

Activities CALENDAR



Beech House

bristolcarehomes.co.uk



FRIDAY 5TH

Entertainment with
guitarist Johnny

TUESDAY 16TH

Annual Classical Live
Orchestra Concert

TUESDAY 30TH

Lullaby Circle -
Mother and baby
group



Hello,
dear friends!

We welcome you to our June edition!

Our June Summer Calendar, is filled with fun, vibrant and exciting events, activities within the home, and enjoyable day trips.

If you are new to the home, we would like to extend a very warm welcome. We hope you will settle in happily and feel truly at home with us.

Our activities are not only about keeping busy, but also about supporting overall wellbeing. The more our care team learns about each resident—their interests, hobbies and daily preferences—the more personalised and meaningful our activities can become. We always welcome ideas and support from family members to help us create enriching experiences for everyone.

A special highlight this month is the Annual Care Concert at Bristol Beacon on Tuesday 16th June. This wonderful event brings residents, families and friends together to celebrate life through music.

We are delighted that the Aurora Orchestra will be performing Mozart's Jupiter Symphony. Aurora is a unique orchestra that performs from memory rather than using sheet music, allowing musicians to move freely among the audience and create a truly immersive and memorable experience. They are also widely recognised for their performances at the annual BBC Proms.

We also look forward to welcoming you to the Quarry House Summer Fayre on Saturday 27th June, from 1:30pm to 4:00pm—a fantastic opportunity to come together, enjoy the summer atmosphere and create special memories. We hope this month's events bring you happiness, joy and many wonderful moments.

We wish you a fantastic time..



Meet the team

Cate - Clinical Lead

Hello!

I'm Cate, the Clinical Lead here at Beech House. I have been a nurse for over 40 years, and I truly can't imagine doing anything else. Nursing has always been my passion. Throughout my career, I've worked in nursing homes as a nurse, deputy, and manager. However, about 18 months ago, I made the decision to step back into a purely nursing role, as that's where my heart has always been.

I really value the personal approach that working in a care home offers compared to a hospital setting. It gives me the time and opportunity to truly get to know our residents, understand their individual needs, and build meaningful relationships with them.

In my role, I'm responsible for supporting and managing staff, ensuring the smooth running of the home, overseeing residents' wellbeing, and making sure medication is managed safely and effectively. But for me, it's all about being present with

residents—making sure they feel safe, cared for and valued every single day.

I genuinely enjoy every part of my work, especially spending time with residents.

Outside of work, I enjoy walking, reading, cooking and gardening—simple things that help me relax and bring balance to my life.

The most rewarding part of my job is achieving what I set out to do: ensuring our residents are safe, happy, and living well. Seeing a smile on their face makes it all worthwhile.

My personal motto is "Live, laugh and love", and I try to bring that positivity into both my work and my life.

Bristol Care Homes is a great organisation to work for. While my role can sometimes be challenging, it's also incredibly fulfilling, and I truly enjoy being part of such a dedicated and caring team.

