

# Activities CALENDAR



Beech House

[bristolcarehomes.co.uk](http://bristolcarehomes.co.uk)



**WEDNESDAY 3<sup>RD</sup>**

Bedside Christmas  
nativity show from  
Louisa

**FRIDAY 12<sup>TH</sup>**

Christmas Fair

**TUESDAY 23<sup>RD</sup>**

Residents' Christmas  
party

# Hello, dear friend!

## Welcome to our December edition!

As winter settles in and the days grow colder, our hearts grow warmer with excitement for the joyful activities we have planned. This month is filled with something for everyone — from carol services, Christmas shows and seasonal entertainment to festive arts and crafts, day trips, mince pies, mulled wine, bedside entertainment, and special visits from children spreading Christmas cheer.

December is a special time to create and share cherished memories with your family, friends, and fellow residents.

"At Bristol Care Homes this Christmas tide,  
Joy and warmth flow far and wide;  
With twinkling lights and hearts aglow,  
We send our love through winter's snow.  
May peace and laughter softly creep,  
And blessings hold you warm and deep;  
This festive season, bright and true,  
Brings cheer from us to all of you"

We would like to take this opportunity to wish all our wonderful residents, their families and friends, our amazing staff, and all visitors a very Merry Christmas and a Happy New Year.

**We look forward to spending a wonderful month with you all!**



# Meet the team

## *Kelly* - Carer

Hello,

I'm Kelly, and I've proudly worked in the care sector for over 25 years. My journey into care wasn't something I mapped out—it happened naturally. Growing up in Weston-super-Mare, I moved to Bristol as a teenager, and that's where my path truly began. My mum was a nurse, and with her gentle encouragement, I took my first steps into the profession.

I'll never forget my very first day. Meeting elderly residents and seeing their vulnerability touched me deeply. That moment stayed with me, and I knew then that I wanted to dedicate my career to making a real difference in people's lives.

Since then, I've worked across a variety of care settings, gaining

invaluable experience and learning the importance of empathy, patience, and respect. As a proud mum of four daughters, I bring that same nurturing spirit into my role every single day.

What I love most about working at Bristol Care Homes is the genuine kindness and support from both colleagues and residents. It's a place where I feel welcomed and appreciated.

These moments help me recharge and bring fresh energy to my role. But the greatest reward of all? Seeing smiles on our residents' faces and sharing those special moments of joy and connection. That's what makes this job so fulfilling.

**MONDAY 1<sup>ST</sup>**

10:30am/11:30am

**Day trip to  
Fromebridge Mill/  
Morning stretch**

Conservatory

2:30pm

**Word games**

Conservatory



**TUESDAY 2<sup>ND</sup>**

11:00am

**Coffee morning &  
Pick a Year**

Conservatory

2:30pm

**Festive display  
making**

Conservatory



## WEDNESDAY 3<sup>RD</sup>

10:30am/11:00am

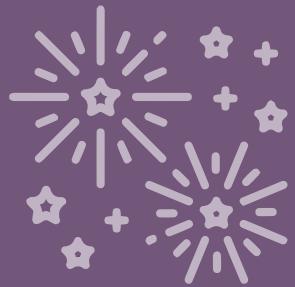
**Bedside Christmas fun/Christmas nativity show from Louisa**

