



Field House

HORFIELD

A home of Bristol Care Homes

Providing top quality, best value, holistic care

bristolcarehomes.co.uk



“
The response that we get from visitors is that this is the **best care home they've been in**. They always comment how **homely** it is and how **everyone is so welcoming**. ”

Claire, member of staff

Welcome to Field House

Opened in 2002, Field House is a modern home with a real sense of community. You'll find us on a peaceful residential road in Horfield, away from the hustle and bustle but within easy reach of the amenities.

There are 54 individual rooms here. Each is beautifully decorated with Laura Ashley wallpaper, for a truly homely finish. All rooms come with their own en-suite, and residents have access to a communal lounge and dining area. Wherever you go, it's light, bright and welcoming, including the wide corridors. There's also a tranquil garden and sun-trap courtyard for you to enjoy.

From the moment you arrive, we're here to help you settle in. From day one, our friendly team are focused on looking after you and meeting your needs. Whenever you're ready, you're welcome to get involved in our activities. Whether you love gardening, music or day-tripping, there's something for everyone, and something different every day.



“

The **nurses** are **fantastic**, nothing is too much trouble. They are **very courteous** and kind, and I can't fault them – **they're absolutely lovely!** ”

Mavis, resident



“

We have a **great team** here – everyone **helps each other** and the residents can really see this. We're like **one big family!** ”

Kathy, member of staff

What makes Field House special?

YOUR NEEDS COME FIRST, ALWAYS

Our caring, passionate team make your needs their priority. You'll be in safe hands with all our trained professionals – from our nurse manager, team leaders, nurses and carers, to our physiotherapist, podiatrist and hairdresser. Meanwhile, our catering, maintenance, domestic and finance teams are here to take care of your practical needs.

We're here for you when you need us. Moving into a care home can be an emotional time for everyone. That's why we offer support for family members – you can call on us for help and advice at any time.

IT'S A THRIVING COMMUNITY

There's always something going on here, and you can get involved in as many activities as you like. Join in with gardening clubs, singing, music, pet therapy and more. You can also take part in keep-fit sessions, and enjoy regular visits from the local nursery.

We also partner with external activity specialists to bring you:

- live performances from Live Music Now and other musicians
- artists' workshops, commissions, and exhibitions with Jamaica Street Studios
- gardening and mosaic workshops with Growing Support
- various creative opportunities from Alive Activities.

Getting out and about on daytrips is part of life at Field House – and we're proud to have our own fully equipped minibus. You'll enjoy regular outings to Weston-Super-Mare and the Willow Trust, and we can also take residents to areas where they used to live, for a trip down memory lane. Trips are provided at no extra cost.

Unique to our care homes, we also have a wheelchair car – which families can use to go shopping, visit friends or go out for a drive. This service is completely free of charge.

A PLACE WHERE YOU FEEL AT HOME

Your own private room features plenty of home comforts – from a TV/DVD player and Wi-Fi internet connection, to a personal phone line. Make your way outside and you'll find a beautiful garden, with colourful flowers and bench seating. Or soak up the sunshine and listen to the fountain flowing in our peaceful courtyard.

Home-cooked food is the order of the day here, thanks to our expert chefs. Every meal you choose from our menu is freshly prepared to order using high-quality ingredients. And we source local produce wherever possible. When it comes to deciding where to eat, the choice is yours – feel free to stay in your room, or come and join your fellow residents in the spacious dining room.

Remember, your family and friends are always welcome. This is your home, and they can visit day or night, for as long as they wish.





A small group of quality care homes

OUR VISION AND PHILOSOPHY

Field House is part of Bristol Care Homes, a group of homes in the Bristol and South Gloucestershire area.

Our mission statement is to provide the highest quality holistic care at fees which are the best value for money.

We welcome both residents and their families, offering them a real home from home.

TRUST US TO PROVIDE UNIQUE CARE

- Expect the highest standards of clinical care. Our nurses and qualified carers treat everyone as an individual, and your care is tailored to you.
- Care plans are fully computerised. This ensures we know exactly what you need, provides an accurate record of your care history, and enables us to plan for the future.
- Ever-changing menus. Our professional chefs create a daily choice of tasty meals, which change every day. If you have any special requests, all you need to do is ask. We can cater for all dietary requirements.
- High-tech facilities. You'll have access to a state-of-the-art bath or walk-in shower, ensuring you enjoy the ultimate comfort.
- We respond to feedback. You're the best people to tell us how we're doing, so we're always asking residents and their families what they think.
- Wheelchairs are provided. As well as access to our modern fleet, we provide a customised Action 3 wheelchair for residents who rely on a wheelchair – at no extra cost.