MONDAY 1ST

10:15/10:30/11:30am

Walking club/Day trip to Tyntesfield/ Morning stretch

Local area/Tyntesfield/
Conservatory

2:30pm

Museums To You

Conservatory



TUESDAY 2ND

11:00am

Today in History over coffee

Conservatory

2:30/6:30pm

Thinking Music with Phil/Poems & sayings

Conservatory/Poplars



© Pinterest

WEDNESDAY 3RD

9:30/11:00am

**Shop & chat with
Jay/Thornbury Tuk
Tuk**

Around the home/
Conservatory

2:30pm

**Nightingale Choir
Conservatory**



THURSDAY 4TH

10:30/11:00am

**Day trip to Weston-
Super-Mare/Word
games**

Weston-Super-Mare/
Conservatory

2:30/6:30pm

**Our World in
Pictures with Claire/
Cheese & wine
tasting**

Front lounge



© Tripadvisor

FRIDAY 5TH

10:15/10:30/11:30am

Walking club/Day trip to SS Great Britain/ Movement to music

Local area/Bristol/
Conservatory

2:30pm

Entertainment with guitarist Johnny Conservatory



SATURDAY 6TH

11:00am

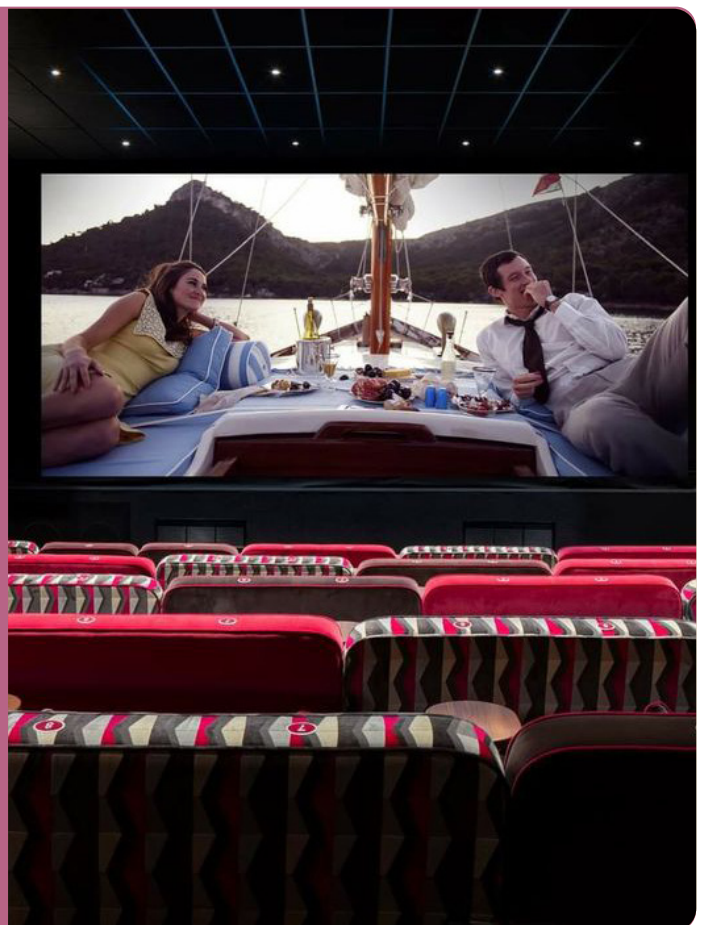
Today in History over coffee

Conservatory

2:30/6:00pm

Quiz fun/Movie night

Conservatory/Front lounge





SUNDAY 7TH

11:00am

Sunday service & coffee

Front lounge

2:30pm

Social interactions

Rooms



MONDAY 8TH

10:15/11:00am

Walking club/Art workshop with artist Amy

Local area/Conservatory

1:30/2:30pm

Social engagement/Pass the Pigs

Poplars/Conservatory



TUESDAY 9TH

11:00am

Today in History over coffee

Conservatory/Front lounge

2:30/6:30pm

Entertainment with singer Andy T/Men's Club - beer & boules

Conservatory/Front lounge



WEDNESDAY 10TH

11:00am

Variety session with Louisa

Conservatory

2:30pm

Ladies' pamper session

Conservatory



THURSDAY 11TH

10:30/11:00am

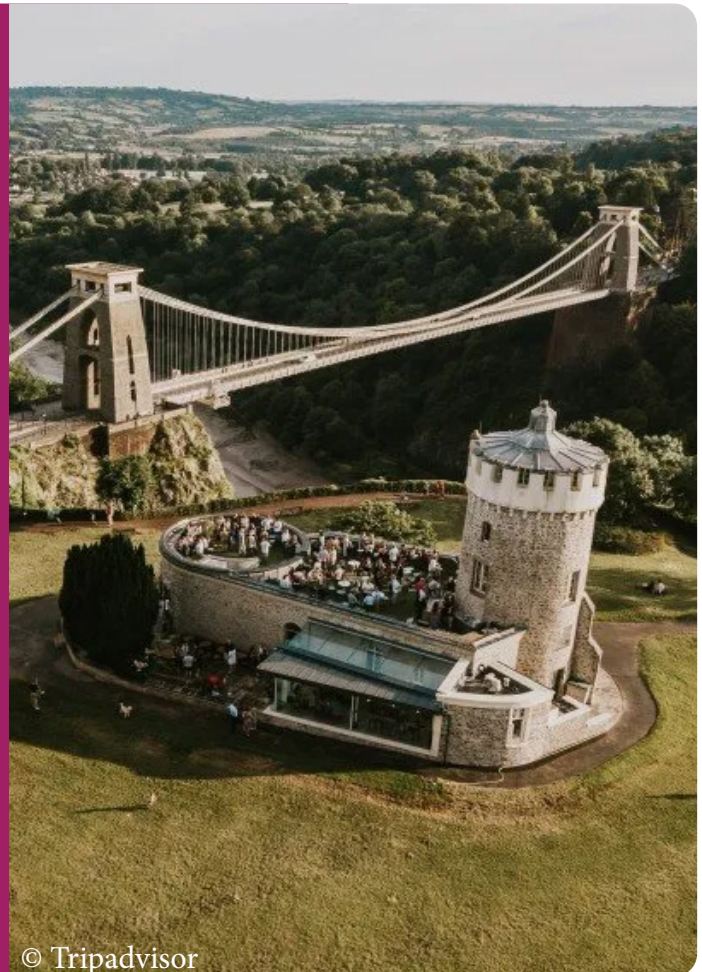
Day trip to Clifton Observatory/Coffee morning

Conservatory

2:30/6:30pm

Singalong with Zoe/ Planes & Trains & Automobiles presentation

Conservatory/Front lounge



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FRIDAY 12TH

10:15/10:30/11:30am

