

Activities CALENDAR



Beech House

bristolcarehomes.co.uk



FRIDAY 3RD

Easter Egg Hunt

SATURDAY 18TH

Today in History over
coffee

TUESDAY 28TH

Lullaby Circle -
Mother and baby
group



Hello,

dear friends!

Welcome to our April Springtime Calendar.

By now the clocks have moved forward, bringing brighter mornings and longer, lighter evenings. Spring is well underway, and with it comes the sweet sound of birds singing and the cheerful sight of daffodils in bloom. It truly is a lovely time of year.

You may even be opening this booklet on April Fools' Day on the 1st of April—so keep your wits about you in case someone is planning a playful joke... or perhaps you're the one planning the mischief!

This month we also celebrate Easter, which will be reflected in some of the activities we have planned, all inspired by your suggestions and interests.

Later in the month we'll mark St George's Day on the 23rd of April, celebrating Britain and all that makes this country so special.

With the improving weather, our day trips will become more varied, giving us plenty of opportunities to get outdoors and enjoy the fresh spring air. Where would you like to visit this month? Be sure to let a member of staff know so we can happily arrange it for you.

We wish you a lovely month ahead!



Meet the team

Jay - Activities Carer

Hello !

Beech House has been a huge part of my life for as long as I can remember. My mum and my sister both worked for Bristol Care Homes, so you could say I grew up in the family spirit of care. In fact, I first started at Beech House when I was just twelve years old! I did leave for a little while, but honestly, I couldn't stay away. I missed the residents, the staff, and the whole environment too much — it simply felt like home.

I began my journey as a pot wash in the kitchen, then moved on to serving evening meals, before training as a carer and eventually stepping into the role of team leader. There's nothing better than working together as a team, bouncing ideas around and creating moments that make our residents smile. To me, they're not just residents — I always say I've collected a whole bunch of extra grandparents along the way.

At home, life is just as lively. I have three wonderful children, a very patient

husband, two dogs, and two cats — so there's never a quiet moment! In our house, we live by a little saying that keeps the chaos at bay: "Don't put it down, put it away." With all of us being ADHD, this rule saves us from losing things on an hourly basis!

One of my favourite quotes is Einstein's definition of insanity: "Doing the same thing over and over again and expecting different results." It's something that keeps me thinking, learning, and trying new approaches — both at work and at home.

Outside of work, my favourite thing to do is go camping with my family in our VW van. That van has taken us on so many adventures, and it's where we make some of our best memories.

Beech House has shaped so much of who I am, and I often joke that I'll probably still be here when I'm old and grey myself! But truthfully, being part of this team and this community means the world to me.