OUR HOMES

Each of our homes is different, whether that be in setting or character, meaning that there is an option for everyone's needs. That could be the idyllic peace and tranquillity of the countryside, a bustling residential area with shops on their doorstep, or a combination of the two. Whatever you want, we've got the perfect location. Our homes are all fitted with 24/7 air ventilation systems to ensure a fresh atmosphere at all times.

OUR LIFESTYLE

There's always lots going on and we lay on a range of activities at each of our homes, with the option to join in as much or as little as you want. Whether you would like to get involved with a craft session or would prefer to sit and read a book instead, the choice is there! We provide free regular minibus trips, and each home has a single wheelchair car which is available at no cost to residents' families.

Quarry House, Fishponds

Quarry House is tucked away in a quiet residential area, in the Bristol suburb of Fishponds. It's located within easy reach of bustling Fishponds Road and all its amenities.

Opened in 2016, this is a modern home with superb facilities. Individual residents' rooms come with a state-of-the-art en suite, and access to a lounge and dining area. All living spaces are light and beautifully decorated, with a warm, cosy ambience to make you feel right at home. Every floor is distinguished by a unique mural, which helps create our innovative, dementia-friendly environment.



Quarry House



Beech House, Thornbury

Opened in 2000, you'll find Beech House right in the heart of Thornbury, tucked away down a quiet residential close – but within easy reach of the bustling high street.

Behind the grand, period-style frontage, there's a welcoming, purpose-built space designed to meet your needs. Every resident's room features contemporary décor with en-suite facilities. Wherever you go, it's bright and spacious, from the open corridors to the communal spaces. The newly decorated conservatory and award-winning garden are truly special.



Beech House



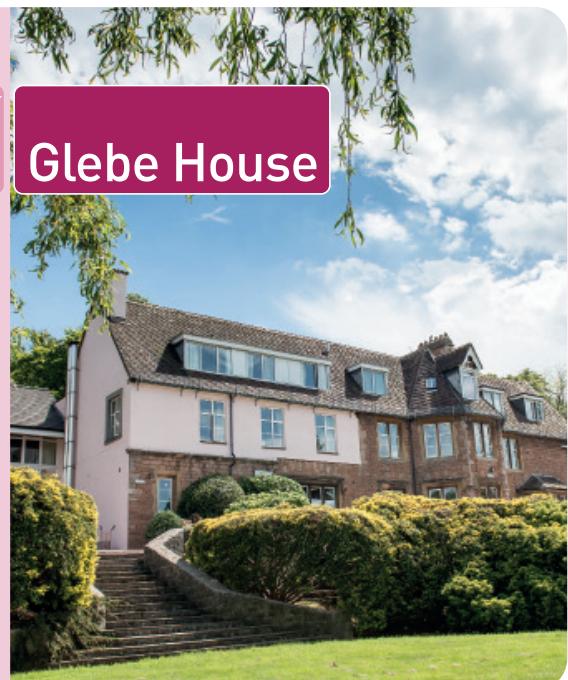
Glebe House, Almondsbury

Glebe House is a country home in Almondsbury, with real character. Make your way along our private drive and you'll find us in a tranquil setting – surrounded by rolling countryside.

First opened in 1996, this was once the Old Vicarage. This beautiful Victorian building is still brimming with period character – from the stunning stained glass window in the foyer to the large windows that let the light flood in. Every individual room has been decorated to a high standard, while the warm, inviting lounges have panoramic views over the newly landscaped grounds, the Severn Estuary and beyond.

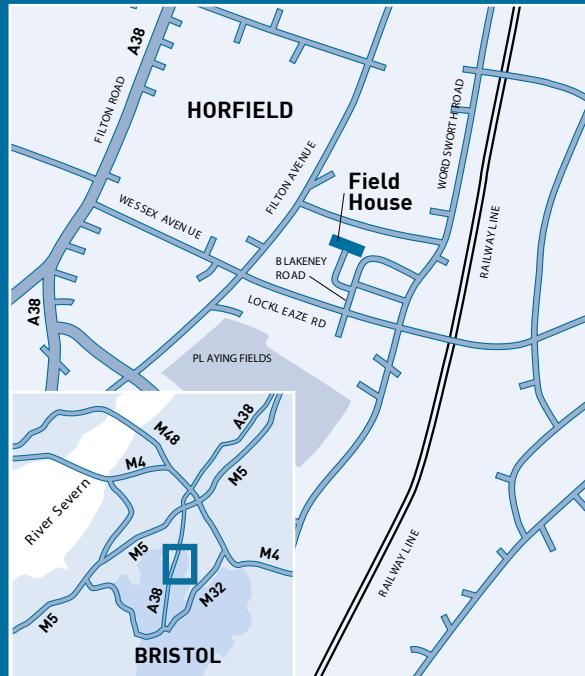


Glebe House



Field House Care Home
Blakeney Road, Horfield,
Bristol, BS7 0DL
Telephone 0117 969 0990

