

Activities CALENDAR



Beech House

bristolcarehomes.co.uk



THURSDAY 5TH

Day trip to Cabot
Circus

TUESDAY 17TH

St. Patricks' Day
Celebrations

FRIDAY 27TH

Entertainment by
Umbrella Music
Company



Hello,
dear friend!

Welcome to our March Activities Calendar!

March is the month of change in the UK – longer days, lighter evenings, and the first real hints of spring. It's a time for fresh starts, outdoor moments (coat still required!), and celebrating nature waking up after winter. You may notice daffodils in full bloom, with tulips just beginning to appear – a beautiful reminder of the changing season.

March is full of special days that bring a splash of fun and tradition. St Patrick's Day on the 17th is a highlight, celebrated with green decorations, music, dancing, and tasty Irish treats. On Sunday, 15 March, we celebrate all the wonderful mothers, past and present – a perfect opportunity for creating beautiful crafts, arranging fresh flowers, or baking cakes.

If you are new here, whether for a short stay or longer, we warmly welcome you and hope you are settling in well. Moving to a new home can be difficult, and we are here to support you and help you feel safe and comfortable.

Remember, we're always happy to hear your suggestions on how we can make your care even better. Just fill out the slip at the back of this booklet – we value your thoughts!

We hope you have a wonderful and enjoyable month!



Meet the team

Rodica - Laundry Assistant

Hello !

I've been living in the UK for almost 19 years now. I originally came over on a chef's visa, and today I'm proud to call England my home. My husband also lives here and works as a tailor in Thornbury, while our son is currently studying at university.

I've been part of Bristol Care Home for 12 years, and I absolutely love what I do. Working in the laundry department might seem simple to some, but for me, it's deeply rewarding.

In Romania, I spent 10 years as a tailor for luxury brands like Armani, Versace and others, so I've always had an eye for detail and a passion for quality. Now, I take pride in ensuring everything is fresh, clean, and perfect for our residents daily life comforts.

One of the things I enjoy most about my job is speaking with our elderly residents. They have so much wisdom and life experience to share, and those conversations truly brighten my day. Spending time with them makes me feel connected and fulfilled.

Outside of work, I have a range of hobbies that keep me busy and happy. I love going on holidays, sewing, knitting, cooking, baking, and reading. These activities give me a sense of creativity and relaxation.

Bristol Care Home is an amazing place to work. The management team is approachable and genuinely cares about both employees and residents. I feel valued here, and I'm delighted that my work makes a real difference every single day.

