



Glebe House

ALMONDSBURY

A home of Bristol Care Homes

Providing top quality, best value, holistic care

bristolcarehomes.co.uk



“

The home is in a beautiful setting and the staff are extremely kind. They make sure I'm all right, but they have also allowed me to live my own life. I like going out on trips and enjoy having meals in my room too. I would definitely recommend Glebe House – it's very comfortable here.

”

Mavis, resident



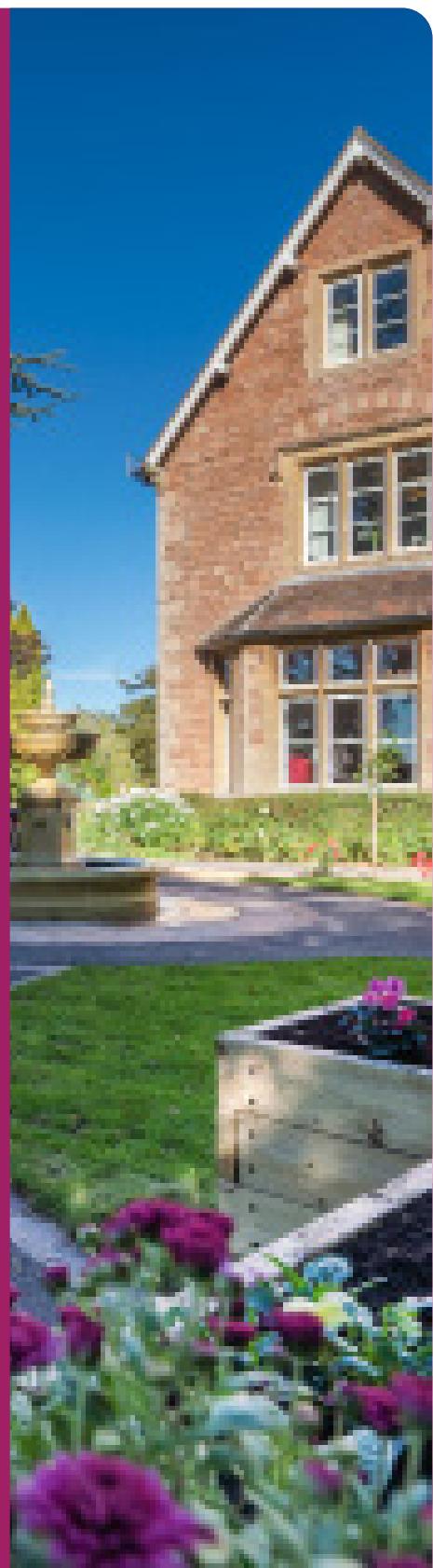


Welcome to Glebe House

Opened in 1996, Glebe House is a country home in Almondsbury with a real sense of community. Make your way along our private drive and you'll find us in a tranquil setting, surrounded by rolling countryside. Once the Old Vicarage, this beautiful Victorian building is still brimming with period character – from the stained glass window in the foyer to the large windows that let the light flood in.

There are 46 beautifully decorated rooms here, most with their own en-suite. The lounges are warm and bright too, affording panoramic views over the newly landscaped grounds, the Severn Estuary and beyond. We also overlook the local church, and the popular Bowl Inn is within easy reach.

From the moment you arrive, we're here to help you settle in. From day one, our friendly team are focused on looking after you and meeting your needs. Whenever you're ready, you're welcome to get involved in our activities. Whether you love gardening, music or day-tripping, there's something for everyone, and something different every day.



“

We are proud to offer the very best care at Glebe House, and the activities that are offered are based on what residents are able to do. All of the staff are also really friendly and approachable. ”

Thea, member of staff



What makes Glebe House special?

YOUR NEEDS COME FIRST, ALWAYS

Our caring, passionate team make your needs their priority. Some of our staff have been with us for over 20 years, and you'll be in safe hands with all our trained professionals – from our nurse manager, team leaders, nurses and carers, to our physiotherapist, podiatrist and hairdresser. Meanwhile, our catering, maintenance, domestic and finance teams are here to take care of your practical needs.

We're here for you when you need us. Moving into a care home can be an emotional time for everyone. That's why we offer support for family members – you can call on us for help and advice at any time.

IT'S A THRIVING COMMUNITY

There's always something going on here, and you can get involved in as many activities as you like. Gardening groups, art sessions, singalongs, dance performances, sensory sessions and more. There's plenty of choice throughout the year. In summer, you can enjoy cream teas out in the garden. When the festive season rolls around, we even have our own Christmas grotto and winter wonderland.