Field House team
Dee Smart - Nurse Manager
Cathy Fountain - Deputy Nurse Manager
Claire Maciver - Operations Manager



For more information or to arrange a personal visit contact any of our homes
bristolcarehomes.co.uk

YOUR BEST IN CLASS activities programme





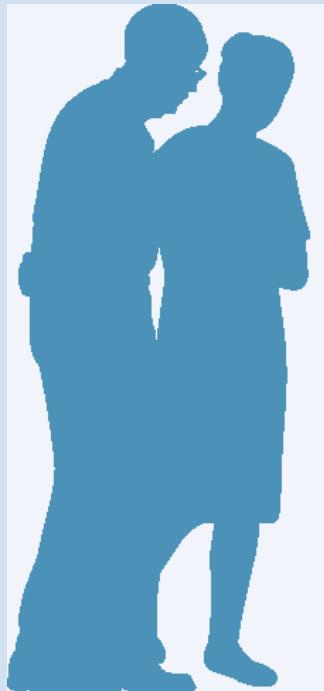
"We care for the physical, emotional, social and spiritual needs of our residents."

Our commitment to you

We are committed to ensuring that every one of our residents enjoys a happy fulfilling life, with lots of interest and interaction.

Our focus on holistic care means that activities are a key part of life in each of our homes.

- Activities are at the heart of our homes.
- Our dedicated activities teams are trained by leading experts to engage with you, and make sure that every activity is meaningful and individual to you.
- We take time to get to know you, so that we know your interests, and can then organise the best activities for you.
- Our activities are constantly varied, to keep them fresh, interesting and meeting your needs at every stage of your life.



Our activities programme

WE PROVIDE

- Activity programmes which are varied to suit everyone in the home.
- Resident-led activity schedules. Every residents helps decide the activities programme.
- 1:1 activities, often using the internet with tablets to make the experience personal.
- Friends and family are welcome to join in.
- We print every month a new calendar of activities in each of our homes to ensure it meets the needs and wishes of all our residents.

*"Every resident has the opportunity to **shape the activity schedule** with feedback on what they enjoy and what is meaningful to them."*





Some examples of our

Birds of prey visiting our homes



...Using tablets for
online activities!

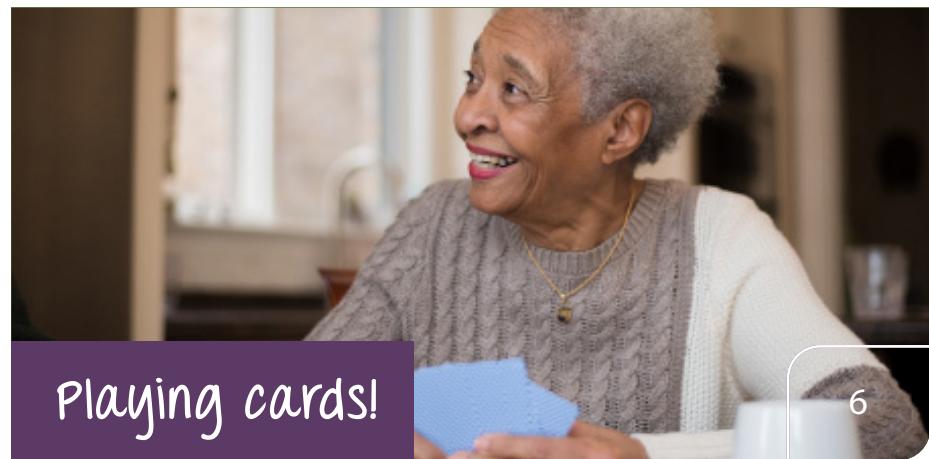
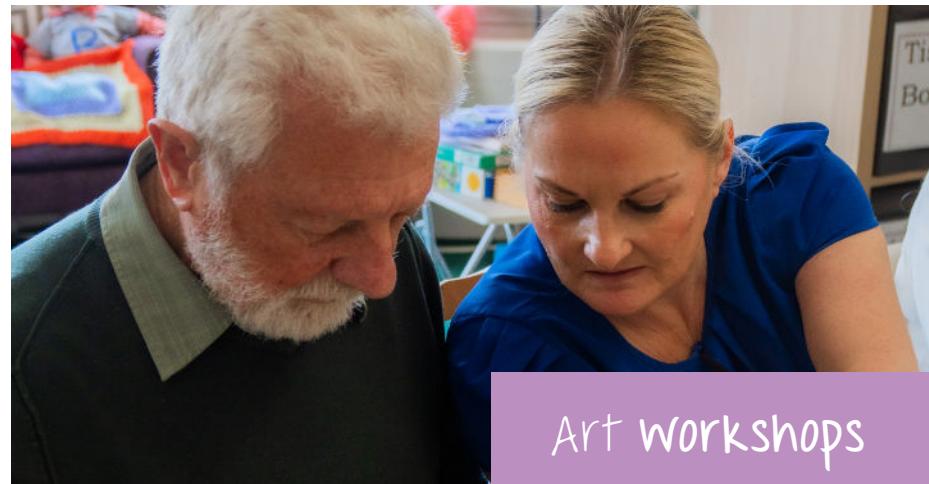


Gardening club - indoors and out!



outside entertainers come
play instruments or sing

activities...



