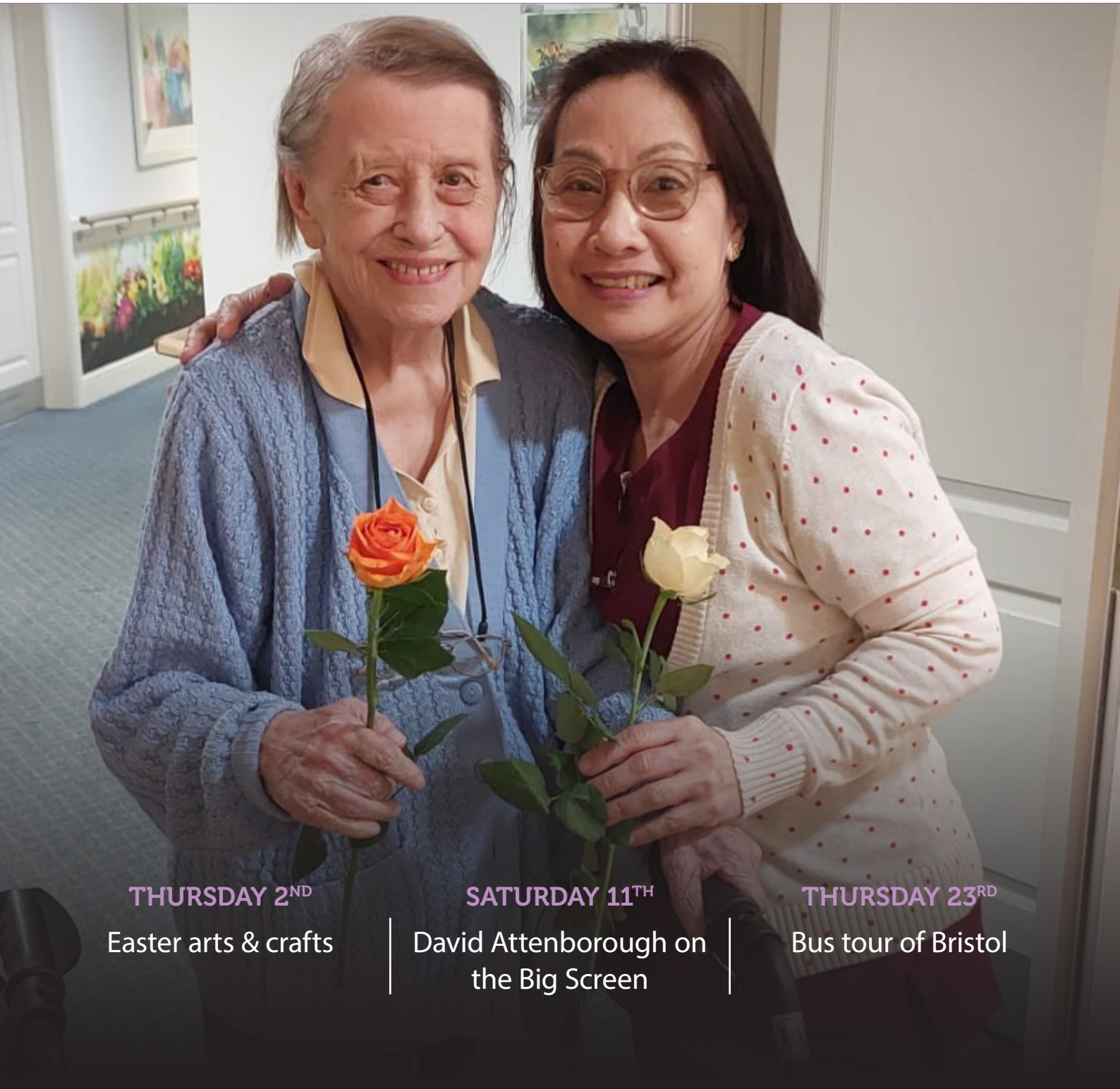


Activities CALENDAR



Quarry House

bristolcarehomes.co.uk



THURSDAY 2ND

Easter arts & crafts

SATURDAY 11TH

David Attenborough on
the Big Screen

THURSDAY 23RD

Bus tour of Bristol



Hello,
dear friends!