We collaborate with a range of external partners and specialists to offer enriching activities for our residents, including:

- Spike Island Artists: Delivering engaging and creative workshops across our homes every month.
- Alzheimer's Society: Hosting 'Singing for the Brain' sessions twice a month, promoting memory stimulation through music.
- Alive Activities: Providing vibrant in-house activities, a gardening club, and access to a community allotment in Brentney, encouraging physical activity and social connection.
- Creature Cuddles & Pet Therapy: Offering animal handling experiences and pet therapy sessions for sensory stimulation and emotional well-being.

- Intergenerational Projects: Facilitating ongoing collaborations with local schools and nurseries, fostering meaningful connections between generations.

Getting out and about on daytrips is part of life at Glebe House – and we're proud to have our own fully equipped minibus. Our residents enjoy regular outings to cafés and pubs in the local area, as well as nearby garden centres and shopping centres. Trips are provided at no extra cost.

Unique to our care homes, we also have a wheelchair car – which families can use to go shopping, visit friends or go out for a drive. This service is completely free of charge.

A PLACE WHERE YOU FEEL AT HOME

Your own private room features plenty of home comforts – from a TV/DVD player and Wi-Fi internet connection, to a personal phone line. Step outside into the stunning grounds and you'll find a freshly planted patio garden, colourful flower beds and plenty of greenery. It's a peaceful spot to sit and admire the views on a sunny day – and even though you're just a few steps from the village, you'll feel like you're miles from anywhere.

Home-cooked food is the order of the day here, thanks to our expert chefs. Every meal you choose from our menu is freshly prepared to order using high-quality ingredients. We source local produce wherever possible. When it comes to deciding where to eat, the choice is yours – feel free to stay in your room, or come and join your fellow residents in the spacious dining room.

Remember, your family and friends are always welcome. This is your home, and they can visit day or night, for as long as they wish.





A small group of quality care homes



OUR VISION AND PHILOSOPHY

Glebe House is part of Bristol Care Homes, a group of homes in the Bristol and South Gloucestershire area.

Our mission statement is to provide the highest quality holistic care at fees which are the best value for money.

We welcome both residents and their families, offering them a real home from home.

TRUST US TO PROVIDE UNIQUE CARE

- Expect the highest standards of clinical care. Our nurses and qualified carers treat everyone as an individual, and your care is tailored to you.
- Care plans are fully computerised. This ensures we know exactly what you need, provides an accurate record of your care history, and enables us to plan for the future.
- Ever-changing menus. Our professional chefs create a daily choice of tasty meals, which change every day. If you have any special requests, all you need to do is ask. We can cater for all dietary requirements.
- High-tech facilities. You'll have access to a state-of-the-art bath or walk-in shower, ensuring you enjoy the ultimate comfort.
- We respond to feedback. You're the best people to tell us how we're doing, so we're always asking residents and their families what they think.
- Wheelchairs are provided. As well as access to our modern fleet, we provide a customised Action 3 wheelchair for residents who rely on a wheelchair – at no extra cost.

OUR HOMES

Each of our homes is different, whether that be in setting or character, meaning that there is an option for everyone's needs. That could be the idyllic peace and tranquillity of the countryside, a bustling residential area with shops on their doorstep, or a combination of the two. Whatever you want, we've got the perfect location. Our homes are all fitted with 24/7 air ventilation systems to ensure a fresh atmosphere at all times.

OUR LIFESTYLE

There's always lots going on and we lay on a range of activities at each of our homes, with the option to join in as much or as little as you want. Whether you would like to get involved with a craft session or would prefer to sit and read a book instead, the choice is there! We provide free regular minibus trips, and each home has a single wheelchair car which is available at no cost to residents' families.

Beech House, Thornbury

Opened in 2000, you'll find Beech House right in the heart of Thornbury, tucked away down a quiet residential close – but within easy reach of the bustling high street.

Behind the grand, period-style frontage, there's a welcoming, purpose-built space designed to meet your needs. Every resident's room features contemporary décor with en-suite facilities. Wherever you go, it's bright and spacious, from the open corridors to the communal spaces. The newly decorated conservatory and award-winning garden are truly special.



Beech House



Quarry House, Fishponds

Quarry House is tucked away in a quiet residential area, in the Bristol suburb of Fishponds. It's located within easy reach of bustling Fishponds Road and all its amenities.

Opened in 2016, this is a modern home with superb facilities. Individual residents' rooms come with a state-of-the-art en suite, and access to a lounge and dining area. All living spaces are light and beautifully decorated, with a warm, cosy ambience to make you feel right at home. Every floor is distinguished by a unique mural, which helps create our innovative, dementia-friendly environment.



Quarry House



Field House, Horfield

Field House is situated at the end of a quiet residential lane, in the suburban area of Horfield. You can make the most of a peaceful location but you're only a short stroll away from local amenities.

