

Activities CALENDAR



Quarry House

bristolcarehomes.co.uk



THURSDAY 5TH

Day trip to Willow Brook
Centre

FRIDAY 13TH

The History of Radio and
Episodes of The Archers

FRIDAY 27TH

Entertainment with
singing duo - It Takes
Two

Hello, dear friend!



Welcome to our February Activities Calendar!

We hope the year has started well for you! February is a month that truly celebrates love, warmth, and togetherness—with Valentine's Day just around the corner. It's a wonderful opportunity to remind ourselves of the importance of connection, whether with family, friends, or within our community.

But Valentine's Day isn't the only highlight! We're also excited to embrace other special occasions such as Pancake Day and Chinese New Year, which bring their own unique traditions and flavours. These celebrations have been thoughtfully woven into this month's activities, ensuring that there's something for everyone to enjoy—whether it's indulging in delicious pancakes, learning about cultural customs, or simply sharing joyful moments with others.

Across our homes, many residents have been sharing their hopes and wishes for the year ahead. It's inspiring to hear their aspirations, and it makes us wonder—have you taken a moment to think about one thing you'd like to achieve this year? Whether it's a personal goal, a new hobby, or simply spending more time with loved ones, we're here to support you every step of the way.

And don't forget the exciting day trips planned for this month! These outings have been inspired by residents' suggestions and are designed to create memorable experiences out in the community. From scenic walks to cultural visits, we hope these trips bring plenty of laughter, joy, and cherished moments for everyone involved.

**Wishing you a wonderful month filled with
laughter, connection, and memorable moments!**



Meet the team

Joseph - Senior Carer

Hello !

I am originally from Nigeria and Quarry House has been my second home since 2022. I first joined as a Care Assistant, and through dedication, hard work, and a passion for supporting others, I progressed into my current role as a Senior Carer.

Before relocating to the UK, I completed my first degree and worked in the oil and gas business. Although it was a successful career path, I always felt a strong desire to do something more meaningful—something that allowed me to directly support people in need.

I come from a Catholic background, and back home I was actively involved in humanitarian work through my church. Once a month, we would go into local communities to assist vulnerable people, offering support and care wherever we could. Those experiences stayed close to my heart and played an important role in shaping my decision to pursue a career in care.

I am blessed with a wonderful family—my wife and our five children: four girls and one boy. Three of our daughters are in secondary school, while the younger two are still in primary. They are my pride and joy, and they inspire me every day.

In my day-to-day role at Quarry House, I take great pleasure in working closely with our residents. I ensure their needs are met, that they feel valued, and that they receive the highest standard of care. I also support my colleagues, offering guidance and assistance whenever needed.

Outside of work, I enjoy watching football and cooking. These hobbies help me unwind and stay connected to the things I love.

I truly appreciate the supportive atmosphere here. My colleagues and the management team are always ready to help, and that sense of teamwork makes Quarry House a place I am excited to come to every single day.