Welcome to our April Springtime Calendar.

By now the clocks have moved forward, bringing brighter mornings and longer, lighter evenings. Spring is well underway, and with it comes the sweet sound of birds singing and the cheerful sight of daffodils in bloom. It truly is a lovely time of year.

You may even be opening this booklet on April Fools' Day on the 1st of April—so keep your wits about you in case someone is planning a playful joke... or perhaps you're the one planning the mischief!

This month we also celebrate Easter, which will be reflected in some of the activities we have planned, all inspired by your suggestions and interests.

Later in the month we'll mark St George's Day on the 23rd of April, celebrating Britain and all that makes this country so special.

With the improving weather, our day trips will become more varied, giving us plenty of opportunities to get outdoors and enjoy the fresh spring air. Where would you like to visit this month? Be sure to let a member of staff know so we can happily arrange it for you.

We wish you a lovely month ahead!



Meet the team

Pat - Carer

Hello,

I'm proud to say I was born and raised in Bristol, and I come from a strong Jamaican family background that has shaped who I am today. I have two sons, a daughter, and four lovely grandchildren who keep my heart full. Caring for others has always come naturally to me, and it's something that has been part of my life.

My journey in the care industry began when I was just 16 years old. I joined the YTS programme at Manor Park, not fully knowing what to expect, but from the moment I started, I realised I had found my calling. I discovered how rewarding it is to support people, to listen, and to be a comforting presence in someone's day.

I've now been part of the Quarry House family for three years, working as a carer. My role is all about helping residents with their daily routines and making sure they feel respected and comfortable.

Outside of work, I'm someone who enjoys simple pleasures. I love socialising with friends and having a good laugh. I used to be a regular at the gym, but with the amount of movement and activity involved in care work, I pretty much get my workout on the job.

Some of my most memorable moments at Quarry House come from everyday interactions — laughing with residents, sharing funny stories, or seeing their faces light up when something makes them happy. These moments might seem small to others, but to me, they are the heart of this job. The residents truly are the most rewarding part of my work. Being able to brighten someone's day, makes everything worthwhile. I'm a big fan of Amsterdam! I've been visiting for many years now. It's one of my favourite places in the world — so much so that the locals recognise me when I return. It always feels like a second home.