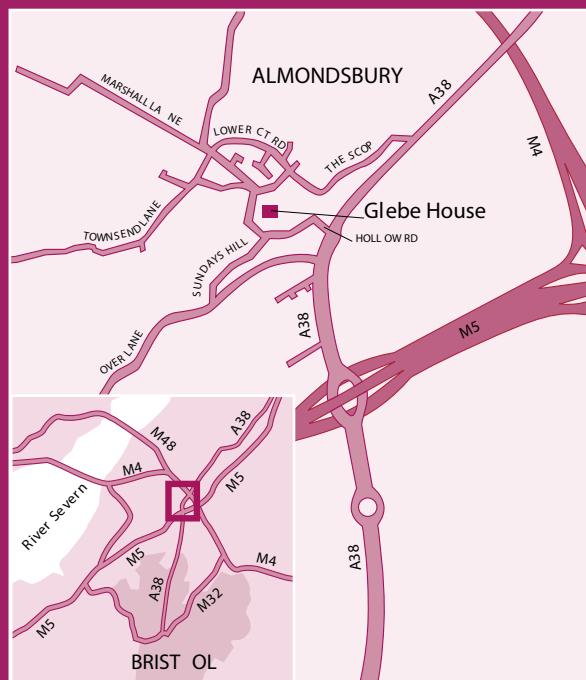
Opened in 2002, this is a modern home with a real sense of community. Residents' rooms are decorated to a high standard, with Laura Ashley wallpaper, for a truly homely finish. Every room comes with its own en-suite facility, and access to a cosy lounge and dining area. Plus, there's a charming inner courtyard with a beautiful fountain for you to enjoy.



Field House



Glebe House Care Home
5 Sundays Hill, Lower Almondsbury,
Bristol BS32 4DS
Telephone 01454 616 116



For more information or to arrange a personal visit contact any of our homes
bristolcarehomes.co.uk

YOUR BEST IN CLASS activities programme





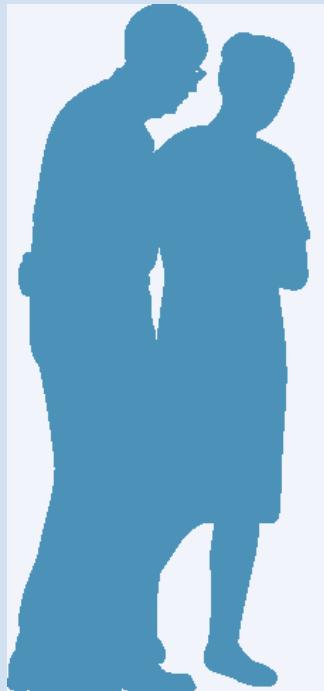
"We care for the physical, emotional, social and spiritual needs of our residents."

Our commitment to you

We are committed to ensuring that every one of our residents enjoys a happy fulfilling life, with lots of interest and interaction.

Our focus on holistic care means that activities are a key part of life in each of our homes.

- Activities are at the heart of our homes.
- Our dedicated activities teams are trained by leading experts to engage with you, and make sure that every activity is meaningful and individual to you.
- We take time to get to know you, so that we know your interests, and can then organise the best activities for you.
- Our activities are constantly varied, to keep them fresh, interesting and meeting your needs at every stage of your life.



Our activities programme

WE PROVIDE

- Activity programmes which are varied to suit everyone in the home.
- Resident-led activity schedules. Every residents helps decide the activities programme.
- 1:1 activities, often using the internet with tablets to make the experience personal.
- Friends and family are welcome to join in.
- We print every month a new calendar of activities in each of our homes to ensure it meets the needs and wishes of all our residents.

*"Every resident has the opportunity to **shape the activity schedule** with feedback on what they enjoy and what is meaningful to them."*





Some examples of our

Birds of prey visiting our homes



...Using tablets for
online activities!

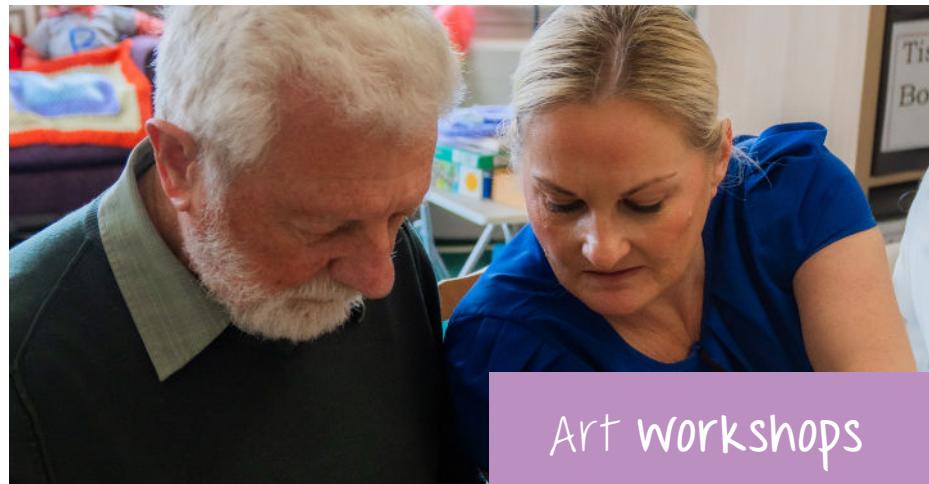


Gardening club - indoors and out!



outside entertainers come
play instruments or sing

activities...