WEDNESDAY 1ST

11:30am

History of April Fool's Day

Front lounge

2:30pm

Balloon games

Conservatory



THURSDAY 2ND

10:30/11:00am

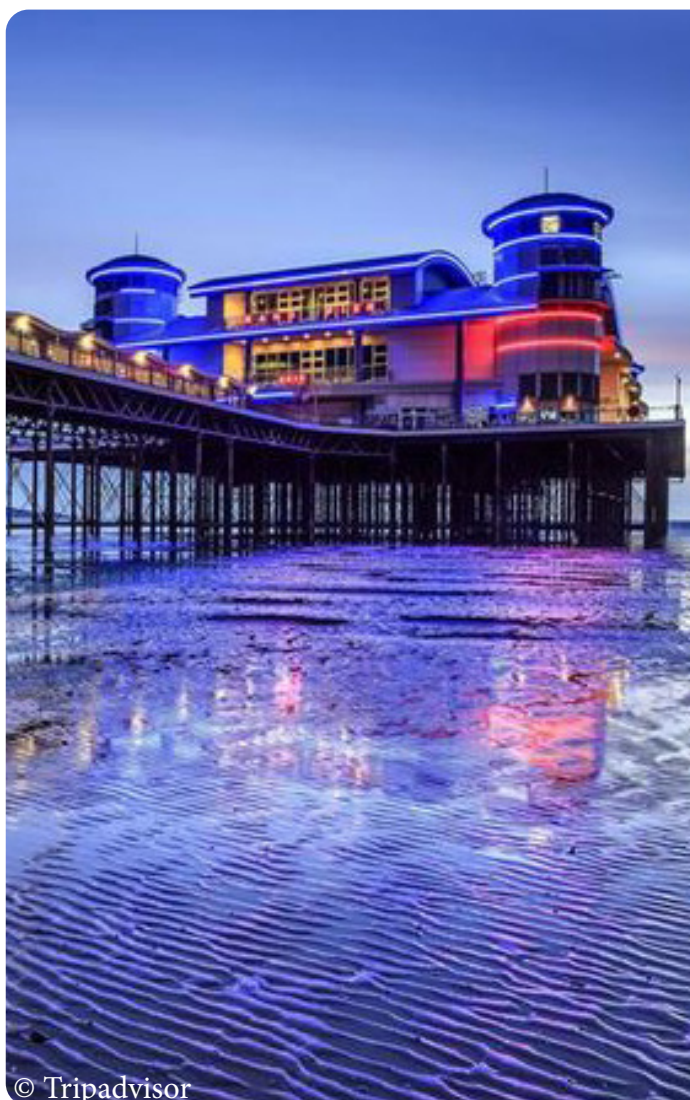
Day trip to Weston-super-Mare/ Gardening club

Weston-super-Mare/
Conservatory

2:30/6:30pm

Word games/Cheese and wine evening

Conservatory/Front lounge



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FRIDAY 3RD

10:15/10:30/11:00am

Walking club/Day trip to Thatchers Cider Brewery/Coffee morning

Local area/Conservatory

2:30pm

Easter Egg Hunt

Around the home



SATURDAY 4TH

11:00am

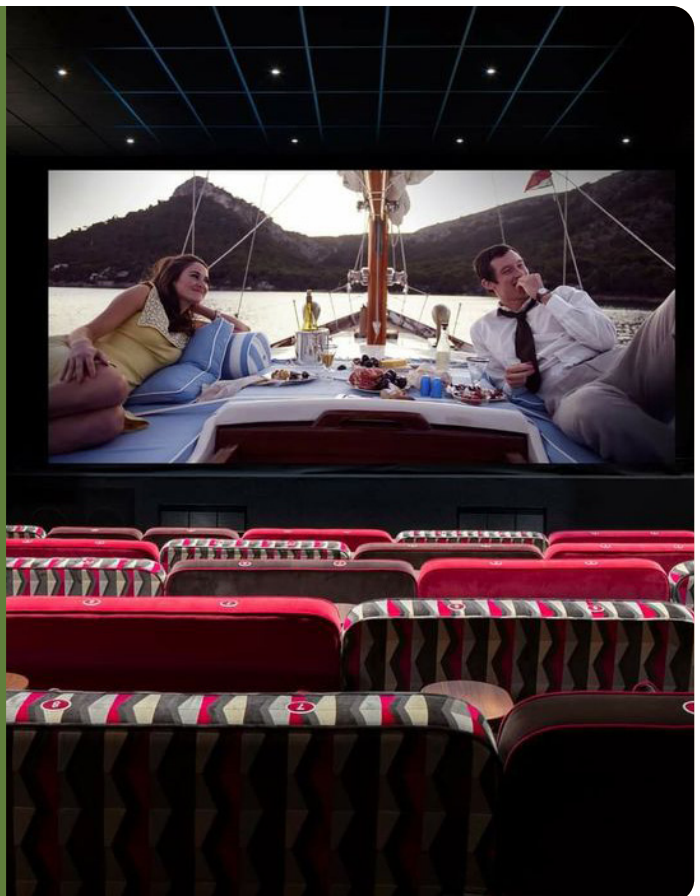
Amazing true stories over coffee

Conservatory

2:30/6:00pm

Churples - Songs from the shows/Movie Night (Easter Parade)

