

Activities CALENDAR



Field House

bristolcarehomes.co.uk



FRIDAY 6TH

Day trip to Cadbury
Garden Centre

MONDAY 16TH

Making shamrock
bunting

THURSDAY 26TH

Bedside
Entertainment with
Violinist Laurence

Hello,
dear friend!



Welcome to our March Activities Calendar!

March is the month of change in the UK – longer days, lighter evenings, and the first real hints of spring. It's a time for fresh starts, outdoor moments (coat still required!), and celebrating nature waking up after winter. You may notice daffodils in full bloom, with tulips just beginning to appear – a beautiful reminder of the changing season.

March is full of special days that bring a splash of fun and tradition. St Patrick's Day on the 17th is a highlight, celebrated with green decorations, music, dancing, and tasty Irish treats. On Sunday, 15 March, we celebrate all the wonderful mothers, past and present – a perfect opportunity for creating beautiful crafts, arranging fresh flowers, or baking cakes.

If you are new here, whether for a short stay or longer, we warmly welcome you and hope you are settling in well. Moving to a new home can be difficult, and we are here to support you and help you feel safe and comfortable.

Remember, we're always happy to hear your suggestions on how we can make your care even better. Just fill out the slip at the back of this booklet – we value your thoughts!

We hope you have a wonderful and enjoyable month!



Meet the team

Jaz - Domestic Assistant

Hello !

I was born and raised in Bristol, and it's the place that shaped the caring and family focused person I am today. Before joining Field House, I spent 15 wonderfully rewarding years working as an Early Years Practitioner with children aged two to five. After having my own four children, my life naturally took a new direction, and I later went on to support the NHS during the Covid period.

My sister previously worked at Field House and always spoke so highly of the home, the residents, and the supportive atmosphere. Her encouragement inspired me to take the leap and apply. Joining Field House felt like the perfect next chapter, allowing me to continue offering warmth, comfort, and empathy, but in a completely new and meaningful way.

One of the things I treasure most about my role is the communication and heartfelt connections I've built with our residents.

In March, I'll be celebrating my first year with Field House, and I'm incredibly proud of the small but important part I play – ensuring our residents' rooms are clean, tidy, and welcoming so they can feel comfortable and cared for in their home.

For me, the most rewarding part of my job is simply being there for the residents – listening to them, sharing moments of laughter or comfort, and doing whatever I can to help them feel happy and supported.

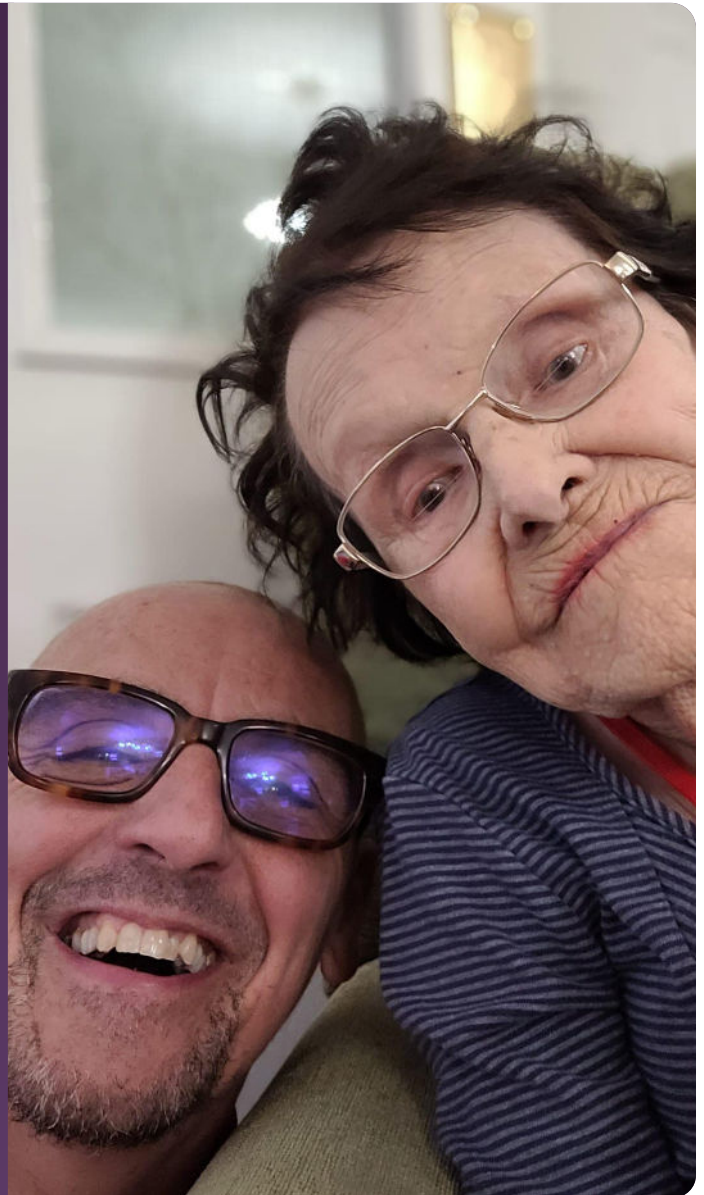
I'm very happy working at Field House. The managers are incredibly supportive, the team works together brilliantly, and there's a real sense of community.