Working with our friends to make our activities the best in class

We have great working relationships with other organisations which help us to keep our activities dynamic and the best choice for you.

- **Alive** – A leading local activities charity. They help us by training and coaching our team, inspiring us with new ideas and regularly auditing our activities programme
- www.aliveactivites.org
- **Universities** – help us develop our understanding and practice, especially with developing activities for residents with dementia. We are currently funding a university study to help us better understand the positive impact of our activities.
- **The Bristol Beacon** are our partners in planning and establishing an annual celebratory city care concert in Bristol.

*"Regular encouragement, inspiration and training is provided by **Alive**, a local Bristol charity, to our activities team."*



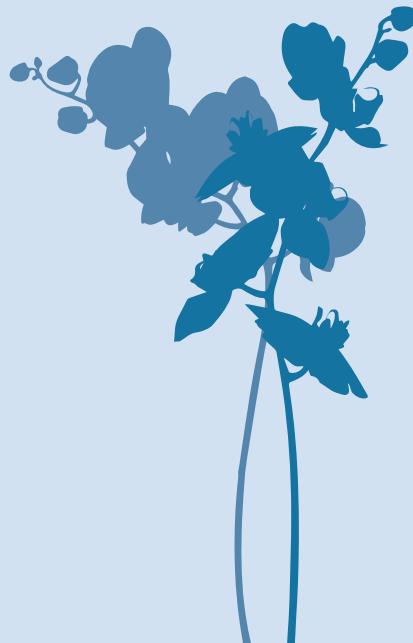


"We ensure that residents lead the activity schedule."

Feedback and improvement

We use feedback from lots of sources to help continually improve our activities programme. Here are a few examples of how we get feedback.

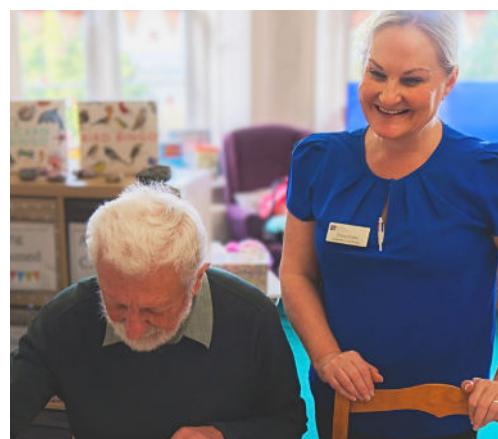
- Regular resident and relative surveys.
- Regular resident and relative face to face meetings.
- Our own internal audit.
- Audits by Alive Activities.
- Feedback from our CQC inspections.
- Of course the best feedback we get is the smiles, laughter, fun and joy we see in our residents every day, proving we have a best in class activities programme.