Conservatory





SUNDAY 5TH

11:00am

Songs of Praise

Front lounge

2:30pm

Social engagements

Rooms



MONDAY 6TH

10:15/11:00am

Walking club/Easter chocolate nest baking

Conservatory



2:30pm

Easter themed word games

Conservatory



TUESDAY 7TH

11:00am

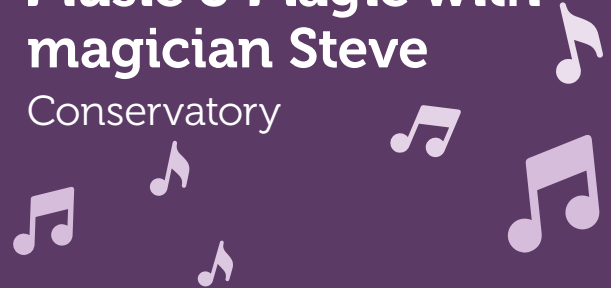
Today in History over coffee

Conservatory

2:30pm

Music & Magic with magician Steve

Conservatory



WEDNESDAY 8TH

11:30am

Keep fit

Conservatory



1:15/12:30/2:30pm

Variety session with Louisa/Picnic in the conservatory/Pamper afternoon

Poplars/Conservatory/
Conservatory



THURSDAY 9TH

10:30/11:00am

Day trip to Bourton on the Water/Coffee morning

Bourton on the Water/
Conservatory

2:30/6:30pm

Entertainment with guitarist Johnny/Skittles & boules

Conservatory/Front lounge

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FRIDAY 10TH

10:15/10:30/11:30am

**Walking club/Day trip to Westonbirt Arboretum/
Movement to music**

Local area/Gloucestershire/
Conservatory

2:30pm

Floor quiz

Conservatory



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SATURDAY 11TH

11:00am

Word games

Conservatory

2:30/6:00pm

Mini concerts/Movie night

Conservatory/Front lounge



SUNDAY 12TH

11:00am

Sunday church service

Front lounge

2:30pm

Movie afternoon

Front lounge



MONDAY 13TH

10:15/11:30am

Walking club/Fun fitness

Local area/Conservatory

2:30pm

Chocolate tasting game

Conservatory

TUESDAY 14TH

11:00am

Amazing true stories over coffee

Conservatory

2:30pm

Our World in Pictures with Claire

Front lounge



WEDNESDAY 15TH

11:00am

Fruit salad bar

Conservatory

2:30pm

Giant snakes & ladders

Front lounge





THURSDAY 16TH

10:00/11:00am

Day trip to Portishead Marina/Word games

Portishead/Conservatory

2:30/6:30pm

Churches together/ Seasonal food presentation

Conservatory/Front lounge

FRIDAY 17TH

10:15/10:30/11:30am

Walking club/Day trip to SS Great Britain/ Fun fitness

Local area/Bristol/
Conservatory

2:30pm

Video quiz

Front lounge



SATURDAY 18TH

11:00am

Today in History over coffee

Conservatory

2:00pm

Saturday matinee

Front lounge



SUNDAY 19TH

11:00am

Songs of Praise

Front lounge

2:30pm

Social engagement

Rooms



MONDAY 20TH

10:15/10:30/11:30am

Walking club/Day trip to Tenpin bowling/ Morning exercises

Local area/Cribbs Causeway/
Conservatory

2:30pm

Entertainment from singer Josh

Conservatory



TUESDAY 21ST

11:00am

Amazing true stories over coffee

Conservatory

2:30pm

Guess the item

Conservatory



WEDNESDAY 22ND

9:30/11:00am

Shop and chat/Fresh juice bar

Rooms/Conservatory

2:30pm

70s silent disco!