MONDAY 2ND

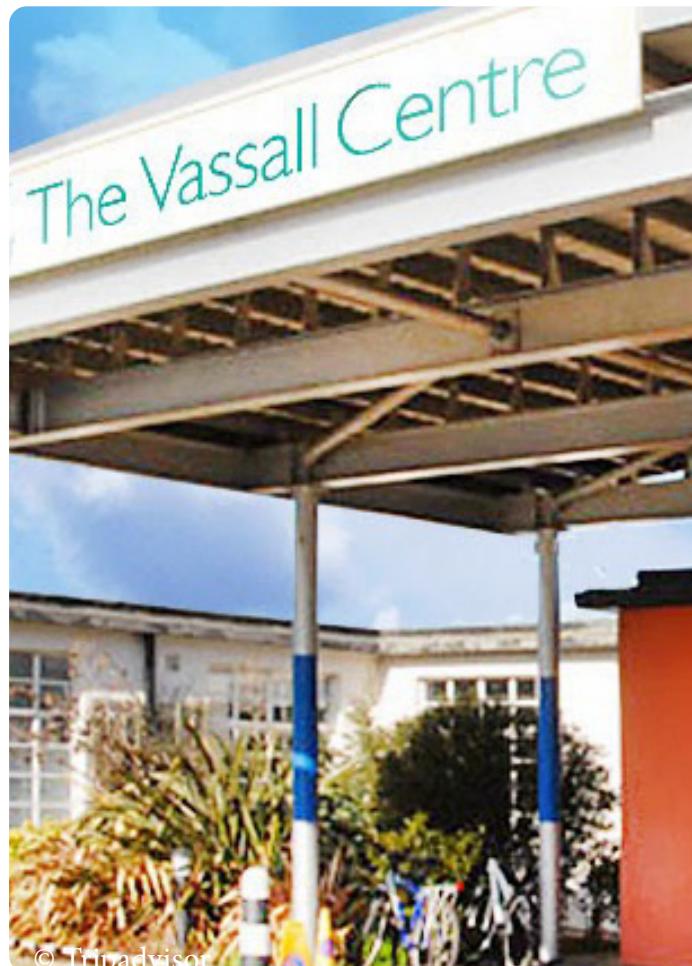
9:00am/10:30am

Social Engagements/
Bedside entertainment
with Louisa

Rooms

2:00pm

Yorkshire Pudding
trolley
All floors



© Tripadvisor

TUESDAY 3RD

11:00am

G-fitness with Alex/Day
trip for Lunch Club at
The Vassals Centre
Garden lounge/Bristol

1:45/2:15/4:00/6:00pm

Short trip to local Cafe/
Sing-a-long/Proverbs &
Sayings/Facetime Calls
Fishpounds/Ocean lounge



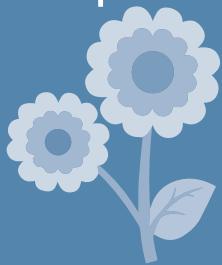
WEDNESDAY 4TH

9:00am/10:45am

Personalised activities/
Flower Arranging
Rooms/Garden lounge

1:45pm

Choir & prayer Group
Main lounge



© Bristol Live

THURSDAY 5TH

10:45am/11:00am

Day trip to Willow Brook
Centre/Arts & Crafts -
Heart making
Bradley Stoke/Main lounge