WEDNESDAY 1ST

9:00/11:00am

Wellness weekly
engagement/History of
April Fool's Day

Rooms/All floors

2:15pm

Entertainment by singer 
Shannon

Main lounge  



THURSDAY 2ND

10:30/10:45am

Easter arts & crafts/Short
trip to Keynsham Park for
lunch

Main Lounge/Keynsham

2:15pm

Easter story telling
Rooms 



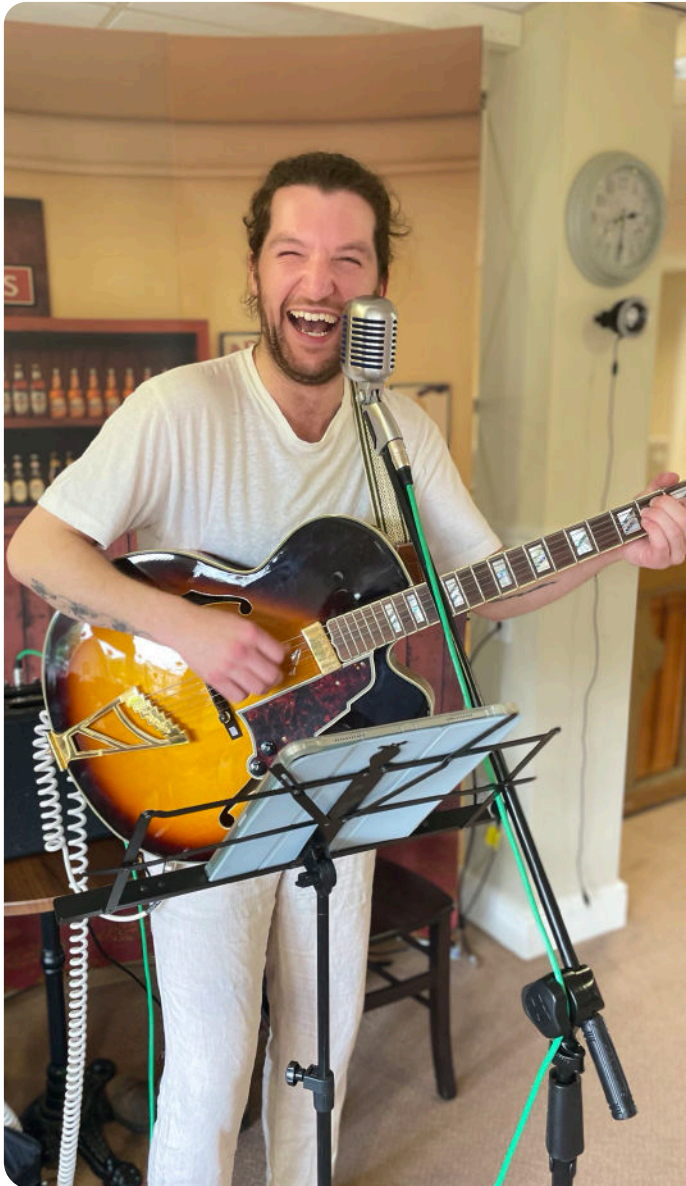
FRIDAY 3RD

9:00/11:00am

Social engagement/
Easter Bonnet making
Rooms/All floors

2:15pm

Cinema afternoon -
Easter Parade
Main lounge



SATURDAY 4TH

10:30am

Easter treats delivered
with love
All floors

2:15pm

Entertainment by
guitarist Johnny Smyth
Main lounge



MONDAY 6TH



9:00/11:00am

Wellness weekly
engagement/Walking
Pals for Easter egg hunt
Rooms/Garden & Meadow

2:15pm

Walking Pals for Easter
egg hunt
Ocean & Sky

TUESDAY 7TH

10:30/11:15am

Holistic massage
therapy with Tracey/
Day trip to The Vassall
Centre for lunch
Rooms/Fishponds

2:00/4:00/6:00pm

Hot Cross Bun & Easter
Biscuit trolley/Oomph on
Demand/Facetime calls
All Floors/Rooms