Working with our friends to make our activities the best in class

We have great working relationships with other organisations which help us to keep our activities dynamic and the best choice for you.

- **Alive** – A leading local activities charity. They help us by training and coaching our team, inspiring us with new ideas and regularly auditing our activities programme
- www.aliveactivites.org
- **Universities** – help us develop our understanding and practice, especially with developing activities for residents with dementia. We are currently funding a university study to help us better understand the positive impact of our activities.
- **The Bristol Beacon** are our partners in planning and establishing an annual celebratory city care concert in Bristol.

*"Regular encouragement, inspiration and training is provided by **Alive**, a local Bristol charity, to our activities team."*



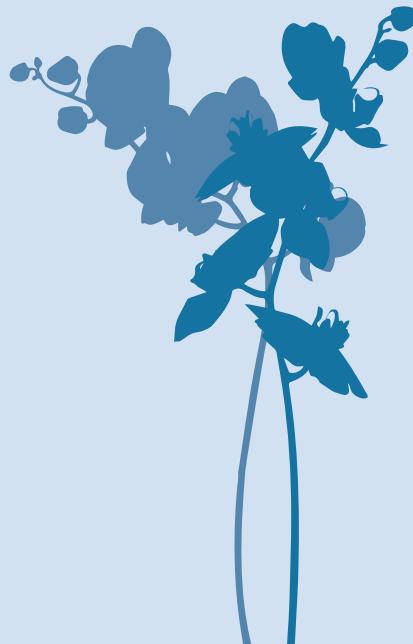


"We ensure that residents lead the activity schedule."

Feedback and improvement

We use feedback from lots of sources to help continually improve our activities programme. Here are a few examples of how we get feedback.

- Regular resident and relative surveys.
- Regular resident and relative face to face meetings.
- Our own internal audit.
- Audits by Alive Activities.
- Feedback from our CQC inspections.
- Of course the best feedback we get is the smiles, laughter, fun and joy we see in our residents every day, proving we have a best in class activities programme.



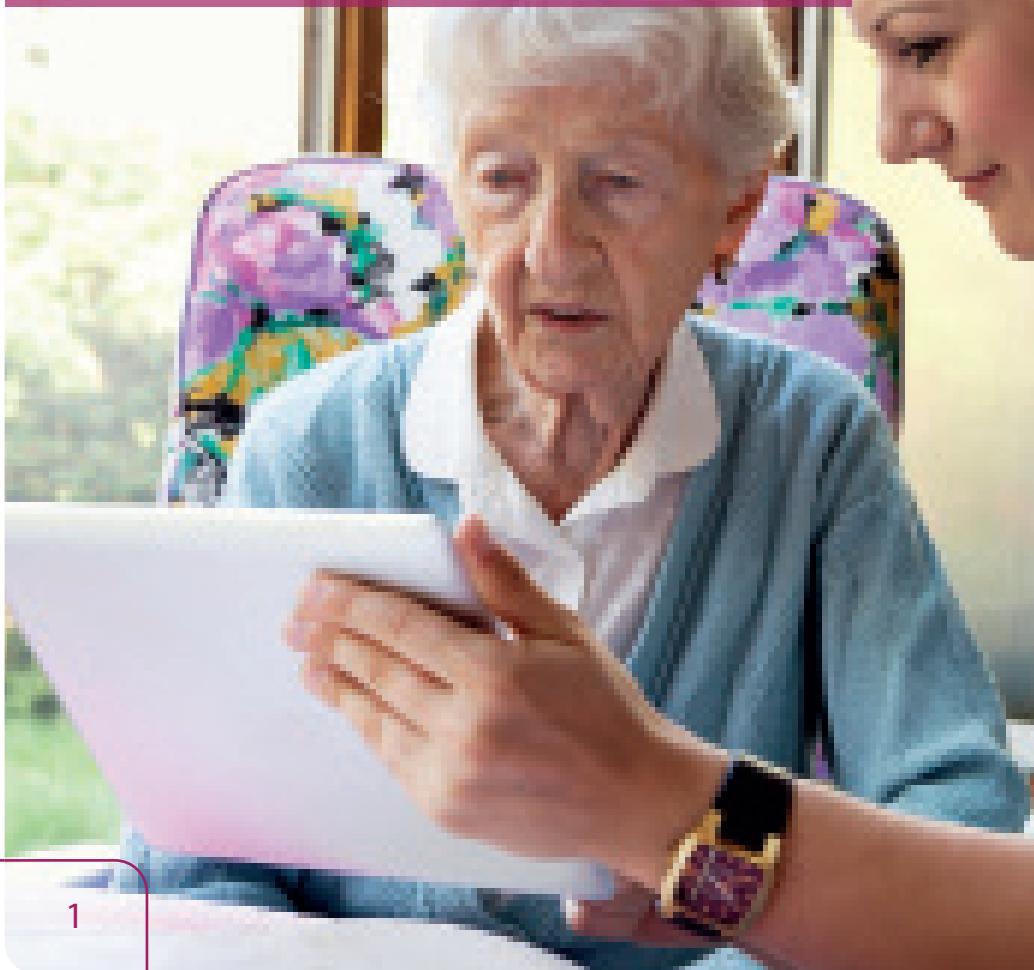
For more information or to arrange a personal visit contact any of our homes
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YOUR BEST IN CLASS care plan



