

Activities CALENDAR



Beech House

bristolcarehomes.co.uk



FRIDAY 3RD

Day trip with the
Willow Boat Trust

MONDAY 13TH

Museums To You

THURSDAY 30TH

Entertainment with
guitarist Damien

Hello,
dear friends!



Welcome to our sporty and fun July edition!

We hope you are having a wonderful summer so far and have managed to enjoy some sunshine along the way.

Many of you may have been following the World Cup throughout June, and with the final fast approaching, the excitement is building. Will England have what it takes to go all the way? Time will tell!

If you're a sports fan, Wimbledon returns this month, bringing two weeks of world-class tennis and plenty of memorable moments. For those who enjoy entertainment and live music, the BBC Proms also begin in July. If you would like to listen, please speak to a member of staff who will be happy to help you tune in.

Quarry House got the summer celebrations off to a fantastic start with its Summer Fair in June. Now we have two more wonderful events for you, your family, and friends to enjoy: Glebe House on Saturday 18th July and Beech House on Saturday 25th July.

We wish you a happy, enjoyable, and memorable month ahead.



Meet the team

Geoffrey - Carer

Hello !!!

My name is Chidimma Geoffrey Okonta, and I'm from Delta State in Nigeria. I'm the second of four children, with two sisters and a brother. I completed my education in Nigeria. I then moved to Lagos, where I took up roles in customer service and later as a Business Administrator with a travel agency.

In 2021, I moved to the UK to study for my MSc in Marketing at UWE Bristol.

Growing up, I watched my parents support others selflessly, which inspired me to do the same. During university, I regularly helped older people in my community with shopping and errands, especially those living alone. Caring for others has always been most important to me.

I have been working as a carer at Beech House since 2022. My role involves supporting nurses and ensuring residents are safe, comfortable and happy.

The most rewarding part of my job is seeing residents happy and smiling. I love working for Bristol Care Homes—it's a genuinely caring organisation. After more than four years, I'm still proud to be part of the team and look forward to continuing my journey here

The support for both physical and mental wellbeing is outstanding. I'd give the company a solid 10 out of 10 – they make us feel safe, valued, and always encourage us to grow and thrive.

WEDNESDAY 1ST

11:00am

Olympics Day

Conservatory

2:30pm

Olympics Day

Conservatory



THURSDAY 2ND

10:30/11:00am

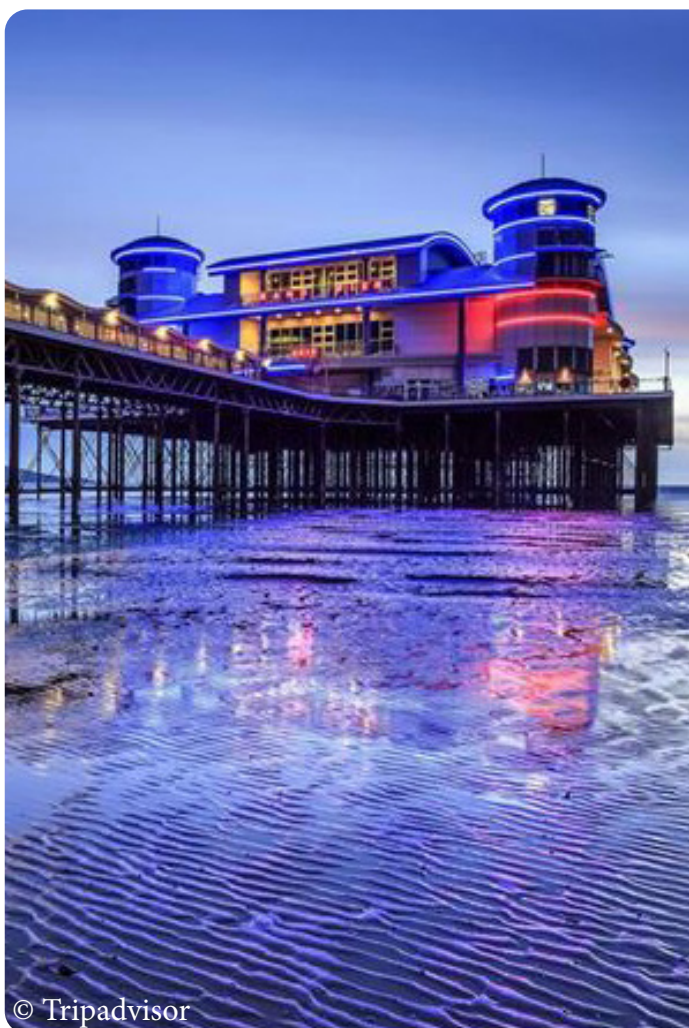
Day trip to Weston-super-Mare/Jokes over coffee

