

YOUR BEST IN CLASS activities programme



"We care for the physical, emotional, social and spiritual needs of our residents."

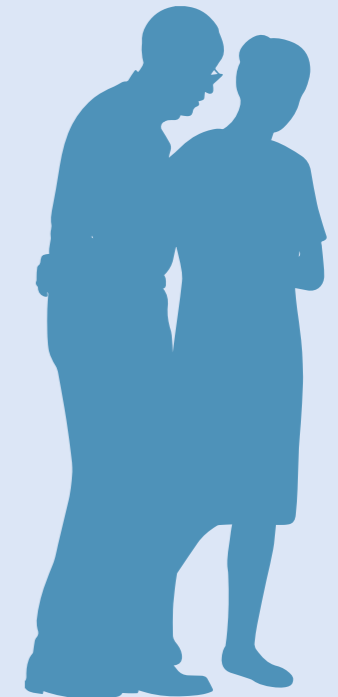


Our **commitment** to you

We are committed to ensuring that every one of our residents enjoys a happy fulfilling life, with lots of interest and interaction.

Our focus on holistic care means that activities are a key part of life in each of our homes.

- Activities are at the heart of our homes.
- Our dedicated activities teams are trained by leading experts to engage with you, and make sure that every activity is meaningful and individual to you.
- We take time to get to know you, so that we know your interests, and can then organise the best activities for you.
- Our activities are constantly varied, to keep them fresh, interesting and meeting your needs at every stage of your life.



Our activities programme

WE PROVIDE

- Activity programmes which are varied to suit everyone in the home.
- Resident-led activity schedules. Every residents helps decide the activities programme.
- 1:1 activities, often using the internet with tablets to make the experience personal.
- Friends and family are welcome to join in.
- We regularly update the activity schedule to ensure it meets the needs and wishes of all our residents.

“Every resident has the opportunity to shape the activity schedule with feedback on what they enjoy and what is meaningful to them.”



Some examples of our activities...



Birds of prey visiting our homes



...Using tablets for online activities!



Gardening club - indoors and out!



outside entertainers come and play instruments or sing to us



Minibus trips to Longleat!



Art workshops



Playing cards!

Working with our friends to make our activities the **best in class**

We have great working relationships with **other organisations** which help us to keep our **activities dynamic** and the best choice for you.

- **Alive** – A leading local activities charity. They help us by training and coaching our team, inspiring us with new ideas and regularly auditing our activities programme - www.aliveactivities.org
- **Universities** – help us develop our understanding and practice, especially with developing activities for residents with dementia. We are currently funding a university study to help us better understand the positive impact of our activities.
- **Aurora Orchestra and the Bristol Beacon** are our partners in planning and establishing an annual celebratory city care concert in Bristol.

“Regular encouragement, inspiration and training is provided by Alive, a local Bristol charity, to our activities team.”



Credit: Aurora Orchestra with conductor Nicholas Collon



“We ensure that residents lead the activity schedule.”

Feedback and improvement

We use feedback from lots of sources to help continually improve our activities programme. Here are a few examples of how we get feedback.

- Regular resident and relative surveys.
- Regular resident and relative face to face meetings.
- Our own internal audit.
- Audits by Alive Activities.
- Feedback from our CQC inspections.
- Of course the best feedback we get is the smiles, laughter, fun and joy we see in our residents every day, proving we have a best in class activities programme.



For more information or to arrange a personal visit contact any of our homes
bristolcarehomes.co.uk