"We create individualised care plans with your choices and preferences."



Building a care plan for you

Care plans are essential for us to specify and deliver person-centred care accurately. We build our care plans around you. You have control of your care and all aspects of your life with us by being involved in the planning. We get to know you and plan to meet all your holistic needs. Your care plan will then be personal to you, created with your choices and preferences at the centre of it.

- Your care plan is designed to meet all your holistic needs.
- The plan covers everything you need, including your physical, intellectual, emotional and spiritual needs.
- We build this into your care plans using a state of the art system which makes it available to everyone involved in your care.
- We are then accountable for planning and delivering best in class care.



Giving you the best possible care

We work hard to make sure that we build care plans which will deliver the best possible care to you. We get to know you, your likes and dislikes, to ensure you are happy with the care we deliver.

"They know I like sheets not duvets."

"They know I love carrot cake."

"They always remember my tablets for me."

"I feel in safe hands."

"They know I miss Sid."

"They know when I'm having a bad day."

"They help me contact the children."

"They know when I'm in pain."



A photograph of an elderly man and a younger staff member. The man, on the left, is wearing a yellow and white checkered shirt and is smiling warmly at the camera. The staff member, on the right, is wearing a light blue polo shirt and is smiling slightly, looking towards the man. They are both looking at a green folder or book that is partially visible in the bottom right corner of the frame.

"We encourage time with
our **Activities Team** to see
what interests you."

How we get to know you better

Here are a few examples of how we gain a better understanding of your needs as an individual.

- Time with our chef to identify your likes and dislikes and any support you need with your meals.
- Time with our nurse to understand what your health and wellbeing needs are.
- Knowing who is important to you.
- Understanding your medication needs and involving your GP to discuss any concerns.
- Spending time with you and getting to know you.
- Time with our Activities Team to see what interests you.



Using technology to keep you safe

We use state of the art systems for both care plans and medication. This means that your care plans and medication management are both best in class. These systems are designed to ensure that information is up to date, easily accessible by everyone involved in your care, simple to use and update.

ELECTRONIC CARE PLAN SYSTEM

- Our electronic care plan system gives our team access to the most up to date guidance.
- Everyone involved in your care can see the information they need to deliver the right care to you.
- Your care plans are regularly reviewed with you to keep up with any changes.
- Any changes are updated immediately and instantly available for all our care team to see and use.

ELECTRONIC MEDICINES MANAGEMENT SYSTEM

- We use the latest state-of-the-art medication management system to ensure your medication is accurate and safe.
- The system links electronically with your GP and our pharmacist.
- Our highly trained team can clearly see the medication to be administered and when.
- The system automatically orders repeat prescriptions from our pharmacist so you will never run short of medication.



A photograph showing three people. In the foreground, a young girl with dark hair, wearing a light green long-sleeved shirt, is looking down at a light-colored tablet device held by an unseen person. In the middle ground, a woman with short brown hair, wearing a blue short-sleeved uniform with a name tag and a red button, is smiling and looking towards the tablet. In the background, an elderly woman with white hair and glasses, wearing a blue and white patterned dress, is also looking towards the tablet. The scene suggests a learning or teaching environment.

"There is a constant programme for improvement, which involves you."



"Staff are trained in lots
of different clinical skills."

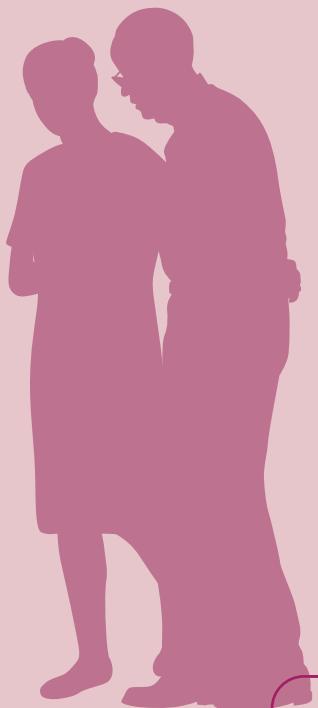
Staff skills and training

We ensure that our team is trained to highest standards.