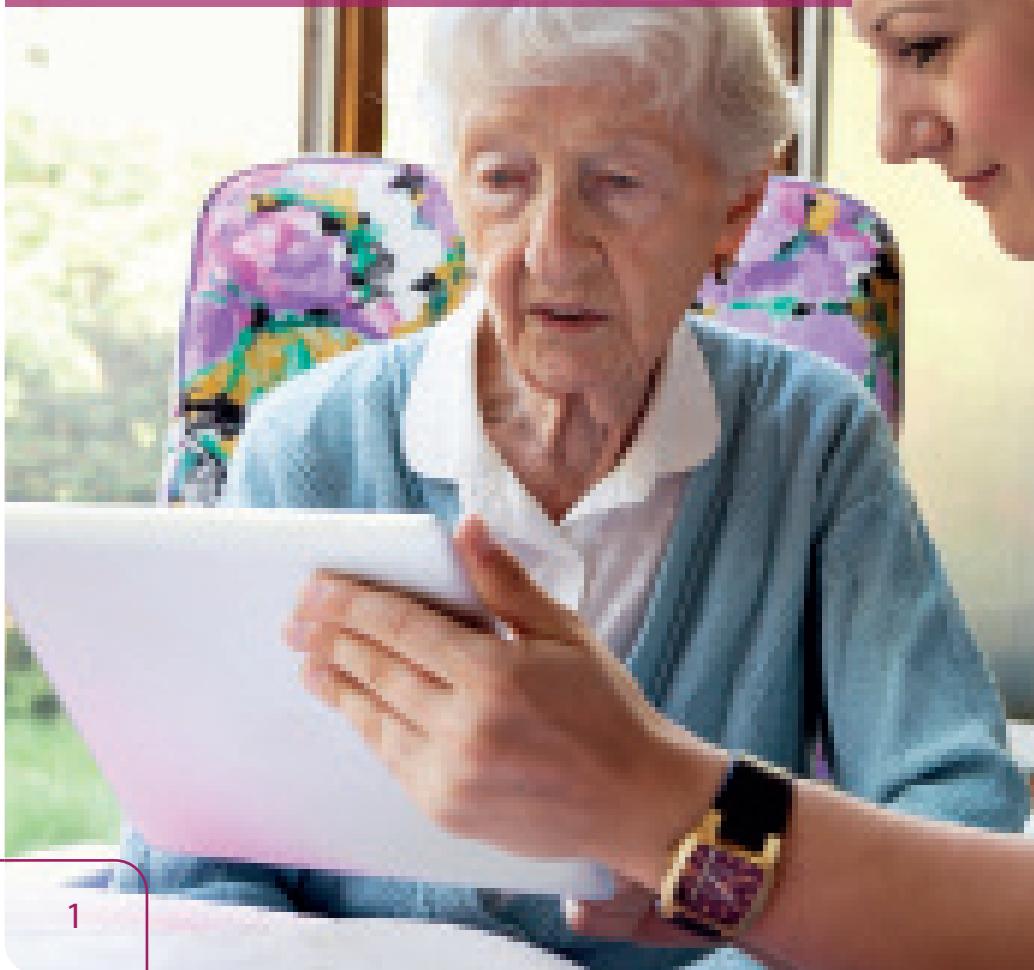
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YOUR BEST IN CLASS care plan



"We create individualised care plans with your choices and preferences."



Building a care plan for you

Care plans are essential for us to specify and deliver person-centred care accurately. We build our care plans around you. You have control of your care and all aspects of your life with us by being involved in the planning. We get to know you and plan to meet all your holistic needs. Your care plan will then be personal to you, created with your choices and preferences at the centre of it.

- Your care plan is designed to meet all your holistic needs.
- The plan covers everything you need, including your physical, intellectual, emotional and spiritual needs.
- We build this into your care plans using a state of the art system which makes it available to everyone involved in your care.
- We are then accountable for planning and delivering best in class care.



Giving you the best possible care

We work hard to make sure that we build care plans which will deliver the best possible care to you. We get to know you, your likes and dislikes, to ensure you are happy with the care we deliver.

"They know I like sheets not duvets."

"They know I love carrot cake."

"They always remember my tablets for me."

"I feel in safe hands."

"They know I miss Sid."

"They know when I'm having a bad day."

"They help me contact the children."

"They know when I'm in pain."





"We encourage time with
our **Activities Team** to see
what interests you."

How we get to know you better

Here are a few examples of how we gain a better understanding of your needs as an individual.

- Time with our chef to identify your likes and dislikes and any support you need with your meals.
- Time with our nurse to understand what your health and wellbeing needs are.
- Knowing who is important to you.
- Understanding your medication needs and involving your GP to discuss any concerns.
- Spending time with you and getting to know you.
- Time with our Activities Team to see what interests you.



Using technology to keep you safe

We use state of the art systems for both care plans and medication. This means that your care plans and medication management are both best in class. These systems are designed to ensure that information is up to date, easily accessible by everyone involved in your care, simple to use and update.

ELECTRONIC CARE PLAN SYSTEM

- Our electronic care plan system gives our team access to the most up to date guidance.
- Everyone involved in your care can see the information they need to deliver the right care to you.
- Your care plans are regularly reviewed with you to keep up with any changes.
- Any changes are updated immediately and instantly available for all our care team to see and use.

ELECTRONIC MEDICINES MANAGEMENT SYSTEM

- We use the latest state-of-the-art medication management system to ensure your medication is accurate and safe.
- The system links electronically with your GP and our pharmacist.
- Our highly trained team can clearly see the medication to be administered and when.
- The system automatically orders repeat prescriptions from our pharmacist so you will never run short of medication.



A photograph showing three people. In the foreground, a woman in a blue uniform (likely a nurse) and a young girl in a green shirt are looking at a tablet device. In the background, an elderly woman with glasses and a blue patterned dress is also looking at the tablet. The image is overlaid with a blue box containing a quote.

"There is a constant programme for improvement, which involves you."



"Staff are trained in lots
of different clinical skills."