WEDNESDAY 8TH

9:00/11:00am

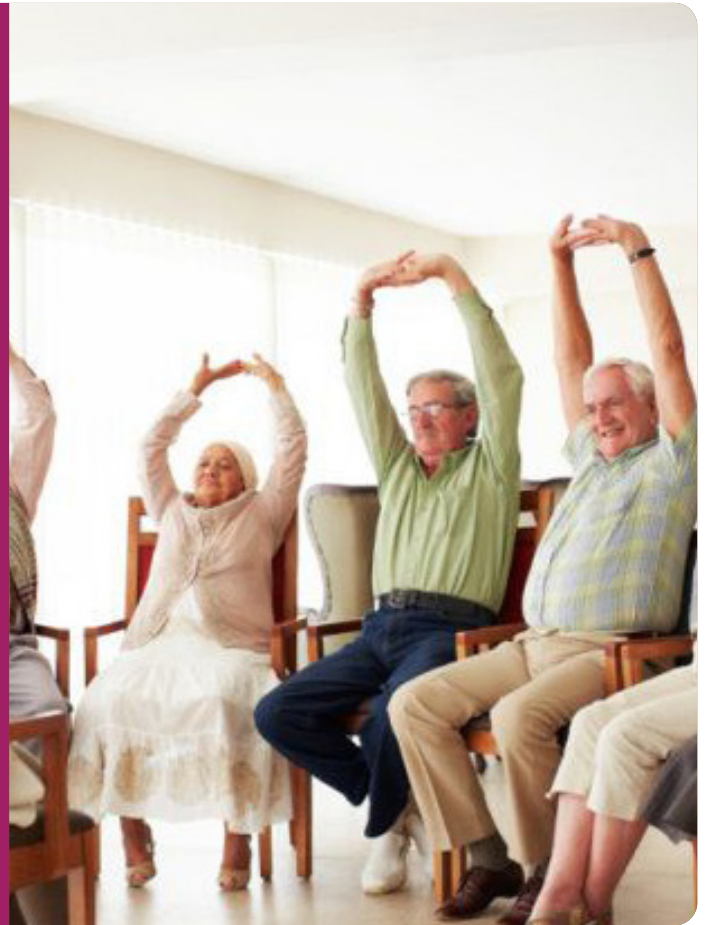
Social engagement/Arm
chair exercises

Rooms/Rooms

1:45pm

Choir & prayer - Easter
Special

Main lounge



THURSDAY 9TH

10:30am

NEW* Interactive table/
Short trip to Waiting
Room Cafe

Sky Lounge/Warmley

2:15pm

Short trip to local
shops/Entertainment
by singer Claire Stacey

Fishponds/Main lounge

FRIDAY 10TH

9:00/11:00am

Social Engagement/
Spring time activities

Rooms/Rooms

2:15pm

Entertainment with
singer Johnny

Main lounge



SATURDAY 11TH

10:30am

Picture surveys

Rooms

2:15pm

David Attenborough on
the Big Screen

Main lounge



MONDAY 13TH

9:00/11:00am

Wellness weekly
engagement/
Residents' meeting
over coffee
Main lounge

2:15pm

Ballroom dancers
Main lounge



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TUESDAY 14TH

8:30am

Day trip to Willow Trust
boat ride with Glebe
House
Frampton-on-Severn

6:00pm

Social engagement &
Facetime calls
Rooms



WEDNESDAY 15TH

9:00/11:00am

Social engagement/
Interactive Tablee
All floors/Meadow

2:15pm

Entertainment by
singer Rebecca
Main lounge



THURSDAY 16TH

10:30am

Residents' room
personalisation/Day trip
to Ikea for Coffee & Cake
& Storage boxes
Rooms/Eastgate

1:45/2:15pm

Shopping trip to Rajani
Store/Our World in
Pictures with Claire
Fishponds/Main lounge



FRIDAY 17TH

9:00/11:00/11:00am

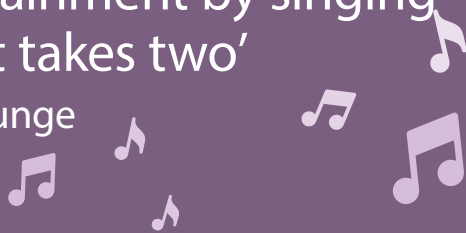
Social engagement/
Lullaby Circle - Mother
and baby group/Visit
from The Bristol MET
school

All floors/Main lounge

2:15pm

Entertainment by singing
duo 'It takes two'

Main lounge



SATURDAY 18TH

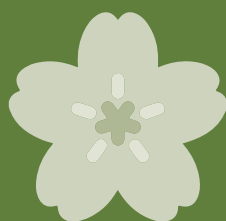
10:30am

School days
reminiscence

Rooms

2:15pm

Music Appreciation
Main lounge





MONDAY 20TH

9:00/10:15am

Wellness weekly
engagement/Body
Movement with Physio
Barny

Main lounge



11:30am

Fine Dining Experience

Main lounge

TUESDAY 21ST

10:30/10:45am

Holistic massage therapy
with Tracey /Day trip
for tenpin bowling with
Glebe House

