

Activities CALENDAR



Glebe House

bristolcarehomes.co.uk



WEDNESDAY 3RD

Day trip to Cheddar

FRIDAY 12TH

Lullaby circle -
Mother and baby
group

SUNDAY 28TH

Church service
live-stream



Hello,
dear friends!

Welcome to our September edition!

September arrives with a cool, calming air and a quiet shift in pace. There's still a chance for a few warm, sunny days – a little Indian summer magic.

As the seasons turn, so do our plans. Inspired by your ideas, we've put together a lovely mix of seasonal outings and activities to enjoy together.

We'd like to remind everyone that family members and friends are warmly welcome to join our residents on day trips. The more helping hands we have, the more residents can enjoy these wonderful outings. If you're interested in joining us, please speak to reception, and they will pass your details on to our Activities and Well-being team.

From harvest celebrations and the BBC Proms to the Chelsea Flower Show, and sporting highlights like cricket, snooker, and the Athletics World Championships – let us help you connect to your favourite pastimes.

Whatever you're into, we're here to help you enjoy it your way.

We hope you have a wonderful month ahead.



Meet the team

Debbie - Laundry Assistant

Hello!

I'm Bristol born and bred - this city has always been home to me. I went to school here, got my first job in a shoe shop, and worked in a few other shops over the years before settling down and starting a family. I've got two wonderful children - my daughter works in a care home, just like I do, and my son isn't working at the moment due to health reasons. My husband served in the Navy for many years and is now retired, focusing on his health.

Caring for others has always been close to my heart. I spent 14 lovely years working at Field House, where I truly found my passion for supporting older people. After that, I ran my own private cleaning business for eight years. It was hard work but very rewarding. Eventually, I had to give it up for health reasons, but I wasn't ready to stop working altogether. That's when I joined the laundry team here at Bristol Care Homes - and I'm so glad I did.

My role involves washing and ironing clothes, making sure everything is fresh and neatly returned to residents' rooms. But it's not just about the laundry - it's about the people. I love chatting with the residents, hearing their stories, and helping them feel comfortable. There's something really special about seeing someone smile because you've made their day a little easier.

The team here is absolutely brilliant - so friendly, supportive, and easy to talk to. I know that if I ever have a problem, I can go to someone and they'll help me out. It really feels like a family, and I feel lucky to be part of it.

Outside of work, I'm a keen gardener - I love spending time in the garden, especially when the sun's out. I've also got two little dogs who keep me on my toes. We go on walks all the time, and they bring me so much joy.