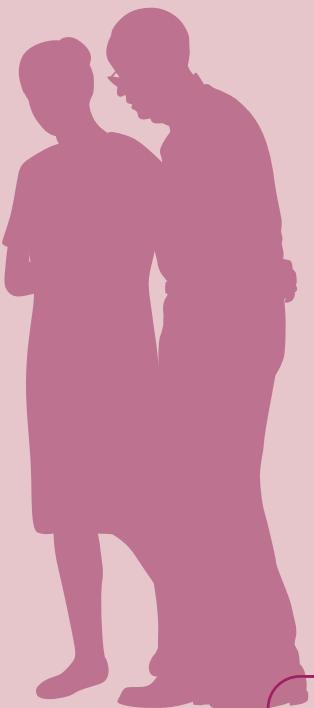
Staff skills and training

We ensure that our team is trained to highest standards.

This means they are the best team to give you the care you need. We invest in our staff as we believe they are the key to delivery of the best care.

THE BEST TRAINED STAFF TEAM MEANS THE BEST CARE POSSIBLE

- Our team training covers the whole range of clinical skills.
- Fully trained nurses are available in all of our homes 24/7 which means you always have expert clinical care on hand.
- Our team is also widely trained in other skills, like activities, hand massage and communication to make your experience the best in class.



For more information or to arrange a personal visit contact any of our homes
bristolcarehomes.co.uk



YOUR **BEST IN CLASS** catering





1

Your excellent dining experience

We know that your dining experience is an important part of your day, so we put everything in place to ensure that this experience is excellent.

- Dining rooms which are a pleasant and relaxing environment for you to enjoy your food with other residents. If you prefer to eat in your own room this can easily be accommodated.
- Food which is varied, nutritious and well presented.
- Menus which change and adapt based on your feedback and requirements.
- As we get to know you we will learn all about your preferences for food, the timings you prefer and areas of the home you like to eat. We can easily support you to eat if required and have adaptive equipment available for anyone who requires it.
- We have regular audits of our food, dining experience and kitchen processes from our external partner Papadeli who are a leading local deli and catering school



2

Our chefs

We ensure that our chefs have high standard through excellent training, learning and development opportunities.

- Our chefs will meet with you when you come into the home to introduce themselves, show you the current menu options, confirm your likes and dislikes and ensure that all food meets your dietary requirements.
- Head chefs have regular away days at the cookery school of our external partner Papadeli to support their learning and development and to share new ideas.
- Our chefs have close relationships with our residents understanding their culinary wishes, making seasonal adjustments and ensuring culinary diversity (Jamaican, Chinese, celebrating customs & traditions).
- They share activities with our residents like growing vegetables in the garden and using those vegetables to make dishes.
- All our chefs are trained to a minimum level 3 in Food Hygiene and all care staff receive food hygiene training.
- Chefs are fully trained in all possible dietary requirements, textures and thickness of food for people living with Dysphagia. This is known as the International Dysphagia Diet Standardisation Initiative (IDDSI).
- Chefs and any staff new to care receive fluid and nutrition training, ensuring they understand what constitutes a balance diet, principles of hydration, nutrition and food safety, supporting people to have access to food and fluid in accordance with their care plan.





How we get to **know you better**

Here is what you've been saying about the service.

"I like the options on the menu and I can always ask for something different if I do not wish to have the food on the menu."

"The food is great and my husband very much enjoys it."

"My wife speaks so highly of the **kindness of the staff** and **wonderful food**."

"The whole experience including the **wonderful food** made the home so **memorable**."

"The food is good and **nutritionally balanced**, more than exciting."

"The **quality** of the food is something you would expect in a **quality hotel**."

"The food is **fantastic** and all **homemade**"

"I like the **roast dinners** best and the trimmings served with them."

"My wife says the **food** is **excellent** and the staff are very good as well."

Our menus and suppliers

- Chefs update menus regularly to ensure that food is varied and adapted to your needs and feedback.
- Changes are made to make best use of the seasonal produce available from our suppliers.
- We use suppliers who provide the best quality, freshest ingredients to ensure the food is of the highest standard possible.
- We have deliveries of our foods almost every day so that ingredients are at their freshest.
- When residents go on trips, we either prepare a healthy and nutritious lunch or choose venues that serve fresh foods.

"We also make sure all residents receive the dining experience they enjoy"

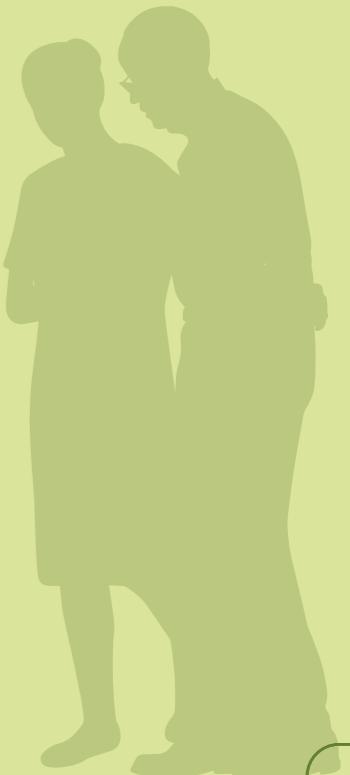




Feedback and surveys

We are always keen to ensure that you are happy with your dining experience.