This means they are the best team to give you the care you need. We invest in our staff as we believe they are the key to delivery of the best care.

THE BEST TRAINED STAFF TEAM MEANS THE BEST CARE POSSIBLE

- Our team training covers the whole range of clinical skills.
- Fully trained nurses are available in all of our homes 24/7 which means you always have expert clinical care on hand.
- Our team is also widely trained in other skills, like activities, hand massage and communication to make your experience the best in class.



For more information or to arrange a personal visit contact any of our homes
bristolcarehomes.co.uk



YOUR **BEST IN CLASS** catering





1

Your excellent dining experience

We know that your dining experience is an important part of your day, so we put everything in place to ensure that this experience is excellent.

- Dining rooms which are a pleasant and relaxing environment for you to enjoy your food with other residents. If you prefer to eat in your own room this can easily be accommodated.
- Food which is varied, nutritious and well presented.
- Menus which change and adapt based on your feedback and requirements.
- As we get to know you we will learn all about your preferences for food, the timings you prefer and areas of the home you like to eat. We can easily support you to eat if required and have adaptive equipment available for anyone who requires it.
- We have regular audits of our food, dining experience and kitchen processes from our external partner Papadeli who are a leading local deli and catering school



2

Our chefs

We ensure that our chefs have high standard through excellent training, learning and development opportunities.

- Our chefs will meet with you when you come into the home to introduce themselves, show you the current menu options, confirm your likes and dislikes and ensure that all food meets your dietary requirements.
- Head chefs have regular away days at the cookery school of our external partner Papadeli to support their learning and development and to share new ideas.
- Our chefs have close relationships with our residents understanding their culinary wishes, making seasonal adjustments and ensuring culinary diversity (Jamaican, Chinese, celebrating customs & traditions).
- They share activities with our residents like growing vegetables in the garden and using those vegetables to make dishes.
- All our chefs are trained to a minimum level 3 in Food Hygiene and all care staff receive food hygiene training.
- Chefs are fully trained in all possible dietary requirements, textures and thickness of food for people living with Dysphagia. This is known as the International Dysphagia Diet Standardisation Initiative (IDDSI).
- Chefs and any staff new to care receive fluid and nutrition training, ensuring they understand what constitutes a balance diet, principles of hydration, nutrition and food safety, supporting people to have access to food and fluid in accordance with their care plan.





How we get to **know you better**

Here is what you've been saying about the service.

"I like the options on the menu and I can always ask for something different if I do not wish to have the food on the menu."

"The food is great and my husband very much enjoys it."

"My wife speaks so highly of the **kindness of the staff** and **wonderful food**."

"The whole experience including the **wonderful food** made the home so **memorable**."

"The food is good and **nutritionally balanced**, more than exciting."

"The **quality** of the food is something you would expect in a **quality hotel**."

"The food is **fantastic** and all **homemade**"

"I like the **roast dinners** best and the trimmings served with them."

"My wife says the **food** is **excellent** and the staff are very good as well."

Our menus and suppliers

- Chefs update menus regularly to ensure that food is varied and adapted to your needs and feedback.
- Changes are made to make best use of the seasonal produce available from our suppliers.
- We use suppliers who provide the best quality, freshest ingredients to ensure the food is of the highest standard possible.
- We have deliveries of our foods almost every day so that ingredients are at their freshest.
- When residents go on trips, we either prepare a healthy and nutritious lunch or choose venues that serve fresh foods.

"We also make sure all residents receive the dining experience they enjoy"

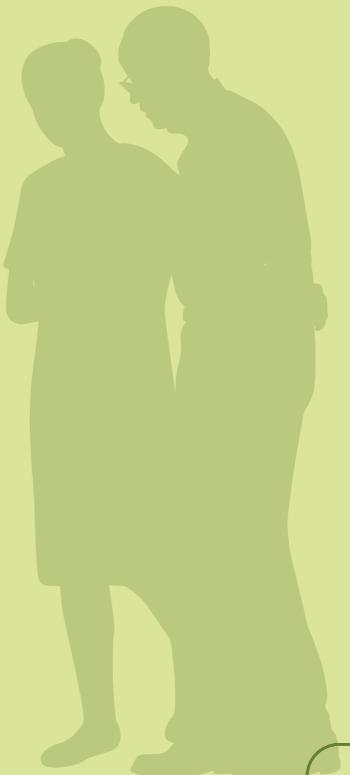




Feedback and surveys

We are always keen to ensure that you are happy with your dining experience.