SUNDAY 1ST

11:00am

Church service live-stream with coffee

Front lounge

2:30pm

Video Quiz

Front lounge



MONDAY 2ND

10:15/11:00am

Walking club/ Museums to You

Local area/Front lounge

2:30pm

Game of crisp tasting

Conservatory



TUESDAY 3RD

11:00am

Coffee morning

Conservatory

2:30pm

Movie with Snacks

Front lounge



WEDNESDAY 4TH

10:00/11:30am

Bedside entertainment with Louisa/Body fit

Rooms/Conservatory

1:15pm/2:30pm

Variety session with Louisa/Pamper session activity

Poplars/Conservatory



THURSDAY 5TH

10:30/11:00am

Day trip to Cabot Circus/Cookie baking and tasting

Bristol/Conservatory

2:30/6:30pm

Entertainment with singer Andy T/Poetry & nibbles

Conservatory/Front lounge

FRIDAY 6TH

10:15/10:30/11:30am

Walking club/Day trip to Oakham Treasures/Morning exercises

Local area/Bristol/

16

54

2:30pm

Bingo Fun

Conservatory

22

03



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SATURDAY 7TH

11:00am

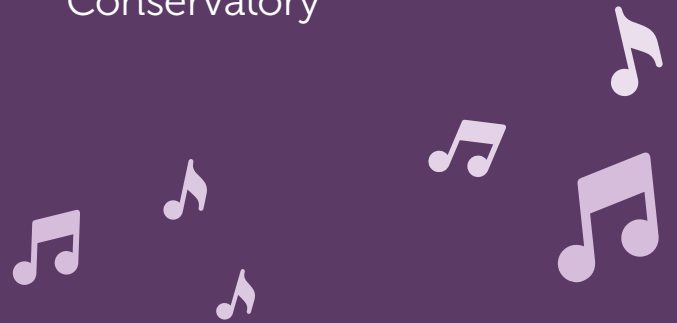
Amazing true stories over coffee

Conservatory

2:30pm

Mini concerts

Conservatory



SUNDAY 8TH

11:00am

Songs of Praise with coffee

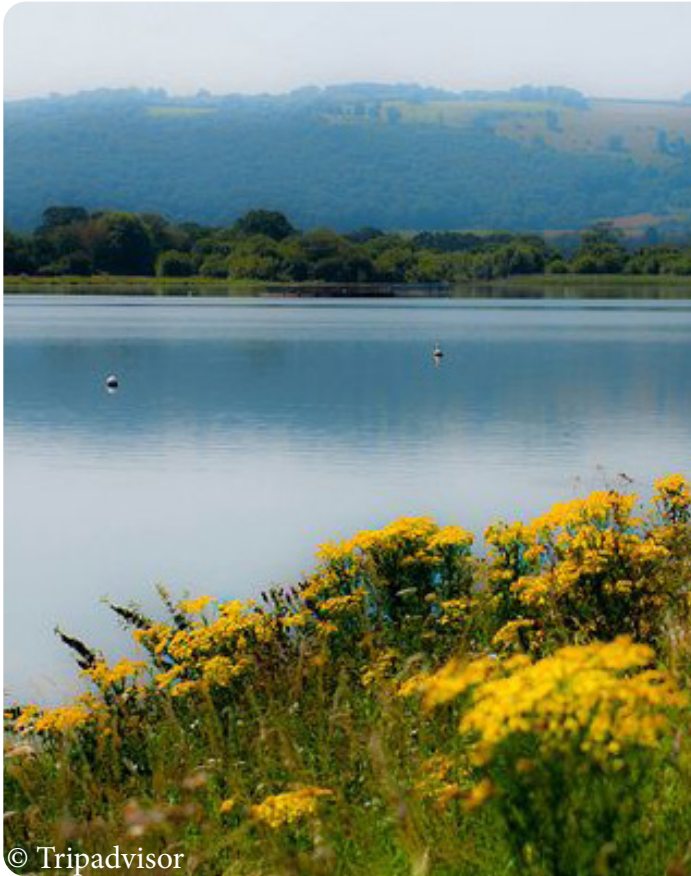
Front lounge

2:30pm

Social engagements

Rooms





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MONDAY 9TH

9:30/10:30/10:15/11:30am

Shop & chat/Day trip to Chew Valley/Walking club/Morning stretch

Rooms/Local area/
Conservatory

2:30pm

Art workshop with artist Amy

Conservatory



TUESDAY 10TH

11:00am

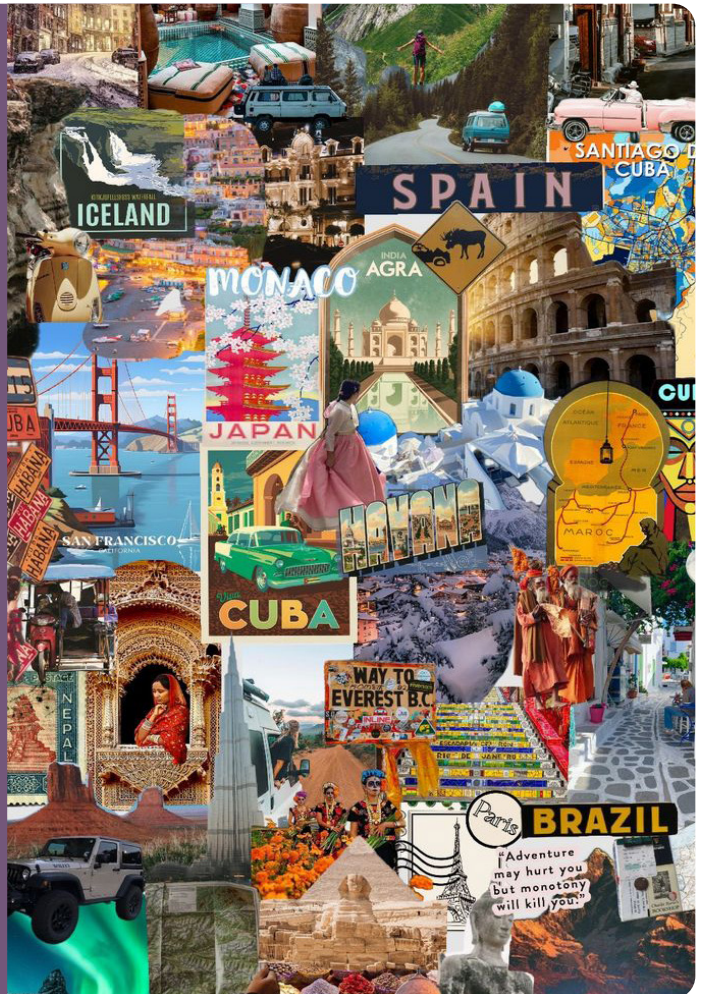
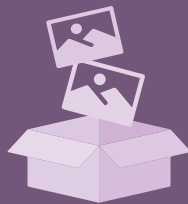
Celebrity lucky dip over coffee