Rooms/Conservatory

2:30pm/3:00pm

**Christmas card making/Christmas nativity show from Louisa**

Conservatory/Rooms



## THURSDAY 4<sup>TH</sup>

10:30am/11:00am

**Day trip to Cadbury Garden Centre/Music from Justin**

Congresbury/Conservatory

2:30pm/6:30pm

**Floor quiz/Christmas Poetry & Traditions**

Conservatory/Front lounge



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## FRIDAY 5<sup>TH</sup>

10:00am/10:30am/11:30am

### **Variety session with Louisa/Day trip to Clevedon/Keep fit**

Rooms/Conservatory

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2:30pm

### **Entertainment by singer Rebecca**

Conservatory



## SATURDAY 6<sup>TH</sup>

11:00am

### **Coffee morning & Today in History**

Conservatory



2:30pm

### **Festive crafts**

Conservatory





**SUNDAY 7<sup>TH</sup>**

11:00am

**Sunday service & coffee**

Front lounge

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3:30pm

**Songs from the shows with The Churples Society**

Conservatory



**MONDAY 8<sup>TH</sup>**

11:30am

**Keep fit & refreshments**

Conservatory



2:30pm

**Name That Tune**

Conservatory



TUESDAY 9<sup>TH</sup>

11:00am

## Coffee morning & Celebrity lucky dip

Conservatory

2:30pm/4:30pm

## Our World in Pictures with Claire - Christmas Special/ The Great Christmas light parade on wheels

Front lounge



WEDNESDAY 10<sup>TH</sup>

11:30am

## Morning Stretch

Conservatory

2:30pm

## Christmas Bingo Fun/ Men's club

Conservatory/Front lounge

# Christmas B I N G O

		<b>Free Space</b>		

**THURSDAY 11<sup>TH</sup>**

10:30am/11:00am

**Day trip to  
Almondsbury Garden  
Centre/Christmas Fair  
preparation**

Conservatory

2:30pm/6:30pm

**Floor quiz/Variety  
talent show from  
Jigsaw Thornbury  
Charity**

Conservatory



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**FRIDAY 12<sup>TH</sup>**

10:30am

**Day trip to  
Hollywood Bowl for  
tenpin bowling**

Bristol

2:30pm

**Christmas Fair**

Around the home



**SATURDAY 13<sup>TH</sup>**

11:00am

## **Coffee morning & Memory Lane**

Conservatory

2:30pm

## **Music from Mini Concerts**

Conservatory



**SUNDAY 14<sup>TH</sup>**

11:00am

## **Songs of Praise & coffee**

Front lounge

2:30pm

## **Christmas reminiscence**

Rooms



**MONDAY 15<sup>TH</sup>**

10:30am/11:30am

## **Day trip to The Mall/ Morning stretch**

Cribbs Causeway/  
Conservatory



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2:30pm

## **Art workshop with artist Amy**

Conservatory



## TUESDAY 16<sup>TH</sup>

11:00am

### **Coffee morning & Lullaby Circle - Mother and baby group**

Conservatory

2:30pm

### **Rockhampton Choir**

Conservatory