- We conduct regular residents surveys which includes feedback on food and your dining experience so that we can continually improve our offer to you and meet your needs and expectations.
- Staff anticipate needs and risk to ensure people have support when there are difficulties/discomfort.
- Staff also use technology effectively to report any changes in the diet of our residents.
- Our nursing care teams run regular oral care checks, make sure there are no dehydration risks, provide professional advice for supplements and fortified meals.
- We also have regular visits from our partner Papadeli who give us the professional feedback we need to keep us on track with our best-in-class catering.



For more information or to arrange a personal visit contact any of our homes
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Activities CALENDAR



Field House

bristolcarehomes.co.uk



FRIDAY 6TH

Day trip to
Almondsbury Garden
Centre

MONDAY 9TH

Design-a-Biscuit
(Valentine Special)

THURSDAY 26TH

Creature Cuddles



Hello, dear friend!



Welcome to our February Activities Calendar!

We hope the year has started well for you! February is a month that truly celebrates love, warmth, and togetherness—with Valentine's Day just around the corner. It's a wonderful opportunity to remind ourselves of the importance of connection, whether with family, friends, or within our community.

But Valentine's Day isn't the only highlight! We're also excited to embrace other special occasions such as Pancake Day and Chinese New Year, which bring their own unique traditions and flavours. These celebrations have been thoughtfully woven into this month's activities, ensuring that there's something for everyone to enjoy—whether it's indulging in delicious pancakes, learning about cultural customs, or simply sharing joyful moments with others.

Across our homes, many residents have been sharing their hopes and wishes for the year ahead. It's inspiring to hear their aspirations, and it makes us wonder—have you taken a moment to think about one thing you'd like to achieve this year? Whether it's a personal goal, a new hobby, or simply spending more time with loved ones, we're here to support you every step of the way.

And don't forget the exciting day trips planned for this month! These outings have been inspired by residents' suggestions and are designed to create memorable experiences out in the community. From scenic walks to cultural visits, we hope these trips bring plenty of laughter, joy, and cherished moments for everyone involved.

**Wishing you a wonderful month filled with
laughter, connection, and memorable moments!**



Meet the team

Christy - Nurse

Hello !

I was born and educated in India, where I completed my nursing qualification and began my career working in several hospitals. Later, I had the incredible opportunity to serve in the palace medical team for the royal family in Oman. Eventually, I moved to the UK through an agency, hoping to work in a hospital.

Although that didn't happen at first, I found my true calling at Field House—and I've never looked back. I've been a nurse for over 22 years and feel truly blessed with two wonderful sons who are now settled in their lives. My decision to join Field House was inspired by my children's education, my professional aspirations, and my dream of continuing in healthcare.

One defining moment changed everything for me: I met a gentleman with Parkinson's who struggled with the simplest tasks. That day, I realised that caring for residents in care homes is my real calling. It opened my eyes,

and from then on, I dedicated myself to supporting residents and bringing smiles to their faces.

Every day, I care for our residents and assist my colleagues, ensuring everyone's wellbeing. The most rewarding part is building relationships with residents and mentoring students during their training.

My main hobby is attending church and spending time in prayer—without God, there is nothing. I also enjoy cooking, gardening, and reading in my spare time.

Bristol Care Homes feels like family. The team is genuine, generous, and always supportive—whether it's training opportunities or appreciating your work. I've had offers from many hospitals, but my heart never wanted to leave this place. Even during challenging times, the management stood by me, and that means everything.

SUNDAY 1ST

11:00am

Day trip with Jeremy

Resident's choice



MONDAY 2ND

10:30am

Holistic massage therapy with Tracey

Rooms

2:00pm

G-fitness with Gabby

Lounge



TUESDAY 3RD

10:30am

Residents' meeting

Rooms

2:00pm

Residents' meeting group

Dining Room



WEDNESDAY 4TH

11:00am

Day trip to Local cafe

Horfield

2:00pm

Walking Pals

Courtyard garden



THURSDAY 5TH

11:00am

Entertainment with guitarist Damien

Rooms

2:00pm

Social Interactions

Rooms

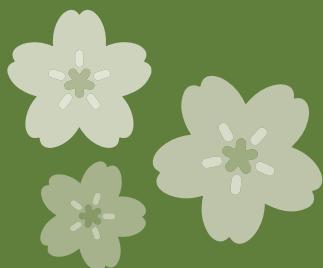


FRIDAY 6TH

11:00am

Day trip to Almondsbury Garden Centre

Almondsbury



© Tripadvisor

SATURDAY 7TH

11:00am

Shop Trolley on wheels

Rooms

2:00pm

Entertainment with Band - The Berlingo's

Lounge



MONDAY 9TH

11:00am

Bedside entertainment with flautist Oli

Rooms

2:00pm

Design-a-Biscuit (Valentine Special)