Conservatory

2:30pm

Our World in Pictures with Claire

Front lounge



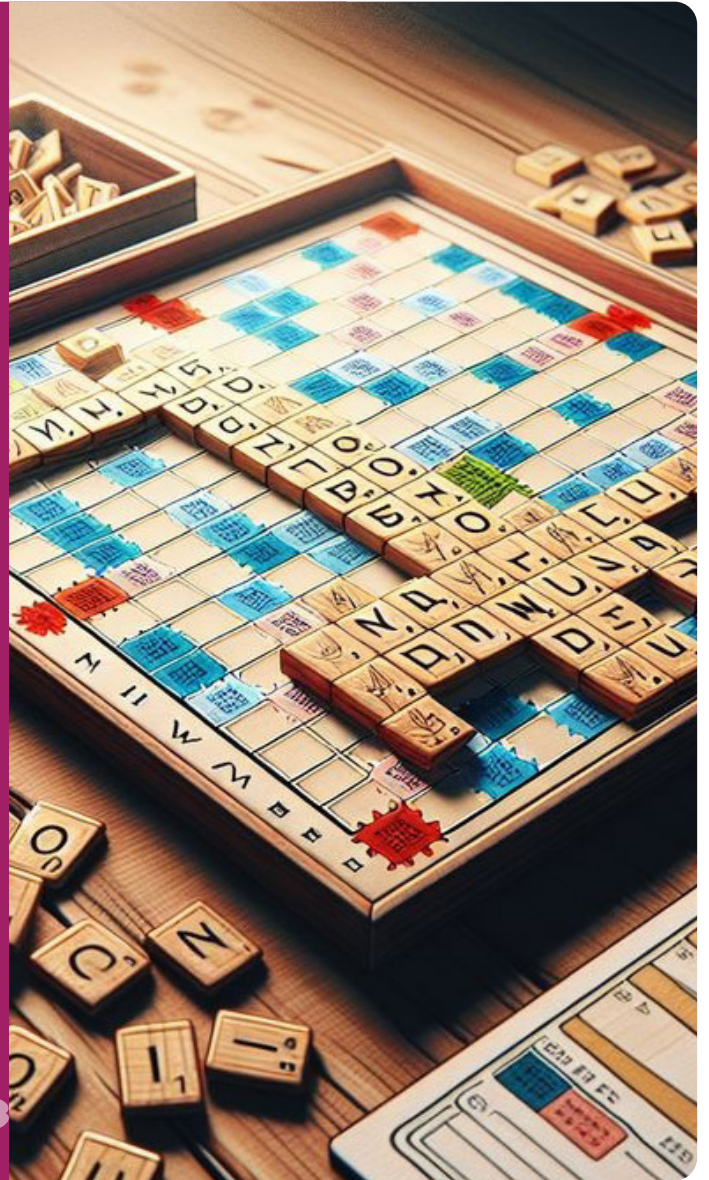
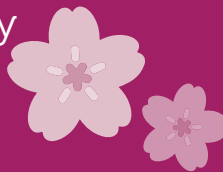
WEDNESDAY 11TH

