

# YOUR BEST IN CLASS activities programme





"We care for the physical, emotional, social and spiritual needs of our residents."

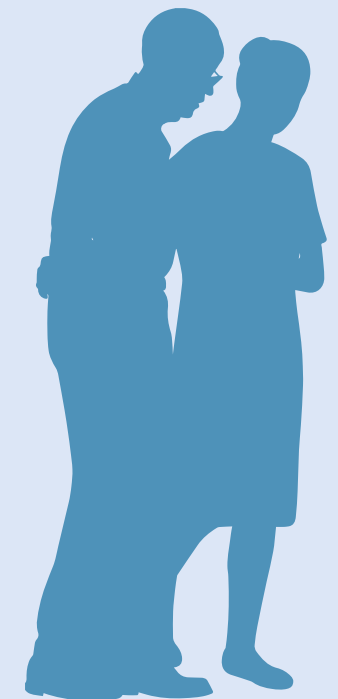


## Our **commitment** to you

**We are committed to ensuring that every one of our residents enjoys a happy fulfilling life, with lots of interest and interaction.**

Our focus on holistic care means that activities are a key part of life in each of our homes.

- Activities are at the heart of our homes.
- Our dedicated activities teams are trained by leading experts to engage with you, and make sure that every activity is meaningful and individual to you.
- We take time to get to know you, so that we know your interests, and can then organise the best activities for you.
- Our activities are constantly varied, to keep them fresh, interesting and meeting your needs at every stage of your life.





# Our activities programme

## WE PROVIDE

- Activity programmes which are varied to suit everyone in the home.
- Resident-led activity schedules. Every residents helps decide the activities programme.
- 1:1 activities, often using the internet with tablets to make the experience personal.
- Friends and family are welcome to join in.
- We regularly update the activity schedule to ensure it meets the needs and wishes of all our residents.

*“Every resident has the opportunity to shape the activity schedule with feedback on what they enjoy and what is meaningful to them.”*





Some examples of our activities...



Birds of prey visiting our homes



...Using tablets for online activities!



Gardening club - indoors and out!



outside entertainers come and play instruments or sing to us



Minibus trips to Longleat!



Art workshops



Playing cards!



## Working with our friends to make our activities the **best in class**

We have great working relationships with **other organisations** which help us to keep our **activities dynamic** and the best choice for you.

- **Alive** – A leading local activities charity. They help us by training and coaching our team, inspiring us with new ideas and regularly auditing our activities programme - [www.aliveactivities.org](http://www.aliveactivities.org)
- **Universities** – help us develop our understanding and practice, especially with developing activities for residents with dementia. We are currently funding a university study to help us better understand the positive impact of our activities.
- **Aurora Orchestra and the Bristol Beacon** are our partners in planning and establishing an annual celebratory city care concert in Bristol.

*“Regular encouragement, inspiration and training is provided by Alive, a local Bristol charity, to our activities team.”*



Credit: Aurora Orchestra with conductor Nicholas Collon



“We ensure that residents lead the activity schedule.”

## Feedback and improvement

We use feedback from lots of sources to help continually improve our activities programme. Here are a few examples of how we get feedback.

- Regular resident and relative surveys.
- Regular resident and relative face to face meetings.
- Our own internal audit.
- Audits by Alive Activities.
- Feedback from our CQC inspections.
- Of course the best feedback we get is the smiles, laughter, fun and joy we see in our residents every day, proving we have a best in class activities programme.



For more information or to arrange a personal visit contact any of our homes  
[bristolcarehomes.co.uk](http://bristolcarehomes.co.uk)