## WEDNESDAY 17<sup>TH</sup>

11:30am

### **Fun fitness**

Conservatory

2:30pm

### **Entertainment with singer Andy T**

Conservatory



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## THURSDAY 18<sup>TH</sup>

10:30am/11:00am

### **Day trip to Highfield Garden Centre/ Christmas coffee morning**

Gloucester/Conservatory

3:00pm/6:00pm

### **Churches Together/ Christmas carol service & mulled wine**

Conservatory/Foyer





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**FRIDAY 19<sup>TH</sup>**

10:30am/11:30am

**Day trip to Yate /  
Dancercise**

Conservatory

2:30pm

**Entertainment with  
singer Shannon**

Conservatory



**SATURDAY 20<sup>TH</sup>**

11:00am

**Coffee morning &  
Pick a Year**

Conservatory

2:30pm

**Entertainment with  
singer Ian James**

Conservatory



## SUNDAY 21<sup>ST</sup>

11:00am

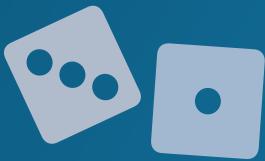
### **Sunday service & coffee**

Front lounge

2:30pm

### **Christmas games**

Conservatory



## MONDAY 22<sup>ND</sup>

11:30am

### **Music and Movement**

Conservatory

2:30pm

### **The Price is Right**

Conservatory



## TUESDAY 23<sup>RD</sup>

11:00am

### **Coffee morning & Today in History**

Conservatory

2:30pm

### **Residents' Christmas party**

Around the home



## WEDNESDAY 24<sup>TH</sup>

11:30am

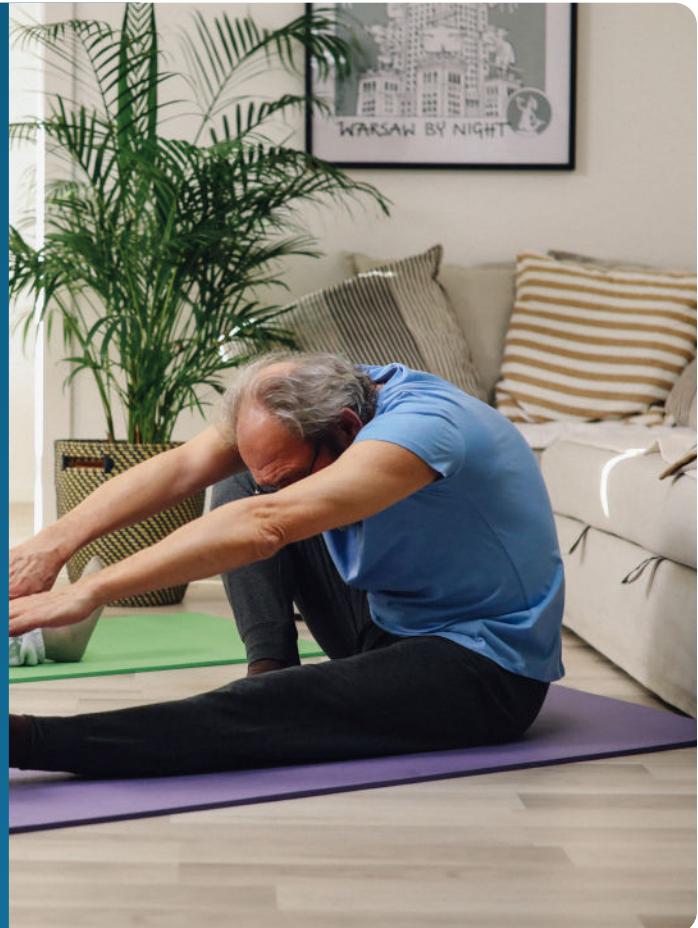
### **Morning Stretch**

Conservatory

2:30pm

### **Chocolate fondue treats**

Conservatory



## THURSDAY 25<sup>TH</sup>

12:00pm

### **Christmas Lunch & Gifts**

Around the home

3:00pm

### **King Charles III Christmas message on BBC One**

Lounge



## FRIDAY 26<sup>TH</sup>

11:30am

### **Morning stretch**

Conservatory

2:00pm

### **The Boxing Day Film**

Front lounge



**SATURDAY 27<sup>TH</sup>**

11:00am

## **Coffee morning & Celebrity lucky dip**

Conservatory

2:30pm

## **Floor games**

Conservatory



**SUNDAY 28<sup>TH</sup>**

11:00am

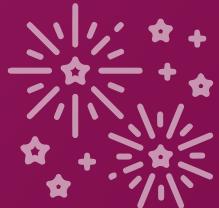
## **Songs of Praise & coffee**

Front lounge

2:30pm

## **Christmas reminiscence**

Rooms



**MONDAY 29<sup>TH</sup>**

10:30am/11:00am

## **Day trip to The Windmill/Residents' meeting**

Portishead/Conservatory

2:30pm

## **Entertainment with guitarist Johnny**

Conservatory

**TUESDAY 30<sup>TH</sup>**

11:00am

# Coffee morning & Today in History

## Conservatory

2:30pm

## Picture quiz

## Front lounge



WEDNESDAY 31<sup>ST</sup>

11:30am

# Fun fitness

# Conservatory

2:30pm

# Pamper session

## Conservatory



# Activity suggestion slip

If you have any ideas for new activities we could offer, please write them below and post the slip in the suggestions box.

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