

Activities CALENDAR



Glebe House

bristolcarehomes.co.uk



WEDNESDAY 4TH

Day trip to Riverside
Garden Centre

WEDNESDAY 11TH

Singing for the Brain

MONDAY 30TH

Day trip to
Thornbury Sailing
club

Hello,

dear friend!



Welcome to our March Activities Calendar!

March is the month of change in the UK – longer days, lighter evenings, and the first real hints of spring. It's a time for fresh starts, outdoor moments (coat still required!), and celebrating nature waking up after winter. You may notice daffodils in full bloom, with tulips just beginning to appear – a beautiful reminder of the changing season.

March is full of special days that bring a splash of fun and tradition. St Patrick's Day on the 17th is a highlight, celebrated with green decorations, music, dancing, and tasty Irish treats. On Sunday, 15 March, we celebrate all the wonderful mothers, past and present – a perfect opportunity for creating beautiful crafts, arranging fresh flowers, or baking cakes.

If you are new here, whether for a short stay or longer, we warmly welcome you and hope you are settling in well. Moving to a new home can be difficult, and we are here to support you and help you feel safe and comfortable.

Remember, we're always happy to hear your suggestions on how we can make your care even better. Just fill out the slip at the back of this booklet – we value your thoughts!

We hope you have a wonderful and enjoyable month!



Meet the team

Natacha - Carer

Hello !

I was born in Vereeniging, South Africa, and moved to the UK in June 2001. What was originally meant to be a short stay of just a few years has turned into nearly twenty-five years of building a life, a career, and a sense of belonging.

I first began in a residential care home, later moving into domiciliary care, the NHS, and even a role as a Weighbridge Administrator in metal recycling. Although each job taught me something valuable, I found myself constantly missing the care environment. I applied to Glebe House. I was delighted – and very grateful – to be offered a position as a Carer.

I'm very much a people person. I enjoy helping others, forming strong connections, and creating meaningful moments.

Nothing makes me happier than knowing I've made even a small difference in someone's day.

Glebe House has a warm, welcoming atmosphere, and it genuinely feels like a wonderful place to work.

One of the parts I enjoy most is listening to residents' life stories and sharing my own experiences. They're often fascinated to hear about South Africa, and those conversations always spark joy and curiosity on both sides.

I'm a compassionate person at heart, and supporting others is something I find deeply rewarding and incredibly important. I'm truly thankful for the opportunity to work at Glebe House and to be part of BCH. The dedication of the team inspires me every day, and

I feel very fortunate to work alongside such committed, caring people. Proud to be part of this amazing team!

SUNDAY 1ST

11:00am

Social engagements

Orchard lounge

2:30pm

Open House activities with Liz

Main lounge



MONDAY 2ND

11:00am

Day trip to Slim Chickens/Walking club

Cribbs Causeway/
Almondsbury

2:30pm

General Quiz with Bev

Main lounge



TUESDAY 3RD

11:00am

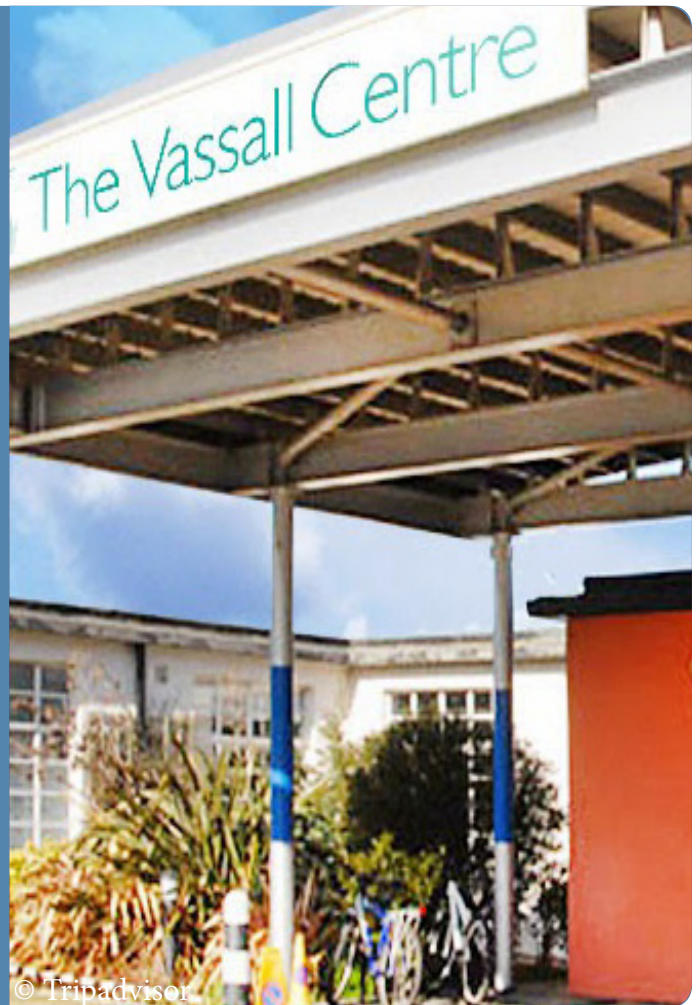
Day trip for Lunch Club at The Vassall Centre/Knit and Natter with Bev