Weston-super-Mare/
Conservatory

2:30/6:30pm

Floor quiz/Poetry & nibbles

Conservatory/Front lounge



© Tripadvisor





© Tripadvisor

FRIDAY 3RD

9:00am

Day trip with the Willow Boat Trust

Saul Junction

2:30pm

Entertainment with singer Josh

Conservatory



SATURDAY 4TH

11:00am

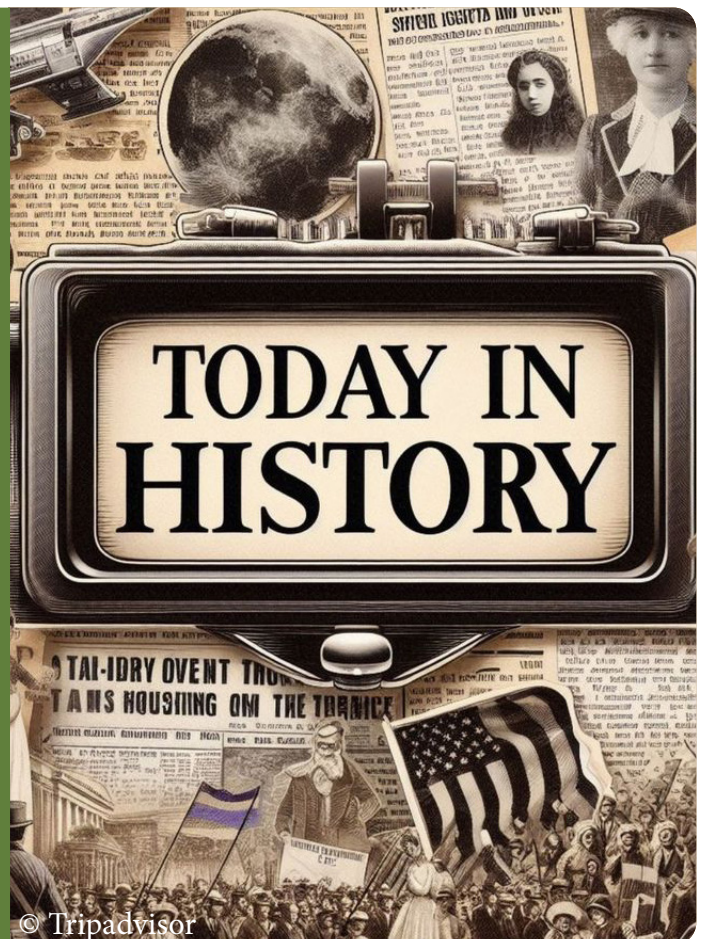
Today in History over coffee

Conservatory

2:30/6:00pm

Word games/ Movie night

Conservatory/Front lounge



© Tripadvisor

SUNDAY 5TH

11:00am

Sunday service & coffee

Front lounge

2:30pm

Pamper sessions

Rooms



MONDAY 6TH

10:15/11:30am

Walking club/Fun fitness

Local area/Conservatory

2:30pm

Entertainment from flautist Oli

Conservatory



TUESDAY 7TH

11:00am

Today in History over coffee

Conservatory

2:30/6:30pm

Chocolate fondue/ Quiz night

Conservatory/Front lounge

WEDNESDAY 8TH

9:30/11:00am

Shop & chat with Jay/Variety session with Louisa

Around the home/ Conservatory

2:30pm

Giant snakes & ladders

Front lounge





© Tripadvisor

THURSDAY 9TH

10:30/11:00am

Day trip to Bourton on the Water/Coffee & canvas (painting)

Conservatory

2:30/6:30pm

Music and fun with Andy T/Best of British comedians

Conservatory/Front lounge



FRIDAY 10TH

10:15/10:30/11:30am

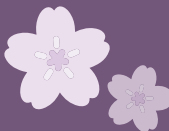
**Walking club/Day trip to SS Great Britain/
Morning exercise**

