

# Activities CALENDAR



Quarry House

[bristolcarehomes.co.uk](http://bristolcarehomes.co.uk)



THURSDAY 7<sup>TH</sup>

Day trip to Aerospace  
Museum

FRIDAY 15<sup>TH</sup>

Lullaby Circle - Mother  
and baby group

WEDNESDAY 27<sup>TH</sup>

Singing for the Brain



Hello,

dear friend!

**Welcome to our May edition!**

This month is filled with summer-inspired activities designed to bring warmth and joy to each of our residents.

With many thoughtful suggestions from residents, family members, and friends, we're delighted to present a varied and engaging calendar. This month also includes opportunities to recognise and reflect on special occasions. On 8th May, we mark VE Day, honouring and remembering the 81st anniversary of the end of World War II in Europe. On the same day, we also celebrate the remarkable Sir David Attenborough, who turns 100—an incredible milestone. Are you a fan of his work? His documentaries continue to inspire and educate audiences around the world.

We also take time to celebrate International Nurses Day, recognising and thanking nurses for the compassion and care they provide every day.

For sports fans, May is an exciting month. Highlights include the Rugby Union Champions Cup Final on 23rd May, the UEFA Champions League Final on 30th May, and the thrill of the Grand Prix races taking place throughout the month. Our staff are always happy to help ensure you can follow your favourite sporting events or television programmes.

There has been great enthusiasm for our walking clubs across the homes. With the warmer months ahead, there are plenty of opportunities to enjoy the outdoors. Whether walking independently or using a wheelchair, spending time outside can bring a sense of calm and the added benefit of some much-needed vitamin D.

*We wish you a lovely month ahead!*



# Meet the team

**Billy** - Trainee Chef

Hello!

I grew up in Hillfields with my dad and my two siblings, and from a young age I knew I was more hands-on than book-smart. I originally went into carpentry, but during that time I discovered cooking—and that's when I found something I truly loved. What started as an interest quickly grew into a real passion.

I've always enjoyed cooking, but what really motivates me is being able to use that skill to help others. Working in a care home means I can make a genuine difference to residents' days through food, particularly for those who rely on balanced nutrition or have specific dietary needs. That mix of cooking and care is what I find most rewarding.

I've been working at Quarry House for five years and I'm currently a Trainee Chef. My role involves learning key kitchen skills while supporting residents' health and wellbeing. For me, cooking isn't just about the food—it's also about

care, safety, consistency, and making sure every meal is prepared properly.

The best part of my job is the positive feedback I receive from residents and staff. Knowing that my food is appreciated and brings enjoyment to others gives me real job satisfaction. Outside of work, I enjoy motorsport and take part in rallying with my best friend. I like the competitive side and the challenge of always trying to improve.

I'd like residents and their families to know that I always prepare meals with love and passion and aim to serve food that everyone can enjoy. Presentation is really important to me, and I often remember my favourite quote: "Never frown, because someone could be falling in love with your smile."

Looking ahead, I'd love to run my own restaurant one day and introduce people to creative and unexpected flavour combinations never thought of before.