Dinning room



TUESDAY 10TH

10:30am

Social Interactions

Rooms

2:00pm

Entertainment with guitarist Damien

Lounge



WEDNESDAY 11TH

11:00am

Day trip to Local Cafe

Horfield

2:00pm

Art session with artist Amy

Lounge





THURSDAY 12TH

10:30am

**Bedside
Entertainment with
violinist Lawrence**

Rooms

2:00pm

**Memory lane with
magician Steve**

Lounge

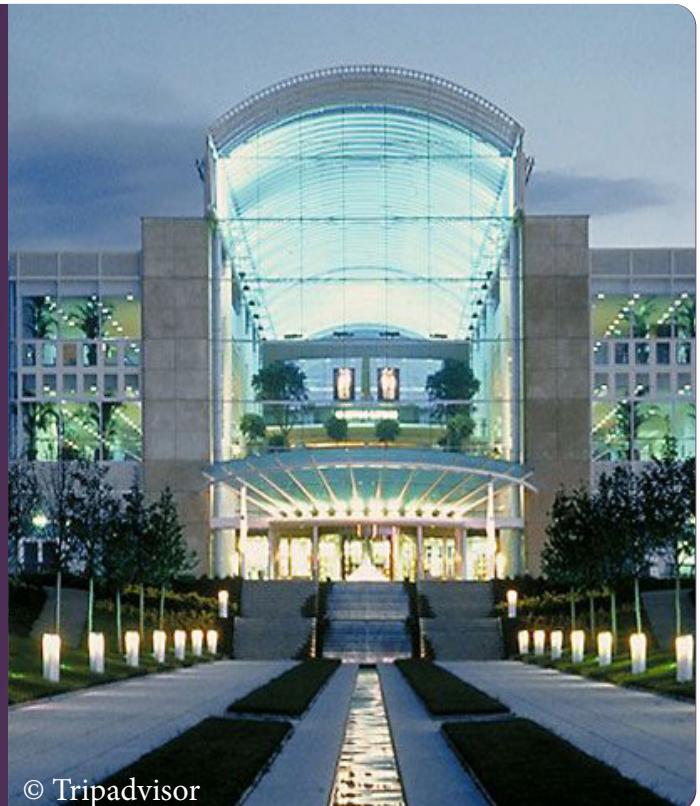


FRIDAY 13TH

11:00am

Day trip to The Mall

Cribbs Causeway



© Tripadvisor

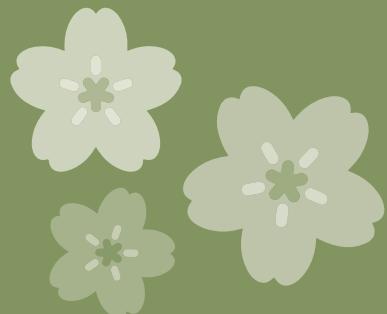


SUNDAY 15TH

11:00am

Day trip with Jeremy

Resident's choice



MONDAY 16TH

10:30am

Social Engagement - Five Things About Me

Rooms

2:00pm

Entertainment with singer Phil Medlow

Lounge





TUESDAY 17TH

11:00am

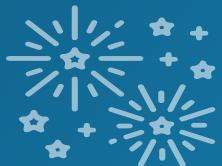
**Lullaby circle -
Mother and baby
group**

Lounge

2:00pm

**Design-a-Card for Eid
Celebrations**

Dinning room



WEDNESDAY 18TH

11:00am

**Day trip to Local
shops**

Filton

2:00pm

**Oomph-on-demand
Quiz**

Lounge



THURSDAY 19TH

10:30am

Social Interactions

Rooms

2:00pm

Movement & Exercise with Tracey

Lounge



FRIDAY 20TH

11:00am

Day trip for Tenpin bowling

Cribbs Causeway



SATURDAY 21ST

11:00am

Holistic massage therapy with Tracey

Rooms

2:00pm

Entertainment with singer Chris

Lounge



MONDAY 23RD

10:30am

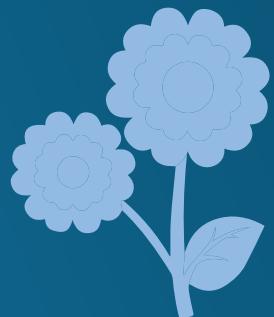
Residents' Surveys

Rooms

2:00pm

Bingo Fun

Dinning room





TUESDAY 24TH

10:30am

Holistic massage therapy with Tracey
Rooms

2:00pm

Social engagement with coffee
Lounge



© Tripadvisor

WEDNESDAY 25TH

11:00am

Day trip to Ardagh Community Cafe
Horfield

2.00pm

Well-being visits
Rooms



THURSDAY 26TH

10:30am

Social Interactions
Rooms

2:00pm

Creature Cuddles
Lounge



FRIDAY 27TH

11:00am

Day trip to Local pub
Horfield





Activity Suggestion Slip

?



?

If you have any ideas for **new activities** we could offer, please write them below and post the slip in the suggestions box.