SUNDAY 1ST

11:00am

Day trip with Jeremy

Residents' choice



MONDAY 2ND

10:30am

Holistic massage therapy with Tracey

Rooms



TUESDAY 3RD

11:00am

Residents' Meeting
Rooms

2:00pm

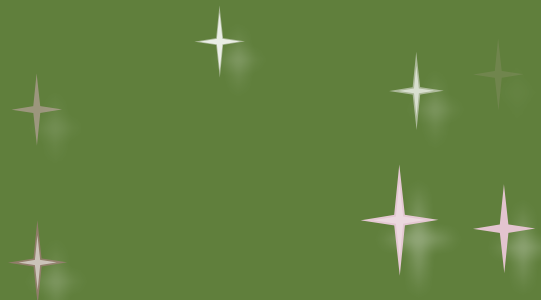
**Residents' Meeting -
Group**
Dining room



WEDNESDAY 4TH

11:00am

**Day trip for Tenpin
bowling**
Cribbs Causeway



THURSDAY 5TH

11:00am

**Bedside
entertainment with
guitarist Damien
Rooms**

2:00pm

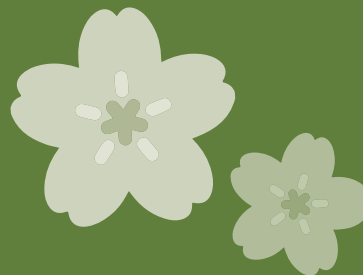
**Entertainment
with singer John
Pendlington**
Residents' Lounge