MONDAY 1ST

10:30am/11:00am

Day trip to Tenpin for bowling/Walking club

Almondsbury village

2:30pm

Snakes and ladders game

Main lounge



TUESDAY 2ND

10:30am/11:00am

Day trip to Lacock Garden Centre/Arts and crafts

Chippenham/Activity room

2:30pm

Cheese and wine afternoon

Main lounge



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WEDNESDAY 3RD

10:30am/11:00am

Day trip to Cheddar/ Hair and nails in the salon

Cheddar/Salon

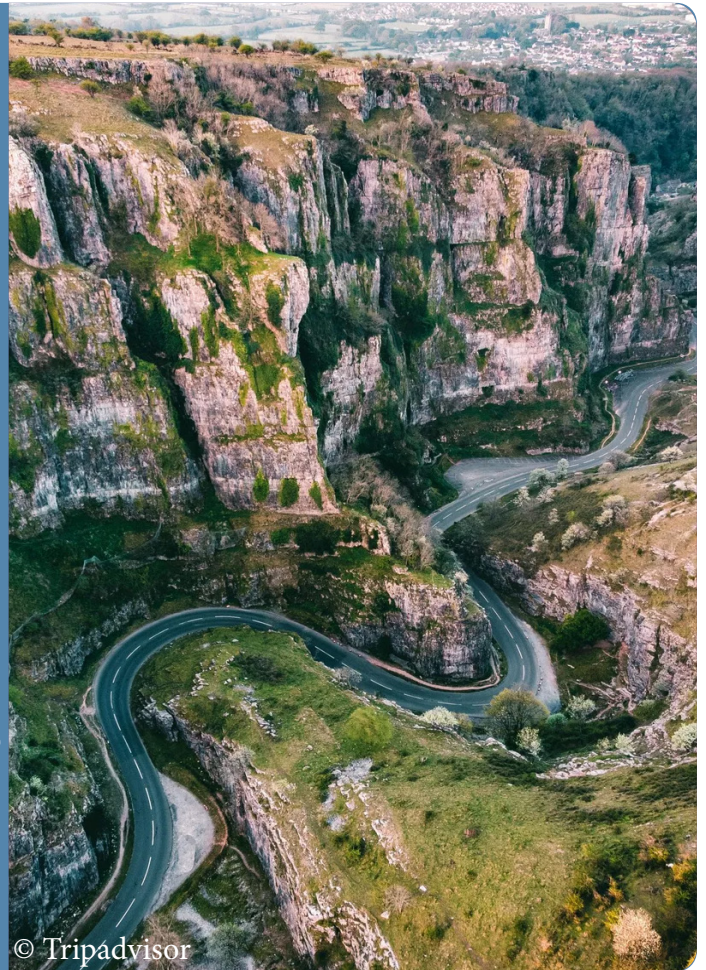
2:30pm

Intergenerational Garden Club

Garden



© Tripadvisor



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THURSDAY 4TH

11:00am

Coffee at The Bowl Inn

Almondsbury village

2:30pm

Entertainment by busker Dave

Main lounge



FRIDAY 5TH

11:00am

Residents' meeting with coffee

Main lounge

2:30pm

Movie afternoon

Main lounge



SATURDAY 6TH

11:00am

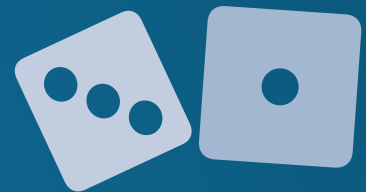
One-to-one Oomph on demand

Rooms

2:30pm

Activity Hub

Main lounge



SUNDAY 7TH

11:00am

Relaxing foot spa's with Liz

Rooms

2:30pm

Church service with John and Olwen

Main lounge



MONDAY 8TH

11:00am

Walking club

Almondsbury village

2:30pm

Art workshop with Amy

Dining room



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TUESDAY 9TH

10:30am/11:00am

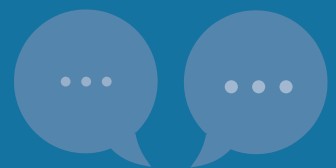
Day trip to Crazy Golf/One-to-one engagement

Cribbs Causeway/Rooms

2:30pm

Flower arranging

Activity room



WEDNESDAY 10TH

10:30am/11:00am

Carvery lunch out at the Star/Hair and nails in the salon

Congresbury/Salon

2:00pm

Singing for the Brain

Main lounge



THURSDAY 11TH

11:00am

Coffee at The Bowl Inn

Almondsbury village

2:30pm

Thinking music with Phillip

Main lounge



FRIDAY 12TH

11:00am

Lullaby circle - Mother and baby group

Main lounge

2:30pm

Coffee afternoon

Main lounge

SATURDAY 13TH

11:00am

Spontaneous engagement

Rooms

2:30pm

Activity Hub

Main lounge



SUNDAY 14TH

11:00am

Gentle seated exercises with Liz

Orchard Lounge

2:30pm

Activity Hub

Main lounge



MONDAY 15TH

10:30am/11:00am

**Day trip to
Chepstow
Museum/Walking
club**

Chepstow/Almondsbury

1:30pm

**Variety session with
Louisa**

Rooms/Main lounge



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TUESDAY 16TH

10:30am/11:00am

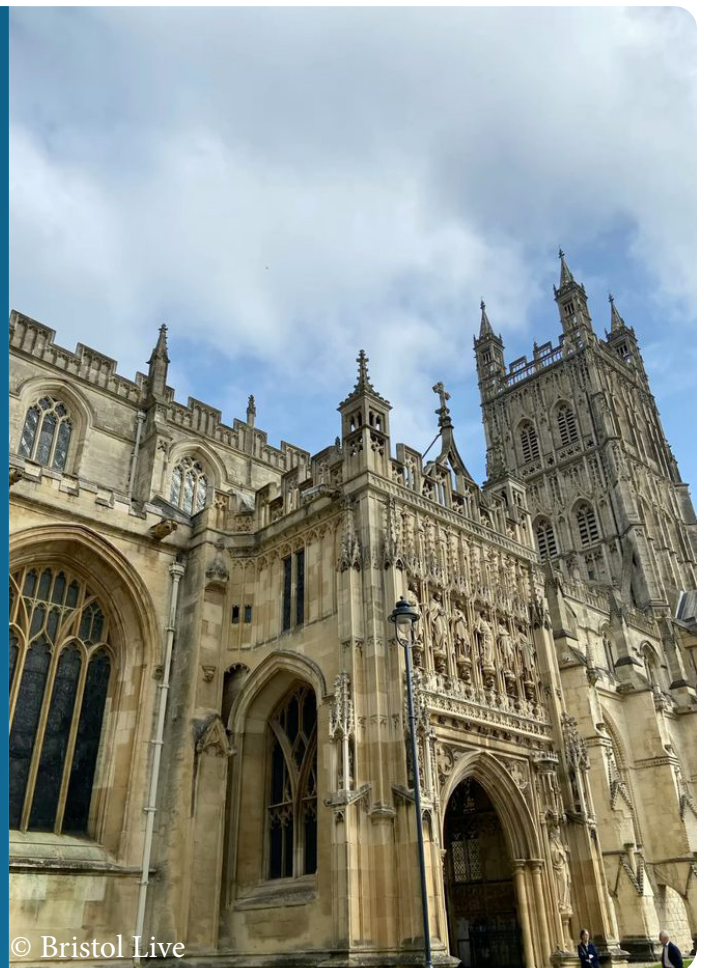
**Day trip to Gloucester
Cathedral/General
Quiz**