2:15pm

Entertainment with
singer Shannon
Main lounge



FRIDAY 6TH

9:00am/11:00am

Meaningful moments/
Drumming Circle/Visit
from the Bristol Met
School

Rooms/Main lounge/All floors

2:00pm

Residents' surveys

All floors



© Tripadvisor

SATURDAY 7TH

10:00am

Social engagements/
Reminiscing session

Rooms

2:15pm

Entertainment with
singer Rebecca

Main lounge



MONDAY 9TH

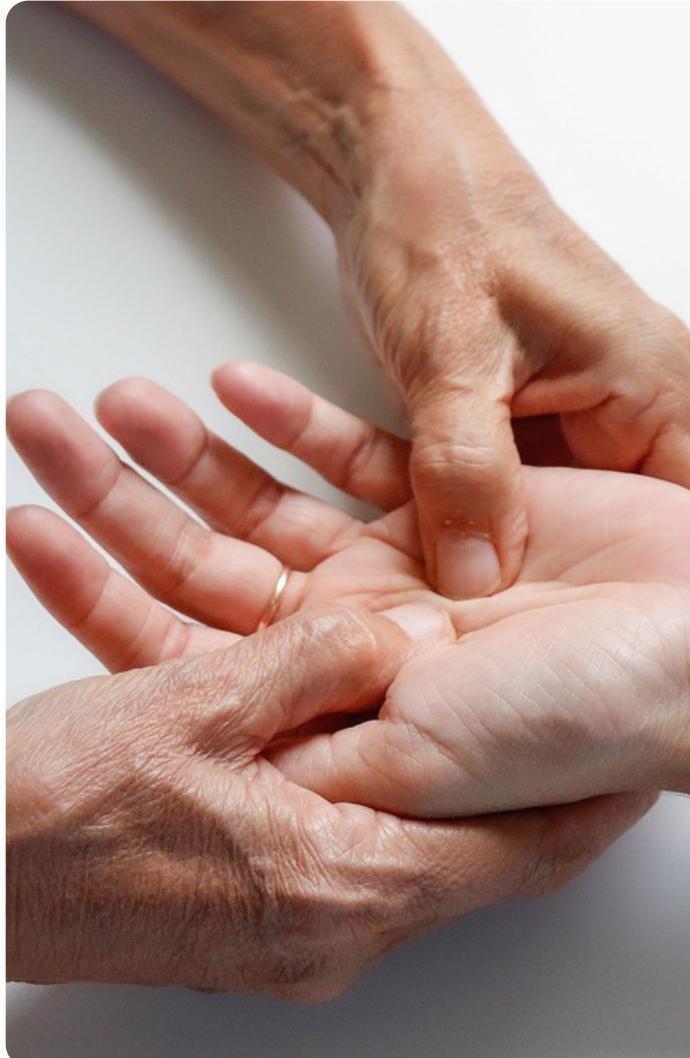
9:00am/10:30am

Personalised activities/
Chocolate quiz with
coffee morning

Rooms/Main lounge

2:15pm

Ballroom Dancers
Main lounge



TUESDAY 10TH

10:00am/11:00am

Wellness Weekly
magazine/Visit to St
Joseph's Pre-school/
Holistic massage therapy
with Tracey

All floors/Speedwell/Rooms

1:45/2:15/4:00/6:00pm

Short visit to local Shops/
Fun Games/Wellness
weekly chat/Facetime calls
Downend/Sky floor/Rooms