FRIDAY 6TH

11:00am

**Day trip to Cadbury
Garden Centre**
Congresbury



SATURDAY 7TH

11:00am

Shop Trolley on wheels

Rooms

2:00pm

Social Interactions

Rooms



MONDAY 9TH

10:30am

Walking club

Courtyard garden

2:00pm

Spring Planting Activity

Dining room



TUESDAY 10TH

11:00am

Variety bedside entertainment with Louisa

Rooms

2:00pm

Variety session with Louisa - Alive activities

Rooms



WEDNESDAY 11TH

11:00am

Short trip to Local café Horfield

2:00pm

Art session with artist Amy

Rooms





THURSDAY 12TH

11:00am

Our World in Pictures with Claire

Main Lounge

2:00pm

Entertainment with singer duo Tracey & John

Main lounge



FRIDAY 13TH

11:00am

Day trip to Bristol Aerospace Museum

Cribbs Causeway





SUNDAY 15TH

11:00am

Day trip with Jeremy

Residents' choice



MONDAY 16TH

10:30am

Making shamrock bunting

Rooms

2:00pm

Creative Colouring: Leprechaun

Main lounge





TUESDAY 17TH

10:30am

**Lullaby circle -
Mother and baby
group**

Main lounge

2:00pm

**Pancake afternoon &
activities**

Main lounge



WEDNESDAY 18TH

11:00am

**Bedside
entertainment with
singer Shannon**

Resident's Rooms

2:00pm

Walking club

Courtyard garden



THURSDAY 19TH

10:30am

Social engagement- 5 Things About Me

Resident's Rooms

2:00pm

Entertainment with pianist Kate

Resident's Lounge

FRIDAY 20TH

11:00am

Day trip to Local pub

Thornbury



SATURDAY 21ST

11:00am

Residents' Poetry Reading: Their Own and Famous Poets

Resident's Rooms

2:00pm

Oomph-on-demand: Poems and Questions

Resident's dining room





MONDAY 23RD

10:30am

Walking club

Courtyard garden

2:00pm

G-fitness with Gabby

Resident's Lounge



TUESDAY 24TH

10:30am

Holistic Massage therapy with Tracey

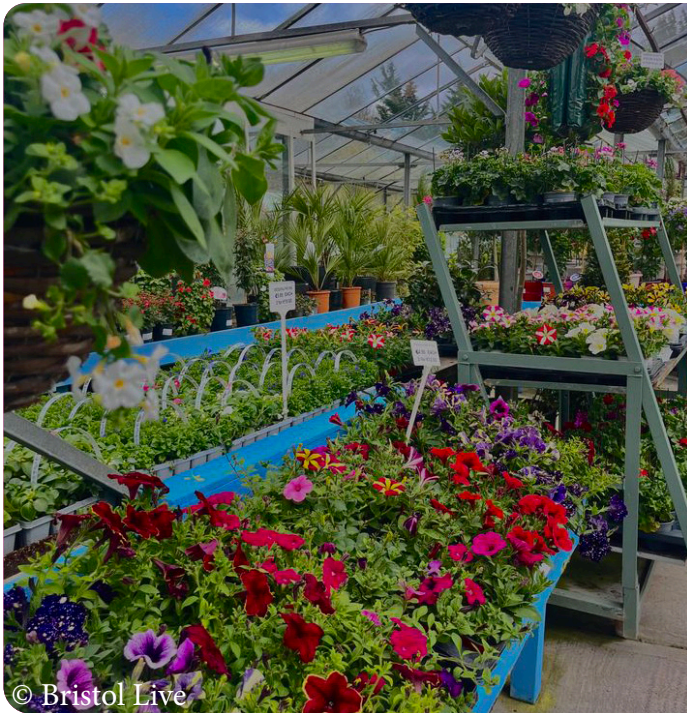
Resident's Rooms

2:00pm

Entertainment with guitarist Damien

Resident's Lounge





WEDNESDAY 25TH

11:00am

**Day trip to Local
garden centre**
Almondsbury



THURSDAY 26TH

11:00am

**Bedside Entertainment
with Violinist
Laurence**
Resident's Rooms

2:00pm

**Entertainment with
pianist Anton**
Main lounge





FRIDAY 27TH

11:00am

Day trip to The Mall
Cribbs Causeway

SUNDAY 29TH

11:00am

Day trip with Jeremy
Resident's choice



MONDAY 30TH

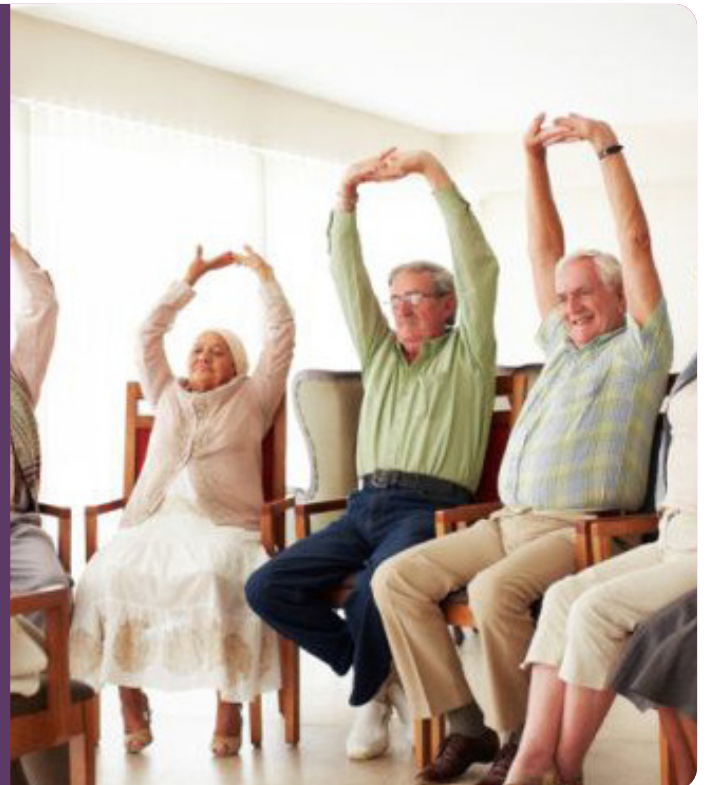
10:30am

Social Interactions
Rooms

2:00pm

**Exercise &
movement with
Tracey**

Main lounge





TUESDAY 31ST

10:30am

Walking club

Courtyard garden

2:00pm

Shop Trolley on wheels

Rooms



Activity suggestion slip

If you have any ideas for **new activities** we could offer, please write them below and post the slip in the suggestions box.