- We conduct regular residents surveys which includes feedback on food and your dining experience so that we can continually improve our offer to you and meet your needs and expectations.
- Staff anticipate needs and risk to ensure people have support when there are difficulties/discomfort.
- Staff also use technology effectively to report any changes in the diet of our residents.
- Our nursing care teams run regular oral care checks, make sure there are no dehydration risks, provide professional advice for supplements and fortified meals.
- We also have regular visits from our partner Papadeli who give us the professional feedback we need to keep us on track with our best-in-class catering.



For more information or to arrange a personal visit contact any of our homes
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Activities CALENDAR



Glebe House

bristolcarehomes.co.uk



TUESDAY 3RD

Day trip to Clevedon
with fish and chips

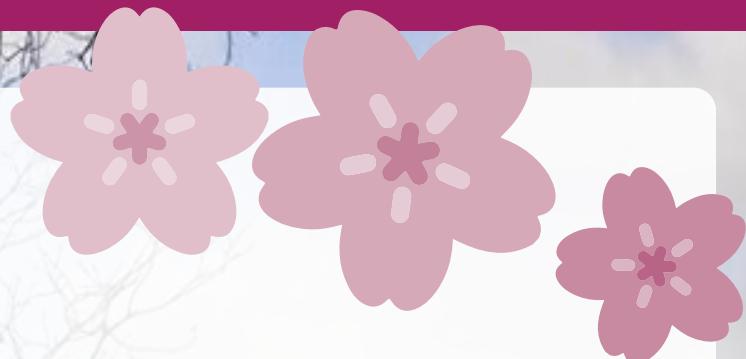
FRIDAY 13TH

Valentine coffee
morning

THURSDAY 26TH

Flourish Dance with
Lauren

Hello, dear friend!



Welcome to our February Activities Calendar!

We hope the year has started well for you! February is a month that truly celebrates love, warmth, and togetherness—with Valentine's Day just around the corner. It's a wonderful opportunity to remind ourselves of the importance of connection, whether with family, friends, or within our community.

But Valentine's Day isn't the only highlight! We're also excited to embrace other special occasions such as Pancake Day and Chinese New Year, which bring their own unique traditions and flavours. These celebrations have been thoughtfully woven into this month's activities, ensuring that there's something for everyone to enjoy—whether it's indulging in delicious pancakes, learning about cultural customs, or simply sharing joyful moments with others.

Across our homes, many residents have been sharing their hopes and wishes for the year ahead. It's inspiring to hear their aspirations, and it makes us wonder—have you taken a moment to think about one thing you'd like to achieve this year? Whether it's a personal goal, a new hobby, or simply spending more time with loved ones, we're here to support you every step of the way.

And don't forget the exciting day trips planned for this month! These outings have been inspired by residents' suggestions and are designed to create memorable experiences out in the community. From scenic walks to cultural visits, we hope these trips bring plenty of laughter, joy, and cherished moments for everyone involved.

Wishing you a wonderful month filled with laughter, connection, and memorable moments!



Meet the team

Zion - Physiotherapist

Hello !

One of my favourite stories begins when I was just four years old. I suffered a stroke that left half of my body paralysed. With the help of dedicated physiotherapists and my mum's unwavering support, I began a long journey of rehabilitation. It took years of hard work to recover, but during that time, I discovered something powerful: the desire to help others facing similar challenges.

That experience inspired me to pursue physiotherapy. In 2016, I went to university to make this dream a reality. Today, I'm proud to say I'm living that dream—helping people regain their independence and improve their quality of life.

In my role, I'm responsible for safely assisting residents out of bed, performing manual handling, and identifying any needs or concerns to

fast-track support through the nursing team. If a resident struggles with mobility, I work closely with them to overcome those challenges and track their progress.

I absolutely love working here. The surroundings are beautiful, and the team is incredibly caring and enthusiastic. Outside of work, I enjoy basketball, sprinting, walking, and spending time with friends.

The most rewarding part of my job is meeting new people and motivating residents to believe in themselves. Watching someone surprise themselves by standing or walking after years in bed or a wheelchair is truly magical.

This home is forward-thinking—they prioritise physiotherapy and provide me with all the support and equipment I need to make a real difference.