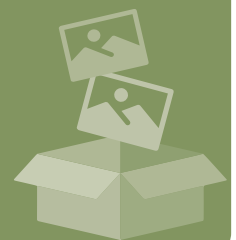
Walking club/Trip to Tortworth Farm Shop/Morning exercise

Local area/Tortworth/
Conservatory

2:30pm

Picture bingo

Conservatory



SATURDAY 13TH

11:00am

Coffee morning & Amazing True Stories

Conservatory

2:30pm

Entertainment from Mini Concerts

Conservatory



SUNDAY 14TH

11:00am

Songs of Praise & coffee

Front lounge

2:30pm

Social engagements

Rooms

MONDAY 15TH

10:15/10:30/11:30am

Walking club/Day trip to Blaise Castle/ Movement to music

Local area/Bristol/
Conservatory

2:30pm

Floor quiz

Conservatory





TUESDAY 16TH

All day

Annual Classical Live Orchestra Concert

Bristol Beacon



WEDNESDAY 17TH



9:30/11:00am

Shop & chat with Jay/ Fun fitness

Around the home/
Conservatory

1:15/2:30pm

Variety session with Louisa/Word games

Poplars/Conservatory

THURSDAY 18TH



10:30/11:00am

Day trip to Chew Valley lake/Creative flower arranging

Chew Stoke/Conservatory

2:30/6:30pm

Churches together/ Seasonal foods presentation & tasting

Conservatory/Front lounge



FRIDAY 19TH

10:15/10:30/11:30am

Walking club/Day trip to Old Down Country Park/ Morning stretch

Local area/Old Down/ Conservatory

2:30pm

Entertainment from singer Shannon

Conservatory



SATURDAY 20TH

10:00/11:00am

Trooping the Colour/ Coffee morning

Front lounge/Conservatory

2:30pm

Skittles & boules

Conservatory



SUNDAY 21ST

11:00am

Sunday service & coffee

Front lounge

2:30pm

Social engagements

Rooms



MONDAY 22ND

10:15/11:30am

Walking club/Fun fitness

Local area/Conservatory



2:30pm

Giant snakes & ladders

Front lounge

TUESDAY 23RD

11:00am

Coffee morning/Knit & natter

Conservatory/Front lounge

2:30pm

Memory lane with magician Steve

Conservatory



WEDNESDAY 24TH

11:00am

Social engagements/Keep fit

Poplars/Conservatory

2:30pm

Guess the item quiz

Conservatory



THURSDAY 25TH

10:30/11:00am

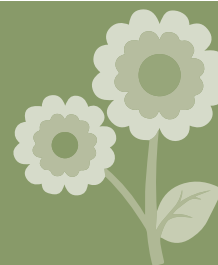
Day trip to Bristol Botanical Gardens/ Gardening club