Fishponds/Main lounge

2:30pm

Entertainment with singer Shannon

Main lounge



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WEDNESDAY 4TH

11:00am

Day trip to Riverside Garden Centre/Hair & nails

Southville/Salon

2:30pm

G-fitness with Alex

Main lounge



THURSDAY 5TH

11:00am

Coffee at The Bowl Inn

Almondsbury

2:30pm

Our World in pictures with Claire (Spring is in the air)

Main lounge



FRIDAY 6TH

11:00am

Residents' meeting over coffee

Main lounge

2:30pm

Movie afternoon

Main lounge



SATURDAY 7TH

11:00am

Residents' meeting with Liz

Rooms

2:30pm

Open House activities with Liz

Main lounge



SUNDAY 8TH

11:00am

Social engagements
Rooms

2:30pm

**Church Service with
Lesley & Lynn**
Main lounge



MONDAY 9TH

11:00am

**Art workshop with
artist Amy**
Activities room

2:30pm

**Entertainment with
dancer Lauren from
Flourish Dance**
Main lounge



TUESDAY 10TH

11:00am

**Day trip to Portishead
Marina & High Street/
Mini concert from
Tockington Manor
School**

2:30pm

Arts and crafts

Activities room



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WEDNESDAY 11TH

11:00am

**Day trip to Chepstow
Town Centre/Hair
and nails**

Wales/Salon

2:00pm

Singing for the Brain

Main lounge



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THURSDAY 12TH

11:00am

Coffee at The Bowl Inn

Almondsbury

2:30pm

Guess the song

Orchard



FRIDAY 13TH

11:00am

Coffee morning

Main lounge

2:30pm

Movie afternoon

Main lounge



SATURDAY 14TH

11:00am

Social engagements

Rooms

2:30pm

Open House activities with Liz

Main lounge



SUNDAY 15TH

11:00am

Social engagements

Rooms

2:30pm

Open House activities with Liz

Main lounge

MONDAY 16TH

11:00am

Day trip to Helicopter Museum/Walking club

Almondsbury

2:30pm

Entertainment by harmonacist Busker Dave

Main lounge



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TUESDAY 17TH

11:00am

Day trip to M Shed

Bristol

2:30pm

St. Patrick's Day Celebrations with drinks & nibbles

Orchard



WEDNESDAY 18TH

11:00am

Day trip to The Swan Inn/Seated Tai Chi with Physio Zion

Thornbury/Main Lounge

1:30/2:30pm

Intergenerational Gardening with Alive and Almondsbury Primary School/Day trip to Almondsbury Garden Centre

DinMain lounge



THURSDAY 19TH

11:00am

Coffee at The Bowl Inn

Almondsbury

2:30pm

Entertainment with guitarist Johnny

Main lounge

FRIDAY 20TH

11:00am

Lullaby Circle - Mother and baby group

Main lounge

2:30pm

Movie afternoon

Main lounge



SATURDAY 21ST

11:00am

Hand Massage

Rooms

2:30pm

Bingo Fun

Main lounge

16

54

22

03



SUNDAY 22ND

11:00am

Foot spa
Orchard

2:30pm

Church Service with Hannah
Main lounge



MONDAY 23RD

11:00am

Walking club
Almondsbury

2:30pm

Quiz Fun
Main lounge



TUESDAY 24TH

11:00am

Day trip to Willow Brook Shopping Centre/Mini Concert performance by kids from Tockington Manor School

Main lounge

2:30pm

Entertainment with pianist Katie

Main lounge



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WEDNESDAY 25TH

11:00am

Day trip for Tenpin Bowling/Trampoline session with Physio Zion

Main lounge

2:30pm

Thinking music with Phil

Main lounge

THURSDAY 26TH

11:00am

Coffee at The Bowl Inn

Almondsbury

2:30pm

Flower arranging

Activities room



FRIDAY 27TH

11:00am

Coffee morning

Main lounge

2:30pm

Wildlife documentary

Main lounge



SATURDAY 28TH

11:00am

Comfort and company

Rooms

2:30pm

Design your fairy cakes

Dining room



SUNDAY 29TH

11:00am

Church service live-stream

Main lounge

2:30pm

Open House activities with Liz

Main lounge



MONDAY 30TH

11:00am

Day trip to Thornbury Sailing club/walking Club

Thornbury/Almondsbury

2:30pm

Play your cards right

Main lounge



TUESDAY 31ST

11:00am

Day trip to Highfields Garden Centre/ Comfort and company

Gloucester/Rooms

2:30pm

Toddler Group

St. Mary's church



Activity suggestion slip



If you have any ideas for **new activities** we could offer, please write them below and post the slip in the suggestions box.