Rooms/Cribbs Causeway

2:15/4:00/6:00pm

Entertainment with
violinist Lawrence/Social
engagement/Facetime
calls

All floors/Rooms



WEDNESDAY 22ND

9:00/11:00am

Social engagement/April
Showers arts & crafts

All floors

2:15pm

Singing for the Brain
Main lounge



THURSDAY 23RD

10:30am

The story of St. George/
Bus tour of Bristol

Rooms/Bristol

1:45/2:15pm

Short trip to local shops/
Entertainment by guitarist
Damien

Downend/All floors

FRIDAY 24TH

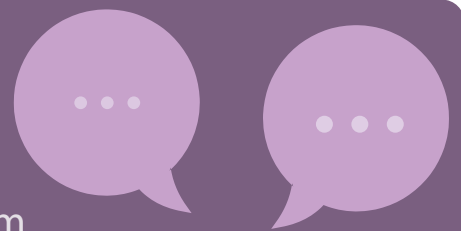
9:00/11:00am

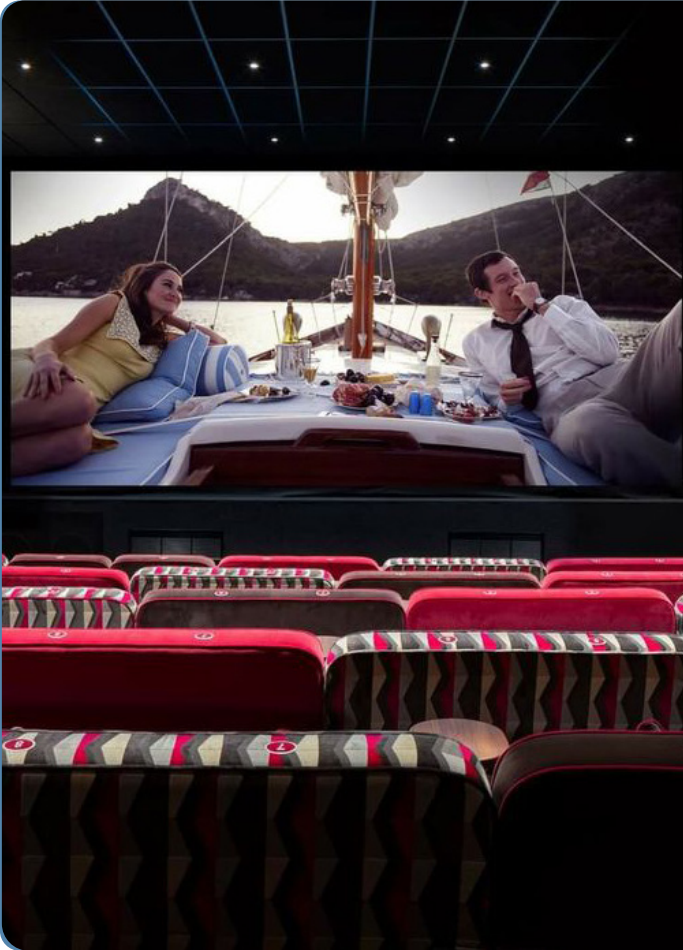
Social Engagement/Visit
from The Bristol MET
school

Rooms/All floors

2:15pm

Shopping Game
Garden lounges





SATURDAY 25TH

10:30am

Pamper session
Rooms

2:15pm

Movie Afternoon
Main lounge



MONDAY 27TH

9:00/11:00am

Wellness weekly
engagement/Variety
session with Louisa

2:15pm

Family fortunes
Main lounge





TUESDAY 28TH

10:30am

Pamper session/Short trip to local cafe

Rooms/Kingswood

1:45/2:15/4:00/6:00pm

Short trip to Page Park/
Pamper sessions/Social engagement/Facetime calls

Staple Hill/Bedside/Lounges/
Rooms

WEDNESDAY 29TH

9:00/11:00am

Social engagement/Art workshop with artist Amy

Rooms/Main lounge

2:15pm

Entertainment by singer Josh

Main lounge



THURSDAY 30TH

10:30/10:45am

Interactive Table/Day
trip to Bath Botanical
Gardens

Garden Lounges/Bath

2:15pm

Entertainment by singing
duo 'Spangles'

Main lounge



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Activity suggestion slip

If you have any ideas for new activities we could offer, please write them below and post the slip in the suggestions box.