Gloucester/Main lounge

2:30pm

Pizza making

Dining room



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WEDNESDAY 17TH

10:30am/11:00am

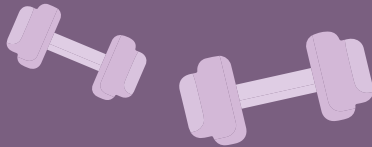
**Day trip to Highfield
Garden Centre/Hair
and nails in the salon**

Gloucester/Salon

2:30pm

G-fitness with Alex

Main lounge



THURSDAY 18TH

11:00am

**Coffee at The Bowl
Inn**

Almondsbury village

2:30pm

**Memory lane
entertainment by
Steve**

Main lounge



FRIDAY 19TH

11:00am

Coffee morning

Main lounge

2:30pm

Movie afternoon

Main lounge



SATURDAY 20TH

11:00am

One-to-one music appreciation

Rooms

2:30pm

Activity Hub

Main lounge



SUNDAY 21ST

11:00am

Parachute fun

Orchard Lounge

2:30pm

Church service with Gill and Hugh

Main lounge



MONDAY 22ND

11:00am

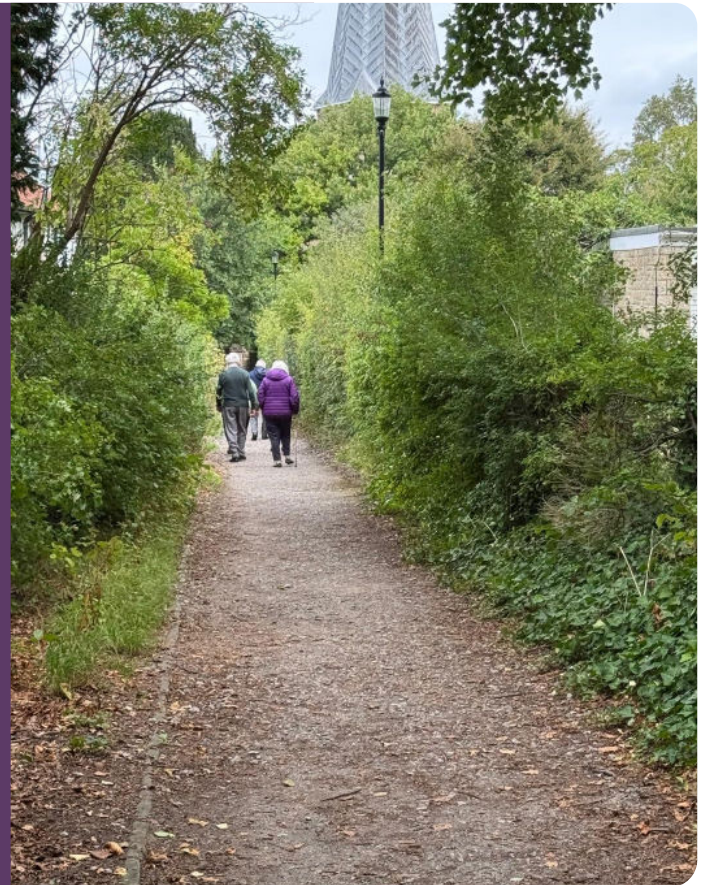
Walking club

Almondsbury village

2:30pm

Music Quiz

Main lounge



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TUESDAY 23RD

10:30am/11:00am

Shopping trip to The Mall/Painting session

Cribbs Causeway/Activity

2:15pm

Toddler group at St. Mary's Church

Almondsbury village



WEDNESDAY 24TH

10:30am/11:00am

Coffee at Shelley's cafe/Hair and nails in the salon

Thornbury/Salon

1:30pm/2:30pm

Almondsbury Garden Centre/New - Trampoline fun

Almondsbury village/Main
lounge



THURSDAY 25TH

11:00am

Coffee at The Bowl Inn

Almondsbury village

2:30pm

Entertainment by Harpist Julia

Main lounge

FRIDAY 26TH

11:00am

Coffee morning/ Bedside entertainment by Damien

Main lounge/Rooms

2:30pm

Movie afternoon

Main lounge

SATURDAY 27TH

11:00am

One-to-one engagement

Rooms

2:30pm

Baking cakes

Dining room

SUNDAY 28TH

10:30am

Church service live-stream

Main lounge

2:30pm

Activity Hub

Main lounge



MONDAY 29TH

11:00am

Walking club

Almondsbury village

2:30pm

Entertainment by Shannon

Main lounge



TUESDAY 30TH

11:00am

Day trip to Saul Junction/Knit and natter with Bev and June

Saul Junction/Main lounge

2:30pm

MacMillan Coffee afternoon

Main lounge



Activity suggestion slip

If you have any ideas for **new activities** we could offer, please write them below and post the slip in the suggestions box.