WEDNESDAY 11TH

9:00am/11:00am

Social interactions/Art workshop with Amy

All floors/Main lounge

2:15pm

Entertainment with
musician Johnny Smyth
Main lounge



THURSDAY 12TH

10:30am

Day trip to M Shed/
Music and Movement
Bristol/Garden & Meadow lounge

2:15pm

Music and Movement
Ocean & sky lounge



© Tripadvisor

FRIDAY 13TH

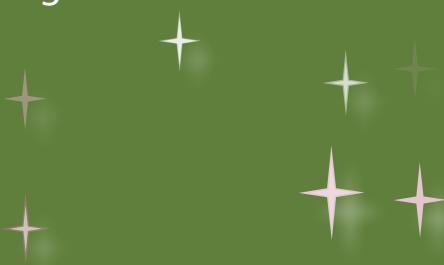
9:00am/11:00am

Personalised activities/
Visit from the Bristol
Met School

All floors

2:15pm

The History of Radio and
Episodes of The Archers
Main lounge



SATURDAY 14TH

10:30am

Valentines arts & crafts
All floors

2:15pm

Entertainment by
singer Claire
Main lounge



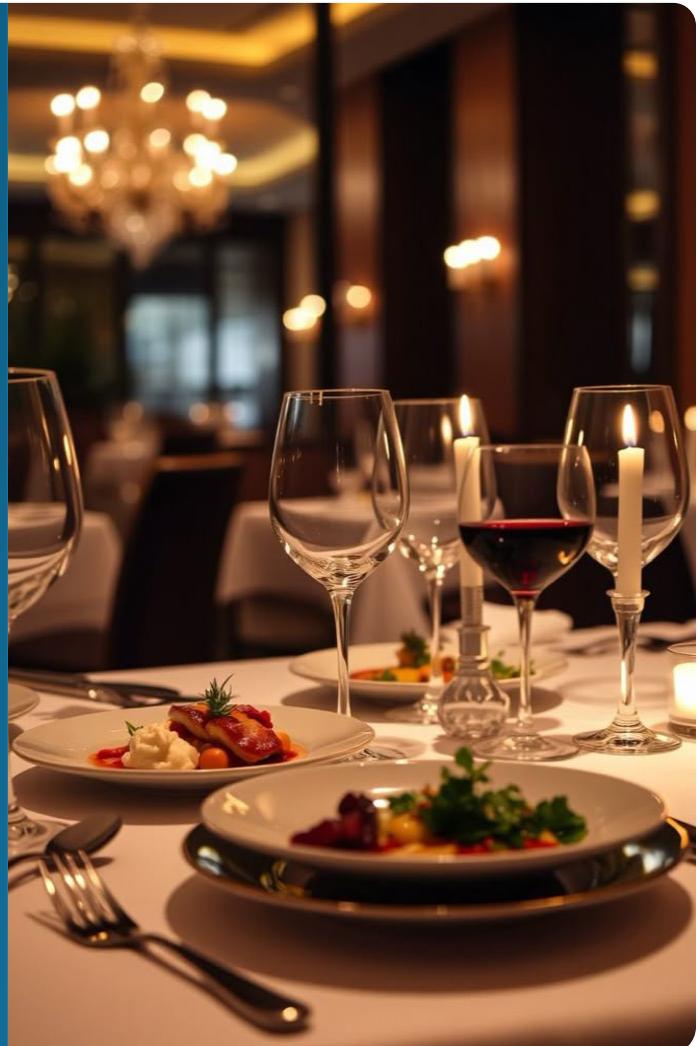
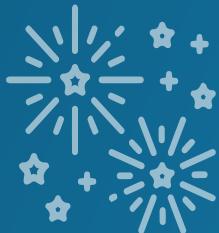
MONDAY 16TH

9:00am/11:30am

**Social Engagements/A
Fine Dining Experience**
All Floors/Main Lounge

2:30pm

Activities Preparation
Main lounge



TUESDAY 17TH

10:45am/11:00am

**Short visit to local
Oriental Supermarket/
Pancakes Trolley**
Eastgate/All floors



1:45/2:15/4:00/6:00pm

**Short visit to Local
shops/Chinese New
Year Celebrations/Social
Engagements/Facetime
Calls**
Fishponds/Main lounge/Rooms

WEDNESDAY 18TH

9:00am/10:30am

Social engagements/Play
your cards right

Rooms

2:15pm

Entertainment with
violinist Lawrence/
Residents' & Relatives'
meeting

Rooms/Main lounge



THURSDAY 19TH

10:30am/10:45am

Seated exercise/
Country Pub Lunch
with scenic drive

Garden floor/Bristol

2:15pm

Bedside entertainment
with guitarist Damien
Rooms





FRIDAY 20TH

9:00am/10:30am

**Personalised Activities/
Picture surveys
Rooms**

2:15pm

**Creature Cuddles/
Entertainment with singer
josh**

Rooms/Main lounge



MONDAY 23RD

09:00am/10:00am

**Wellness Weekly
magazine/Social
engagements**

All floors



2:15pm

**Entertainment with
singer Mike Nash
Main lounge**



TUESDAY 24TH

10:45am/11:00am

Short trip to Page Park/
Residents' surveys
Staple Hill/Rooms



1:45/2:15/4:00/6:00pm

Short trip to Local Shops/
Our World in Pictures
with Claire/Social
engagements/Facetime
calls
Downend/Main lounge/Bedrooms



