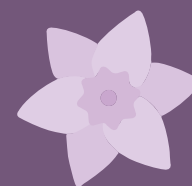
Sunday service & coffee

Front lounge

2:30pm

Pamper sessions

Rooms



MONDAY 17TH

10:15/11:00am

Walking club/Art workshop with Amy

Local area/Conservatory

2:30pm

Pass the Pigs

Conservatory



TUESDAY 18TH

11:00am

Coffee morning & Today in History

Conservatory

2:30/6:30pm

Entertainment with singer Shannon/ Men's club

Conservatory/Front lounge



WEDNESDAY 19TH

11:00am

Keep fit

Conservatory

2:30pm

Our world in Pictures with Claire

Front lounge



THURSDAY 20TH

10:30/11:00am

Day trip to Warmley Wheelers/Seasonal flower arranging

Warmley/Conservatory

2:30/6:30pm

Churches Together/ Seasonal food tasting & presentation

Conservatory/Front lounge



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FRIDAY 21TH

10:15/10:30/11:30am

Walking club/Day trip to Westbury Wildlife Park/Keep fit

Local area/Westbury/
Conservatory

2:30pm

Entertainment from singer Andy T

Conservatory



© Bristol Live

SATURDAY 22TH

11:00am

**Coffee morning &
Amazing True Stories**
Conservatory

2:30/6:00pm

**Singalong with Zoe/
Movie night**
Conservatory/Front lounge



SUNDAY 23TH

11:00am

**Songs of Praise &
coffee**
Front lounge

2:30pm

Social engagements
Rooms



MONDAY 24TH

2:30pm

Museums To You
Conservatory

10:15/10:30/11:30am

**Walking club/Day trip
to Hollywood Bowl/
Body fit**

Local area/Bristol/
Conservatory



TUESDAY 25TH

11:00am

Coffee morning & celebrity birthdays

Conservatory

2:30pm

Entertainment from Rebecca

Conservatory

WEDNESDAY 26TH

9:30am/11:00am

Shop & chat with Jay/Armchair travel to Greece

Around the home/Front lounge

2:30pm

Greece day

Conservatory



THURSDAY 27TH

10:30/11:00

Day trip to Bristol City Dock Tour/ Wordsearch in the garden

Bristol/Garden

16

54

2:30pm

Bingo fun

Conservatory

22

03



FRIDAY 28TH

10:15/10:30/11:30am

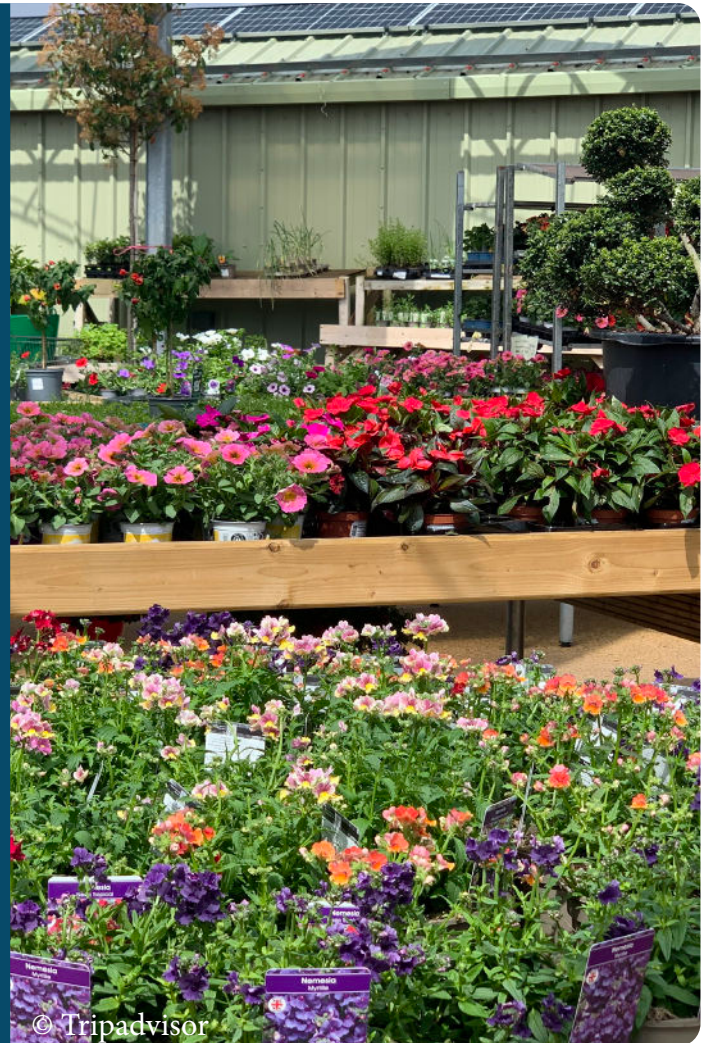
Walking club/Day trip to Highfield Garden Centre/Morning stretch

Local area/Highfield/
Conservatory

2:30pm

Entertainment from Umbrella Music Company

Conservatory



SATURDAY 29TH

11:00am

Coffee morning & celebrity birthdays

Conservatory

2:30/6:00pm

Video quiz/Movie night

Front lounge



SUNDAY 30TH

11:00am

Sunday service & coffee

Front lounge

2:30pm

Social engagements

Rooms



MONDAY 31ST

10:15/10:30/11:30am

**Walking club/Holistic
massage with Tracey/
Morning exercise**

Local area/Rooms/
Conservatory

2:30pm

Residents' meeting

Conservatory



Activity suggestion slip

If you have any ideas for new activities we could offer, please write them below and post the slip in the suggestions box.