Bristol/Conservatory/Garden

2:30/6:30pm

Entertainment with singer Rebecca/ Skittles & boules

Conservatory/Front lounge



FRIDAY 26TH

10:15/10:30/11:30am

Walking club/Trip to Wye Valley for picnic/Morning exercise

Local area/Wye Valley/
Conservatory

2:30pm

Garden time (weather permitting)

Garden



SATURDAY 27TH

11:00am

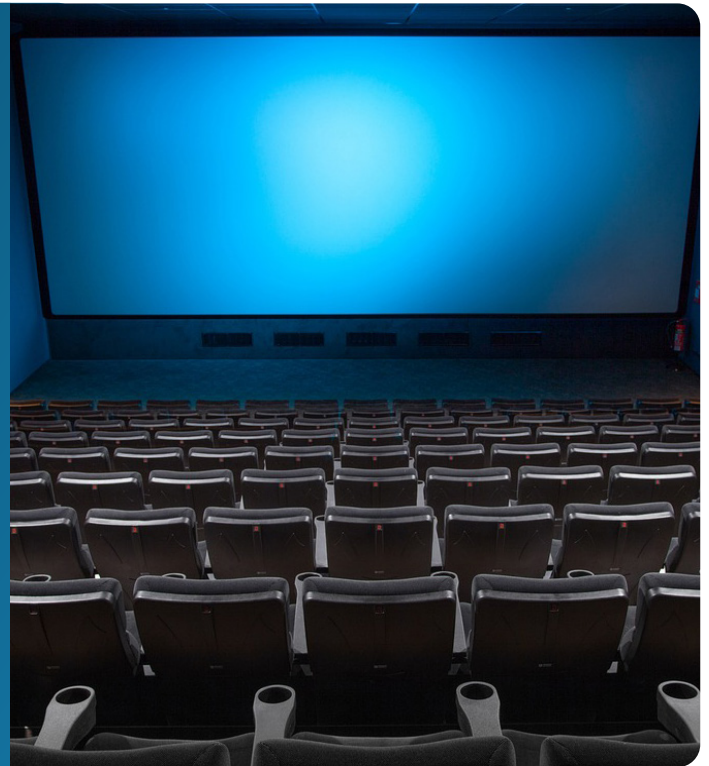
Today in History over coffee

Conservatory

2:30/6:00pm

Desert Island Discs/ Movie night

Conservatory



SUNDAY 28TH

11:00am

Songs of Praise & coffee

Front lounge

2:30pm

Social engagements

Rooms



MONDAY 29TH

10:15/10:30/11:30am

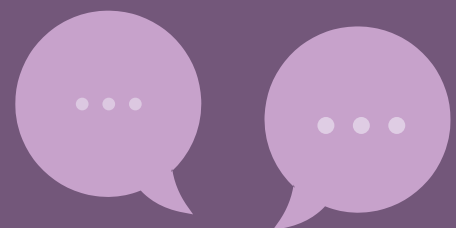
Walking club/Day trip to The Wild Place/ Holistic massage with Tracey/ Movement to music

Local area/Bristol/Rooms/
Conservatory

2:30pm

Residents' meeting

Conservatory





TUESDAY 30TH

11:00am

**Coffee morning/
Lullaby Circle -
Mother and baby
group**

Conservatory/Front lounge

2:30/6:30pm

**Card & board
games/Music and
dance**

Conservatory/Poplars



Activity suggestion slip



If you have any ideas for new activities we could offer, please write them below and post the slip in the suggestions box.