## FRIDAY 1<sup>ST</sup>

9:00/11:00am

Social engagement/Visit  
from The Bristol MET  
school

Rooms/All floors

2:15pm

May Day Celebrations  
Main lounge



## SATURDAY 2<sup>ND</sup>

10:30am

Residents' surveys

Rooms

2:15pm

Rebecca Playing the Viola

Main lounge



## MONDAY 4<sup>TH</sup>

9:00/11:00am

Social engagement/5  
things about me

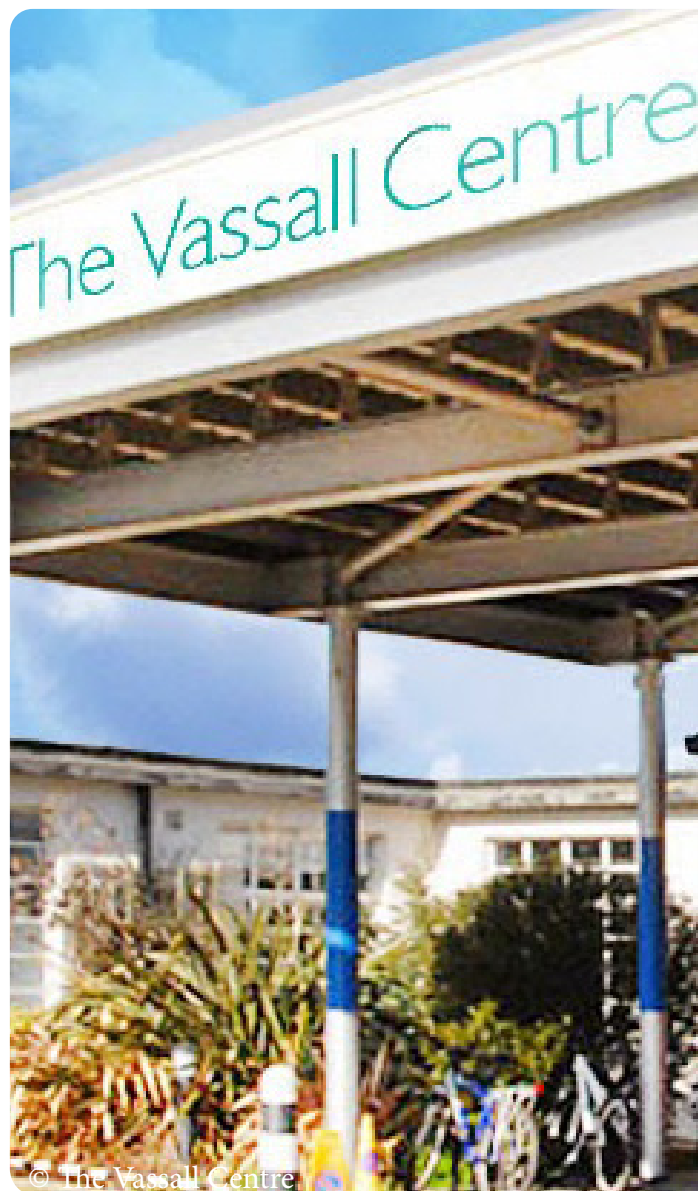
Rooms



2:15pm

Entertainment with  
singer Mike Nash

Main lounge



## TUESDAY 5<sup>TH</sup>

10:30/11:15am

Hollistic massage  
therapy with Tracy/  
Goldies choir at The  
Vassals Centre

Rooms/Bristol

12:15/2:00 & 4:00/6:00pm

Lunch Club at The  
Vassals Centre/Walking  
Pals/Facetime call

Bristol/Garden/Rooms





## WEDNESDAY 6<sup>TH</sup>

9:00/11:00am

Social Engagement/  
Trolley re-stock

Rooms/All floors

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1:45pm

Choir & prayer group

Main lounge



## THURSDAY 7<sup>TH</sup>

10:30am

Interactive Arm chair  
exercises/Day trip to  
Aerospace Museum

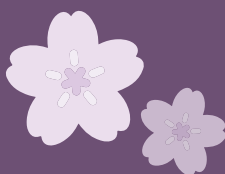
Garden Lounge/Filton

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2:15pm

Trolley re-stock

All floors



## FRIDAY 8<sup>TH</sup>

9:00/11:00am

Social Engagment/Visit  
from The Bristol MET  
school (interactive Table  
VE Day)

Rooms/Meadow lounge

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2:15pm

Entertainment with  
Singers Tracy & John  
Main lounge



## SATURDAY 9<sup>TH</sup>

10:30am

Residents' surveys  
Rooms

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2:15pm

Entertainment with  
ukulelist Ben  
Main lounge

## MONDAY 11<sup>TH</sup>

9:00/11:00am

Coffee morning &  
Residents' meeting  
Main lounge

2:15pm

Thinking Music with  
Phil  
Main lounge



## TUESDAY 12<sup>TH</sup>

10:30/11:00am

'Interact' Stroke Group/  
Visit to St Joseph's Pre-  
School trip/G-Fitness  
Meadow lounge/Speedwell/

1:45pm/2:00/4:00/6:00pm

Short visit to Coffee  
Shop/History of  
Nursing/Picture  
surveys/Facetime call