Conservatory



THURSDAY 23RD

10:30/11:00am

Day trip to Chew Valley Lake/Coffee morning

Chew Valley/Conservatory

2:30/6:30pm

Entertainment with singer Shannon/ St. Georges Day presentation

Conservatory/Front lounge

FRIDAY 24TH

10:15/10:30/11:30am

Walking club/Day trip to Cotsworld Wildlife Park/Movement to music

Local area/Bradwell Grove/Conservatory

2:30pm

Entertainment with flautist Oli

Conservatory



SATURDAY 25TH

11:00am

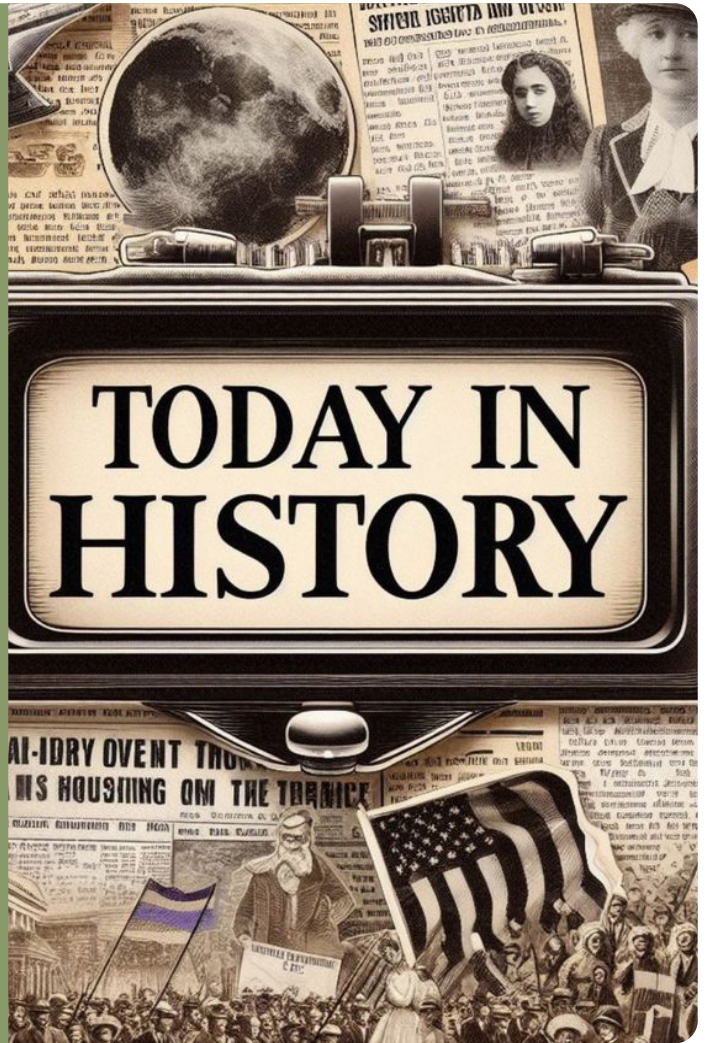
Today in History over coffee

Conservatory

2:30/6:00pm

Video quiz/Evening film

Front lounge



SUNDAY 26TH

11:00am

Sunday Church service

Front lounge

2:30pm

Sunday film with snacks

Front lounge



MONDAY 27TH

10:15/10:30/11:00am

**Walking club/Holistic
Massage therapy with
Tracey/Art workshop
with artist Amy**

Local area/Bedside/
Conservatory

2:30pm

Residents' meeting

Conservatory



TUESDAY 28TH

11:00/11:00am

**Coffee morning/
Lullaby Circle -
Mother and baby
group**

Conservatory/Front lounge

2:30pm

**Thinking music with
Phil**

Conseratory

WEDNESDAY 29TH

11:30am

Keep fit

Conservatory

12:30pm/2:30pm

**Picnic in the
conservatory/Walks
around the garden**

Garden

THURSDAY 30TH

10:30/11:00am

Day trip to Durham Park/Gardening club

Oregan/Conservatory

2:30/6:30pm

Bingo/May day presentation

Conservatory/Front lounge



Activity suggestion slip



If you have any ideas for new activities we could offer, please write them below and post the slip in the suggestions box.