SUNDAY 1ST

11:00am

Nail care

Orchard

2:30pm

Baking Delight

Dining room



MONDAY 2ND

11:00am

Day trip to Saul Junction/Walking club

Frampton on Severn/
Almondsbury

2:30pm

Flower arranging

Activities room



© Bristol Live

TUESDAY 3RD

11:00am

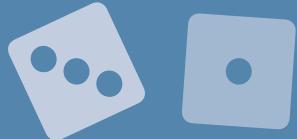
Day trip to Clevedon with fish and chips/Comfort and company

Clevedon/Rooms

2:30pm

Giant snakes and ladders

Main lounge



© Tripadvisor



© Tripadvisor

WEDNESDAY 4TH

11:00am

Day trip to Highfields Garden Centre/Hair & Nails

Gloucester/Salon

2:30pm

G-fitness with Alex

Main lounge

THURSDAY 5TH

11:00am

Coffee at The Bowl Inn

Almondsbury

2:30pm

Our world in pictures with Claire (Famous couples)

Main lounge



FRIDAY 6TH

11:00am

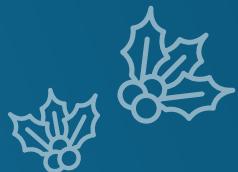
Residents' meeting

Main lounge

2:30pm

Wildlife documentary on the big screen

Main lounge



SATURDAY 7TH

11:00am

Residents' meeting

Rooms

2:30pm

Armchair exercise class

Main lounge



SUNDAY 8TH

11:00am

Church service live-stream

Main lounge

2:30pm

Open House activities with Liz

Main lounge



MONDAY 9TH

11:00am

Walking club

Almondsbury

?

2:30pm

General Quiz with Bev

Main lounge

?

?

TUESDAY 10TH

11:00am

**Day trip to Oakham
Treasures/Games and
puzzles**

Portbury/Activities room

2:30pm

Arts and crafts

Activities room



© Bristol Live

WEDNESDAY 11TH

11:00am

**Short trip to the
Swan Inn/Hair &
Nails**

Thornbury / Salon

2:00pm

**Singing for the
Brain/Short trip to
Almondsbury Garden
Centre**

Main lounge / Almondsbury



© Tripadvisor

THURSDAY 12TH

11:00am

**Coffee at The Bowl
Inn**

Almondsbury

2:30pm

**Entertainment with
guitarist Johnny**

Main lounge



FRIDAY 13TH

11:00am

**Valentine coffee
morning**

Main lounge

2:30pm

**Entertainment with
singer Andy T**

Main lounge



SATURDAY 14TH

11:00am

**Seasonal Oomph-on-
demand**

Main lounge

2:00pm

**Open House
activities with Liz**

Main lounge



SUNDAY 15TH

11:00am

Parachute fun

Orchard

2:30pm

Open House activities with Liz

Main lounge

MONDAY 16TH

11:00am

Day trip to Tenpin Bowling/Walking club

Cribbs Causeway/
Almondsbury

2:30pm

Pizza making

Dining room



TUESDAY 17TH

11:00am

Day trip to Portishead Harbour/Flip-a-pancake with Bev

Main lounge

2:30pm

Thinking music with Phil

Main lounge



© Bristol Live



© Tripadvisor

WEDNESDAY 18TH

11:00am

Day trip to The Mall/ Hair & Nails

Cribbs Causeway/Salon

2:30pm

Entertainment with guitarist Damien

Main lounge



THURSDAY 19TH

11:00am

Coffee at The Bowl Inn

Almondsbury



2:30pm

Painting session

Activities room



FRIDAY 20TH

11:00am

Lullaby Circle - Mother and baby group

Main lounge

2:30pm

Armchair travel to China for Chinese New Year

Main lounge



SATURDAY 21ST

11:00am

Comfort and company

Rooms

2:30pm

Skittles Fun

Main lounge



SUNDAY 22ND

11:00am

Church service live-stream

Main lounge

16 54

2:30pm

Number bingo

Main lounge

22

03



MONDAY 23RD

11:00am

Walking club

Almondsbury

2:30pm

**Memory lane with
magician Steve**

Main lounge



TUESDAY 24TH

11:00am

**Day trip to Chepstow
Garden Centre/
Comfort and
company**

Wales/Rooms

2:30pm

Toddlers Group
St Mary's church



WEDNESDAY 25TH

11:00am

**Short trip to The Swan
Inn/Hair & Nails**
Tockington/Salon

2:30pm

**Museums to You
with Alive activities**
Main lounge



THURSDAY 26TH

11:00am

Coffee at The Bowl Inn

Almondsbury

2:15pm

Flourish Dance with Lauren

Main lounge



FRIDAY 27TH

11:00am

Coffee morning

Main lounge

2:30pm

Movie afternoon

Main lounge





SATURDAY 28TH

11:00am

Hand Massage

Rooms

2:30pm

Open House activities with Liz

Main lounge



Activity suggestion slip

If you have any ideas for **new activities** we could offer, please write them below and post the slip in the suggestions box.