WEDNESDAY 13<sup>TH</sup>

9:00/11:00am

Social engagement/  
Play your cards right  
Rooms/All floors

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2:15pm

Pamper afternoon  
Rooms



THURSDAY 14<sup>TH</sup>

10:30/11:00am

Day trip to Portishead  
Marina/Arts & Crafts -  
10th anniversary flag  
making

Portishead/All floors

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2:15pm

Entertainment with  
Harpist Julia

Main lounge



## FRIDAY 15<sup>TH</sup>

9:00/11:00am

Social Engagement/  
Lullaby Circle - Mother  
and baby group

Rooms/Main lounge

2:15pm

General knowledge  
quiz

Rooms



## SATURDAY 16<sup>TH</sup>

10:30am

Residents' surveys

Rooms

2:15pm

Entertainment with  
Ballroom Dancers

Main lounge



## MONDAY 18<sup>TH</sup>

9:00/11:00am

Wellness weekly  
engagement/Memory  
lane with magician steve

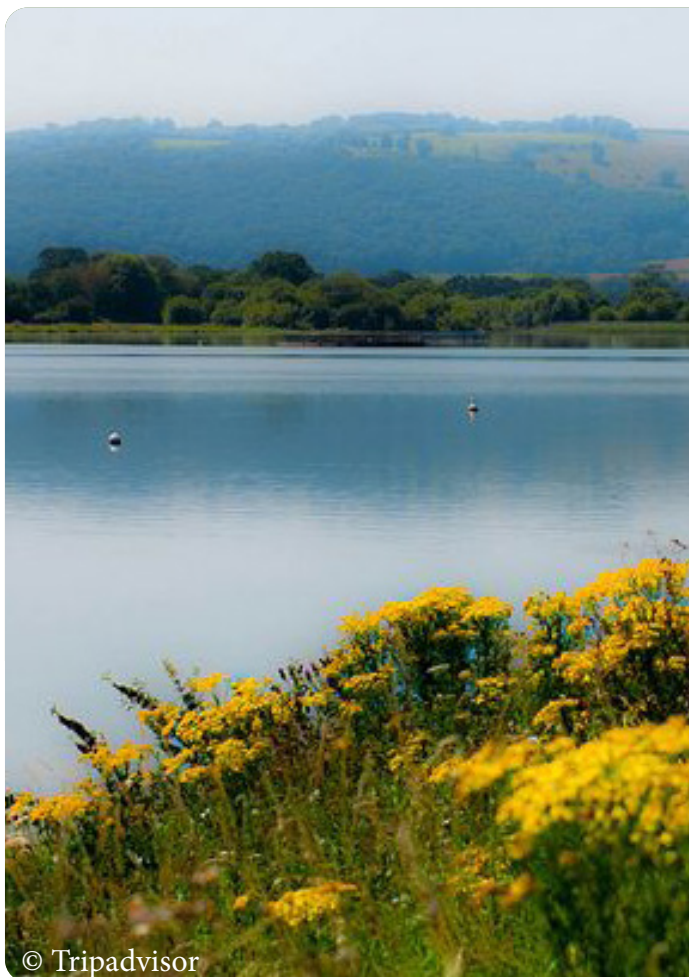
Rooms/All floors

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2:15pm

Interactive table -  
Oomph-on-Demand

Ocean lounge



© Tripadvisor

## TUESDAY 19<sup>TH</sup>

10:30/11:00am

Hollistic massage  
therapy with Tracy/Day  
trip to Chew Valley with  
Fish & Chips

Bedrooms/Chew Valley

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2:15/4:00/6:00pm

World in Pictures/Garden  
games/Facetime calls  
Main lounge/Garden/Rooms



WEDNESDAY 20<sup>TH</sup>

9:00am  
Social Engagement  
Rooms

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1:30pm  
10th Anniversary Party  
Garden



THURSDAY 21<sup>ST</sup>

10:30am  
Party clean up/short trip  
to local shops  
Garden/Fishponds

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1:45pm/2:15pm  
Short trip to local café/  
Ball Games at garden  
Downend/Garden



## FRIDAY 22<sup>ND</sup>

9:00/11:00am

Social Engagement/Visit from The Bristol MET school & cake decorating  
Rooms/Main Lounge

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2:15pm

Pet therapy with Melissa  
Rooms

## SATURDAY 23<sup>RD</sup>

10:30am

Residents' surveys  
Rooms

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2:15pm

Entertainment with singer  
Chris Auburn  
Main lounge



## MONDAY 25<sup>TH</sup>

9:00/11:00am

Wellness weekly engagement/Bank holiday reminiscing  
Rooms/All floors

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2:15pm

Brief Encounters on the big screen  
Main lounge





## TUESDAY 26<sup>TH</sup>

10:30/11:30am

Bus tour of Bristol/Fine Dining experience  
Bristol/Dining room

1:45/6:00pm

Short trip to Coffee Shop/Scales & Tails/  
Facetime call  
Bristol/All floors/Rooms



## WEDNESDAY 27<sup>TH</sup>

9:00/11:00am

Social engagement/  
Walking pals  
Rooms/Garden

2:15pm

Singing for the Brain  
Main lounge





THURSDAY 28<sup>TH</sup>

10:30am

Fun with Interactive Table/  
Short trip to Yate for  
shopping & lunch at Pub  
Sky lounges/Yate

2:15pm

Fun with Interactive table  
Sky lounge



FRIDAY 29<sup>TH</sup>

9:00/11:00am

Social Engagement/  
Spring themed sensory  
session

Rooms

2:15pm

Entertainment with  
singer Claire Stacey

Main lounge



SATURDAY 30<sup>TH</sup>

10:30am

Gardening club  
Garden

2:15pm

Giant snakes and ladders  
Garden lounge



## Activity suggestion slip

If you have any ideas for new activities we could offer, please write them below and post the slip in the suggestions box.



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