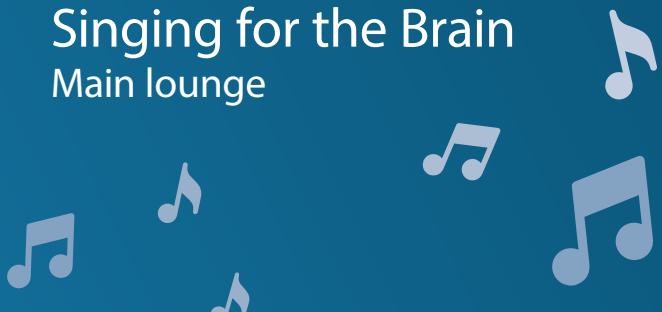
WEDNESDAY 25TH

9:00am/10:30am

Social engagements/
Oomph on Demand
Rooms

1:30pm

Singing for the Brain
Main lounge



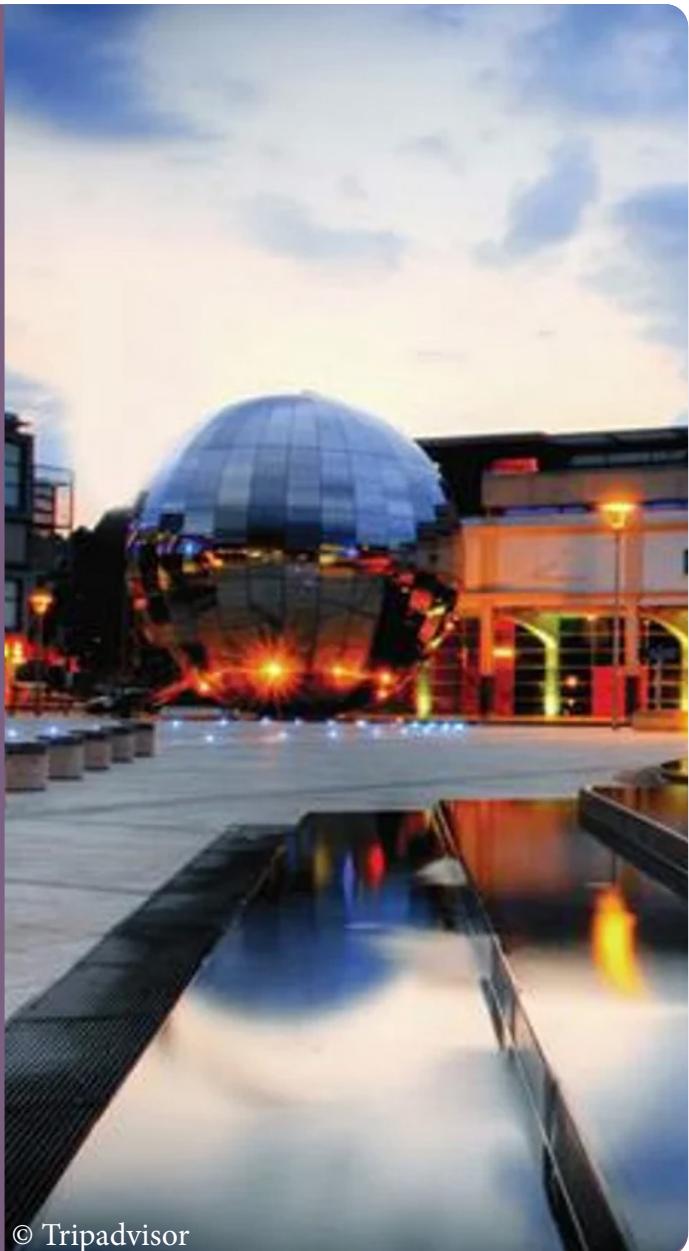
THURSDAY 26TH

10:45am/11:00am

Day trip to 'We the curious' science centre/
Holistic massage therapy with Tracy
Bristol/Bedrooms

2:15pm

Entertainment with
Singers Tracy & John
Main lounge



© Tripadvisor

FRIDAY 27TH

9:00am/11:00am

Personalised activities/
Visit from the Bristol Met
School
All floors

2:15pm

Entertainment with
singing duo - It Takes
Two
Main lounge



SATURDAY 28TH

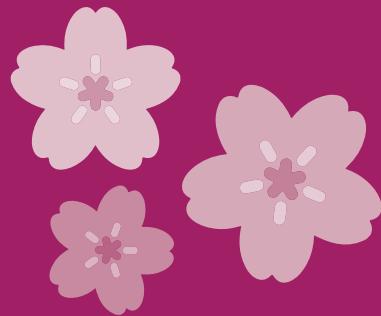
10:30am

**Gardening session with
Nataliia
Garden Lounge**



2:00pm

**Arts and crafts
Rooms**





Activity suggestion slip ?

If you have any ideas for new activities we could offer, please write them below and post the slip in the suggestions box.