Local area/Bristol/Conservatory

1:15/2:30pm

Variety session with Louisa/Baking

Poplars/Conservatory



© Bristol Live

SATURDAY 11TH

11:00am

Amazing true stories over coffee

Conservatory

2:30/6:00pm

Music from mini concerts/Movie night

Conservatory/Front lounge

SUNDAY 12TH

11:00am

Songs of Praise & coffee

Front lounge

2:30pm

Social engagements

Around the home



MONDAY 13TH

10:15/10:30/11:30am

Walking club/Day trip to Bristol Aquarium/ Movement to music

Local area/Bristol/Conservatory

2:30pm

Museums To You

Conservatory



© Tripadvisor

TUESDAY 14TH

11:00am

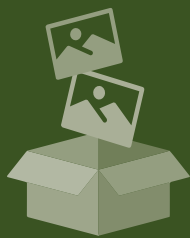
Art workshop with artist Amy

Conservatory

2:30pm

Our World in Pictures

Front lounge



WEDNESDAY 15TH

9:30/11:00am

Shop & chat with Jay/Woggle football

Around the home/
Conservatory

1:15/2:30pm

Variety session with Louisa/Ladies' pamper session

Poplars/Conservatory



© Bristol Live

THURSDAY 16TH

10:30/11:00am

Day trip to Chew Valley Lakes/ Gardening club

Chew Valley/Garden

2:30/6:30pm

Churches Together/Seasonal food tasting & presentation

Conservatory/Front lounge



FRIDAY 17TH

10:15/10:30/11:30am

**Walking club/Day trip
to Old Down Country
Park/Morning stretch**

local area/Old Down/
Conservatory

2:30pm

Word games

Conservatory



© Tripadvisor

SATURDAY 18TH

11:00am

**Today in History over
coffee**

Conservatory

2:30/6:00pm

**Video quiz/Movie
night**

Front lounge





SUNDAY 19TH

11:00am

Sunday service & coffee

Front lounge

2:30pm

Pamper sessions

Rooms



MONDAY 20TH

10:15/11:30am

Walking club/ Morning exercise

Local area/Conservatory

2:30pm

Entertainment from The Beaufort Boys

Conservatory



TUESDAY 21ST

11:00am

**Celebrity lucky dip
over coffee**

Conservatory

2:30/6:30pm

**Music from singer
& guitarist Johnny/
Men's club - beer &
boules**

Conservatory/Front lounge



WEDNESDAY 22ND

11:00am

Fun fitness

Conservatory

2:30pm

**Mad Hatter's Tea
Party with violinist
Laurence Kell**

Conservatory



THURSDAY 23RD

10:30/11:00am

Day trip to Portishead Marina/Tombola prep

Portishead/Conservatory

2:30/6:30pm

Floor quiz/Skittles & boules

Conservatory/Front lounge



© Bristol Live



© Tripadvisor

FRIDAY 24TH

10:15/10:30/11:30am

Walking club/Day trip to Tyntesfield/Keep fit

Local area/Tyntesfield/Conservatory

2:30pm

Bingo

Conservatory





SATURDAY 25TH

1:00 - 4:30pm

Summer Fair
Garden



SUNDAY 26TH

11:00am

Songs of Praise & coffee

Front lounge

2:30pm

Social engagements

Rooms



MONDAY 27TH

10:15/10:30/11:30am

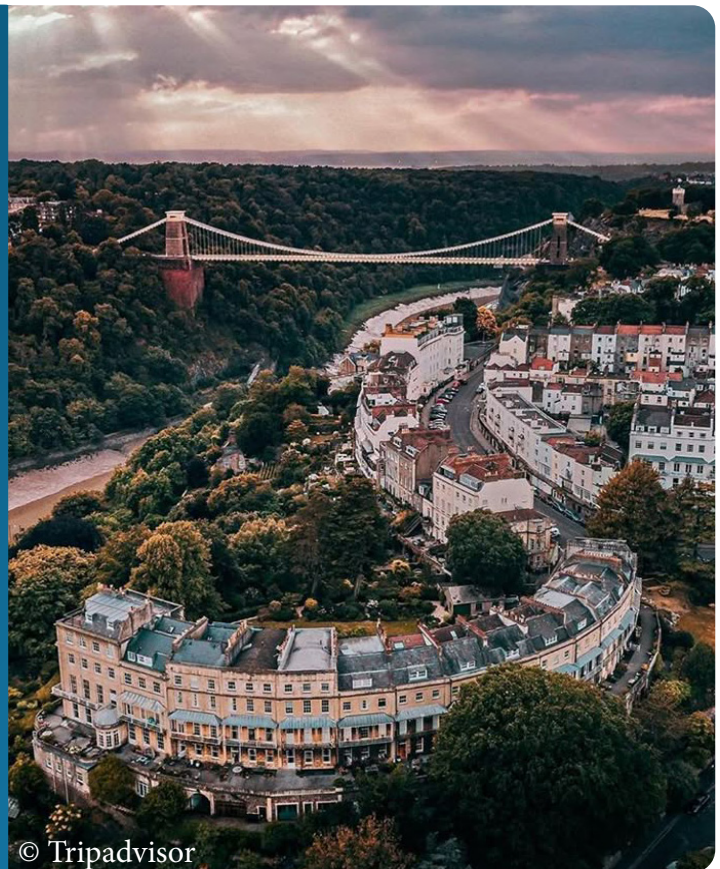
Walking club/Day trip to Clifton Downs/ Movement to music

Local area/Clifton/ Conservatory

2:30pm

Residents' meeting

Conservatory



TUESDAY 28TH

11:00am

Coffee morning & amazing true stories

Conservatory

2:30pm

Board & card games

Conservatory



WEDNESDAY 29TH

9:30/11:00am

Shop & chat with Jay/Woggle football

Conservatory

2:30pm

Ladies' pamper session

Conservatory



THURSDAY 30TH

10:30/11:00am

**Day trip to
Clevedon/Nature
walks around the
garden**

Clevedon/Garden

2:30/6:30pm

**Entertainment with
guitarist Damien/
History presentation**

Conservatory/Front lounge

FRIDAY 31ST

10:15/10:30/11:30am

**Walking club/Day
trip to Wye Valley/
Morning stretch**

Local area/Wye Valley/
Conservatory

2:30pm

Desert Island Discs

Conservatory



Activity suggestion slip

If you have any ideas for new activities we could offer, please write them below and post the slip in the suggestions box.