11:00/11:00am

**Bedside
entertainment with
Louisa/Variety
session with Louisa**
Rooms/Conservatory

1:15/2:30pm

**Variety session with
Louisa/Word games**
Poplars/conservatory



THURSDAY 12TH

11:00am

Gardening club
Garden

2:30pm

Movie afternoon
Front lounge



FRIDAY 13TH

10:30/10:30/11:30am

**Bedside
entertainment with
Louisa/Day trip
to Yate Shopping
Centre/Movement to
music**

Rooms/Conservatory

2:00pm

**Entertainment with
guitarist Justin** 

Conservatory 



SATURDAY 14TH

11:00am

Coffee morning

Conservatory

2:30pm

Movie afternoon

Front lounge 

MONDAY 16TH

10:15/11:30am

Walking club/Keep fit

Local area/Front lounge

2:30pm

**Thinking music with
Phil** 

Front lounge   

TUESDAY 17TH

11:30am

Keep fit

Front lounge

2:30pm

St. Patricks' Day Celebrations

Conservatory



WEDNESDAY 18TH

10:30/11:00am

Bedside entertainment with Louisa/Coffee morning

Rooms/Conservatory

1:15/2:30pm

Variety session with Louisa/Floor games

Poplars/Front lounge

THURSDAY 19TH

10:30/11:00am

Day trip to Weston-super-Mare/National Let Laugh Day Celebrations over coffee

Conservatory

2:30pm/6:30pm

Churches together/Skittles & boules

Conservatory/Front lounge



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FRIDAY 20TH

10:30/11:00am

Day trip to Bristol Botanical Garden/ Red Nose Day with coffee morning

Bristol/Conservatory

2:30pm

Name that Tune

Conservatory/Front lounge



SATURDAY 21ST

11:00am

Coffee morning with Poetry

Conservatory

2:30pm

Saturday matinee

Front lounge



SUNDAY 22ND

11:00am

Songs of Praise over coffee

Front lounge

2:30pm

Social engagements

Rooms



MONDAY 23RD

9:30/10:15/10:30/11:30am

**Shop and chat/
Walking club/Holistic
massage therapy
with Tracey/Morning
stretch**

Rooms/Local area/Rooms/
Conservatory

2:30pm

Desert Island Discs

Conservatory



TUESDAY 24TH

11:00/11:00am

**Coffee morning/
Lullaby Circle -
Mother and baby
group**

Conservatory/Front lounge

2:30pm

**Chocolate tasting
game**

Conservatory



WEDNESDAY 25TH

11:00am

Variety session with Louisa
Conservatory

1:15/2:30pm

Variety session with Louisa/Pamper session activity
Poplars/Conservatory



THURSDAY 26TH

10:30/11:00am

Day trip to SS Great Britain/Spring flower arranging
Bristol/Conservatory

2:30/6:30pm

Entertainment with guitarist Damien/ Seasonal food tasting
Conservatory/Front lounge



FRIDAY 27TH

10:15/10:30/11:30am

Walking club/Bedside entertainment with Louisa/Morning stretch

Local area/Rooms/
Conservatory

2:30pm

Entertainment by Umbrella Music Company
Conservatory

SATURDAY 28TH

11:00am

Coffee morning
Conservatory

2:30pm

Entertainment by Panache steel band
Conservatory



SUNDAY 29TH

11:00am

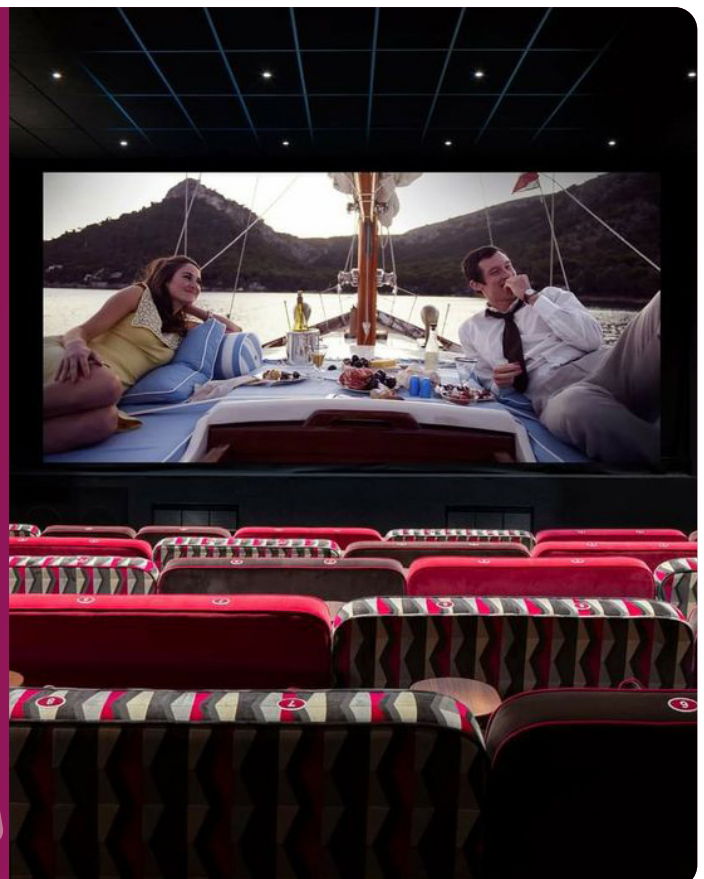
Church service live-stream with coffee

Front lounge

2:30pm

Movie & snacks

Front lounge



MONDAY 30TH

10:15/11:30am

Walking club/Fun fitness

Local area/Conservatory

2:30pm

Residents' meeting

Conservatory



TUESDAY 31ST

11:00am

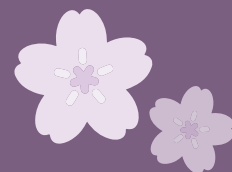
Coffee morning

Conservatory

2:30pm

Creature cuddles

Conservatory



Activity suggestion slip

If you have any ideas for new activities we could offer, please write them below and post the slip in the suggestions box.